

**Agency Name:** ABA Military Pro Bono Project

**Program/Service Name:** ABA Military Pro Bono Project

**Website:** [www.militaryprobono.org](http://www.militaryprobono.org)

**Phone:**

**Description:** Connects active-duty military personnel and their families to free legal assistance for civil legal issues beyond the scope of services provided by a military legal assistance office. The Project accepts case referrals for limited civil-law matters on behalf of income-eligible service members from military legal assistance offices worldwide, and then places these cases with volunteer pro bono attorneys anywhere in the United States the legal representation is needed.

**Target Population:** Military - Active

**Eligibility:** Active duty military 18 years and older. Pay grade of E6 and below. Referral from JAG attorney. Must have an extraordinary need. Family members of service members may be eligible to seek a referral to the MPBP. The family member needs to explain why the service member is unable to request a referral personally (for example, if deployed overseas) and that the service member would have requested the referral for the particular legal issue if he or she had been available.

**Intake Procedure:** Go online for more information. Referrals are made only by military legal assistance (i.e. JAG) attorneys. Contact your legal assistance attorney, and he or she will determine whether you should be referred to the Military Pro Bono Project (MPBP).

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:** All Areas

**Agency Name:** Able-Disabled Advocacy

**Program/Service Name:** Vet Works, Able-Disabled Advocacy, South County Career Center

South1111 Bay Blvd, Suite E

Chula Vista, CA91911

**Website:** [www.abledisabledadvocacy.org](http://www.abledisabledadvocacy.org)

**Phone:** (619) 231-5990 Ext: 307

**Description:** Offers a comprehensive array of career advancement services are offered, including job search assistance, tuition for vocational training, computer skills upgrading, resume development, entrepreneurial training and work-related financial support for tools, transportation, test and license fees. Serves recently separated Veterans residing in San Diego.

**Target Population:** Military - Veterans

**Eligibility:** Must be a recently separated veteran (served within the last 48 months) or have a service-connected disability and honorable discharge.

**Intake Procedure:** Phone for information. If you are interested in applying for VetWORKS, download our and fill out application prior to your interview. Download application at: [http://www.able2work.org/programs/vetworks/VW\\_-\\_Application\\_-\\_2009-01.pdf](http://www.able2work.org/programs/vetworks/VW_-_Application_-_2009-01.pdf)

**Fees:** No fees.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas

**Agency Name:** Aging & Independence Services, Health and Human Services Agency, County of San Diego

**Program/Service Name:** San Diego County Veterans Services, Oceanside Office

North Coastal 1300 Rancho Del Oro

Oceanside, CA 92056

**Website:** [www.ais-sd.org](http://www.ais-sd.org)

**Phone:** (760) 643-2049

**Description:** Provides comprehensive veteran benefits counseling, claims and forms preparation assistance, information and referral to public assistance programs and medical care services, and assistance with state educational benefits (fee waiver program). Advocates for veterans by initiating and developing appeals when appropriate. Offers assistance filing for the following benefits programs: compensation for service-related injuries or diseases, reopening compensation claims, dependency or indemnity compensation pensions for war era veterans, requests for military records and decorations, discharge upgrade, correction of military records, vocational rehabilitation and education benefits, Cal-Vet loans and home loan guarantee eligibility, life insurance and premium waivers, payment of proceeds of life insurance, burial benefits, and hospitalizations and VA facilities.

**Target Population:** Military - Veterans

**Eligibility:** Limited to veterans, dependents of veterans, or survivors of veterans.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.

**Agency Name:** Aging & Independence Services, Health and Human Services Agency, County of San Diego

**Program/Service Name:** San Diego County Veterans Services, San Diego Office

North Central 5560 Overland Drive, Suite 310

San Diego, CA 92123

**Website:** [www.ais-sd.org](http://www.ais-sd.org)

**Phone:** (858) 694-3222

**Description:** Provides comprehensive veteran benefits counseling, claims and forms preparation assistance, information and referral to public assistance programs and medical care services, and assistance with state educational benefits (fee waiver program). Advocates for veterans by initiating and developing appeals when appropriate. Offers assistance filing for the following benefits programs: compensation for service-related injuries or diseases, reopening compensation claims, dependency or indemnity compensation pensions for war era veterans, requests for military records and decorations, discharge upgrade, correction of military records, vocational rehabilitation and education benefits, Cal-Vet loans and home loan guarantee eligibility, life insurance and premium waivers, payment of proceeds of life insurance, burial benefits, and hospitalizations and VA facilities.

**Target Population:** Military - Veterans

**Eligibility:** Limited to veterans, dependents of veterans, or survivors of veterans.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:** All Areas



**Agency Name:** Air Compassion for Veterans

**Program/Service Name:** Airfare for Sick, Injured, Diagnosis and Rehabilitation, Air Compassion for Veterans

4620 Haygood Road, Suite 1

Virginia Beach, VA23455

**Website:** [www.aircompassionforveterans.org](http://www.aircompassionforveterans.org)

**Phone:** (888) 662-6794

**Description:** Free air transportation for all qualified wounded warriors and their affected family members.

**Target Population:** Military - Veterans

**Eligibility:** All wounded military, active duty and veterans with any discharge status, and their family members. Primarily OEF/OIF Veterans, but any Veteran or their family members may be eligible.

**Intake Procedure:** Phone or email [OPS@AirCompassionForVeterans.org](mailto:OPS@AirCompassionForVeterans.org) for service request.

**Fees:** Variable fees.

**Hours of Operation:** 8:30 am-5:00 pm, Monday-Friday

**Areas Served:** All Areas

**Agency Name:** Air Force Aid Society

**Program/Service Name:** Air Force Aid Society

241 18th Street, Suite 202

Arlington, VA22202

**Website:** [www.afas.org](http://www.afas.org)

**Phone:** (800) 769-8951

**Description:** Offers emergency assistance to eligible Airmen and their eligible family members to meet immediate needs in an emergency situation. Provides interest free loans and grants based on the individual situation for needs such as: basic living expenses, emergency travel, vehicle expenses, funeral expenses, medical/dental services, child care/respice, moving expenses and other miscellaneous expenses.

**Target Population:** Military

**Eligibility:** Active duty Air Force personnel and their eligible family members.

Retired Air Force personnel and their eligible family members, but not on a continuing basis, and based on a case-by-case review.

Air National Guard or Air Force Reserve personnel away from home station on extended active duty 15 days or more under Title 10 USC.

Spouses and dependent age children of deceased Air Force personnel (who died on active duty or in retired status).

Air National Guard or Air Force Reserve personnel on extended active duty 15 days or more under Title 10 USC are eligible for emergency assistance when the emergency is incident to, or resulting from applicant's active duty tour. AFAS will respond to genuine emergency situations

and offer stabilizing assists, but not long-standing needs caused by other factors such as previous employment, poor home maintenance, or a serious mortgage delinquency.

A Paymatic authorization form must be completed at the time any loan assistance is given to a Guard or Reserve member. This ensures that in those cases where allotments cannot start, AFAS can submit the Paymatic form, authorizing AFAS to collect payments directly from the member's checking account.

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**Intake Procedure:** Phone or online for more information. Contact the nearest Air Force Aid Society office located at Air Force bases around the world. Most are located in Airman and Family Readiness Centers. If you are not near an Air Force base, you may apply at any of the following agencies:

- \* Army Emergency Relief (located at Army installations, worldwide)
- \* Coast Guard Mutual Assistance (located at Coast Guard installations, worldwide)
- \* Navy - Marine Corps Relief Society (located at Navy installations, worldwide)
- \* American Red Cross Chapters (located throughout the United States)

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week online

**Areas Served:** All Areas

**Agency Name:** Air Force Wounded Warriors

**Program/Service Name:** Air Force Wounded Warriors

550 C Street West, Suite 37HQ AFPC/DPSIA ATTN: AFW2

Randolph AFB, Texas 78150

**Website:** [www.woundedwarrior.af.mil/](http://www.woundedwarrior.af.mil/)

**Phone:** (800) 581-9437

**Description:** Provides support and care from the point of injury, through separation or retirement, for life. Services include: Advocacy for services on Airman's behalf to coordinate with closest Air Force Family Resource Center to ensure wounded warriors receive face-to-face, and personalized services. Provide professional services such as transition assistance, employment assistance, moving assistance, financial counseling, information and referral, and emergency financial assistance. Assists in integrating Airmen and their families back into their local communities. Connect Airmen and their families with the Joint Family Support Program in each state. Coordinate benefits counseling and services provided by the DoD, Department of Veterans Affairs, Department of Labor, Social Security Administration, Tricare, and other helping agencies.

**Target Population:** Military - Veterans

**Eligibility:** Active Duty Air Force with combat related injury or illness. Disability rating from Air Force. Veterans must have honorable discharge.

**Intake Procedure:** Phone or online for more information.

**Fees:** No fees.

**Hours of Operation:** 6:30 am- 5:00 pm Monday-Friday

**Agency Name:** American Combat Veterans of War

**Program/Service Name:** Peer-to-Peer Mentor Program, American Combat Veterans of War

North Coastal 3508 Seagate Way Suite 160

Oceanside, CA 92056

**Website:** [www.acvow.org](http://www.acvow.org)

**Phone:** (858) 552-7501

**Description:** Offer a peer-to-peer mentor program to military personnel and family members to help individuals cope with battlefield related stress. Anyone suffering from any of the following characteristics is encouraged to call: Depression; Isolation; Rage, Alienation; Avoidance of Feelings; Survival Guilt; Anxiety Reactions; Intrusive Thoughts; Recurrent, re-experiencing of the trauma; Avoidance to the point of having a phobia of places, people, and experiences; Chronic physical signs of hyper-arousal, including sleep problems, trouble concentrating, irritability, anger, poor concentration, blackouts or difficulty remembering things, increased tendency and reaction to being startled, and hyper-vigilance to threat.

**Target Population:** Military

**Eligibility:** Military personnel and their family members.

**Intake Procedure:** Phone or walk-in for appointment.

**Fees:** No fees.

**Hours of Operation:** 10:00 am-2:00 pm Monday-Friday/Office Hours

**Areas Served:** All Areas

**Agency Name:** American Combat Veterans of War

**Program/Service Name:** Veterans Benefits Assistance, American Combat Veterans of War

North Central 3350 La Jolla Village Drive Room 1580

San Diego, CA 92126

**Website:** [www.acvow.org](http://www.acvow.org)

**Phone:** (858) 552-7501

**Description:** Provides information, referral, and counseling regarding VA benefits and assistance with benefit applications. Will process changes of address and some educational applications over the phone to expedite payment of overdue benefits. Benefits covered include compensation for service-connected disability, pension, home loan, death and burial, government life insurance, health care, and survivor's benefits.

**Target Population:** Military - Veterans

**Eligibility:** No age limitations.

**Intake Procedure:** Phone or write for appointments; home visits are made if applicable.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** American Legion

**Program/Service Name:** Department Service Officers

Central 8810 Rio San Diego Drive, Room 1173

San Diego, CA 92108

**Website:** [www.legion.org](http://www.legion.org)

**Phone:** (619) 400-5301

**Description:** Offers assistance and advice on filing VA disability claims. Also offers assistance and representation with appeals.

**Target Population:** Military - Veterans

**Eligibility:** All branches of Veterans.

OEF/OIF Veterans

Operation Iraqi Freedom

Operation Enduring Freedom

Army

Navy

Marines

USMC

National Guard

Coast Guard

Air Force

**Intake Procedure:** Phone.

**Fees:**

**Hours of Operation:** 7:30 am-5:00 pm Monday-Friday

**Areas Served:** All Areas



**Agency Name:** American Legion

**Program/Service Name:** San Diego Heroes to Hometowns

CentralPost 2111

Chula Vista, CA91910

**Website:** [www.heroestohometowns.org/index.html](http://www.heroestohometowns.org/index.html)

**Phone:** (619) 791-6694

**Description:** Transition assistance program that provides welcome-home celebrations, temporary financial assistance, financial planning, housing assistance, home and vehicle adaptation, government claims assistance, entertainment options, and family support to severely injured service members returning home from OEF/OIF or any daughter or son of a Veteran.

**Target Population:** Military - Veterans

**Eligibility:** Severely injured service members returning home from OEF/OIF or any daughter or son of a Veteran.

**Intake Procedure:** Fill out a form online to request assistance in your area.

**Fees:**

**Hours of Operation:** 24 hours a day 7 days a week.

**Areas Served:**

**Agency Name:** American Red Cross, San Diego and Imperial Counties Chapter

**Program/Service Name:** Service to the Armed Forces (SAF), American Red Cross

Central 34800 Bob Wilson Drive Building 5, Classroom 2

San Diego, CA 92134

**Website:** [www.sdarc.org](http://www.sdarc.org)

**Phone:** (619) 532-8165

**Description:** Provides Communication Services to keep military personnel in touch with their families following the death of or serious illness of a family member, or other important events, such as the birth of a child. The Red Cross sends messages quickly anywhere in the world, including ships at sea, embassies and to isolated military units. The information or verification in a message assists the service member's commanding officer in making decision regarding leave. In partnership with military aid societies (Army Emergency Relief, Navy Marine Corps Relief Society, Air Force Aid Society, and the Coast Guard Mutual Assistance), offers an Emergency Financial Assistance program that provides financial assistance for emergency travel which requires the presence of the service member, or his or her family, burial of a loved one, or assistance that cannot wait until the next business day (i.e. food, temporary lodging, urgent medical needs, or the minimum amount required to avoid eviction or utility shut off etc).

**Target Population:** Military

**Eligibility:** Must be active military, military reserves, a military retiree, or family of military.

**Intake Procedure:** Phone or walk in.

**Fees:** No fees charged for most services.

**Hours of Operation:** 24-hours, 7 days a week. Emergency Services.

**Areas Served:** All Areas

**Agency Name:** American Red Cross, San Diego and Imperial Counties Chapter

**Program/Service Name:** Service to the Armed Forces (SAF), American Red Cross

North Central 3950 Calle Fortunada

San Diego, CA 92123

**Website:**

**Phone:** (800) 733-2767

**Description:** Provides Communication Services to keep military personnel in touch with their families following the death of or serious illness of a family member, or other important events, such as the birth of a child. The Red Cross sends messages quickly anywhere in the world, including ships at sea, embassies and to isolated military units. The information or verification in a message assists the service member's commanding officer in making decision regarding leave. In partnership with military aid societies (Army Emergency Relief, Navy Marine Corps Relief Society, Air Force Aid Society, and the Coast Guard Mutual Assistance), offers an Emergency Financial Assistance program that provides financial assistance for emergency travel which requires the presence of the service member, or his or her family, burial of a loved one, or assistance that cannot wait until the next business day (i.e. food, temporary lodging, urgent medical needs, or the minimum amount required to avoid eviction or utility shut off etc).

**Target Population:** Military

**Eligibility:** Must be active military, military reserves, a military retiree, or family of military.

**Intake Procedure:** Phone or walk in.

**Fees:** No fees charged for most services.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas



**Agency Name:** American Red Cross, San Diego and Imperial Counties Chapter

**Program/Service Name:** Service to the Armed Forces (SAF), American Red Cross Imperial County

781 Broadway St

El Centro, CA92243

**Website:**

**Phone:** (760) 352-4541 Also 24 Hours, 7 days a week Number for Disaster Services.

**Description:** Provides Communication Services to keep military personnel in touch with their families following the death of or serious illness of a family member, or other important events, such as the birth of a child. The Red Cross sends messages quickly anywhere in the world, including ships at sea, embassies and to isolated military units. The information or verification in a message assists the service member's commanding officer in making decision regarding leave. In partnership with military aid societies (Army Emergency Relief, Navy Marine Corps Relief Society, Air Force Aid Society, and the Coast Guard Mutual Assistance), offers an Emergency Financial Assistance program that provides financial assistance for emergency travel which requires the presence of the service member, or his or her family, burial of a loved one, or assistance that cannot wait until the next business day (i.e. food, temporary lodging, urgent medical needs, or the minimum amount required to avoid eviction or utility shut off etc).

**Target Population:** Military

**Eligibility:** Must be active military, military reserves, a military retiree, or family of military.

**Intake Procedure:** Phone or walk in.

**Fees:** No fees charged for most services.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Thursday, 8:00 am-12:00 pm Friday

**Areas Served:** All Areas



**Agency Name:** Amikas

**Program/Service Name:** Double-Up Program

CentralConfidential

**Website:** [www.amikas.org](http://www.amikas.org)

**Phone:** (619) 822-2782

**Description:** Helps female veterans and their families to acquire and maintain affordable, permanent housing by matching them to shared house rentals. To identify suitable rentals and work with the landlord to provide separate leases, forgo the credit check and negotiate the security deposit. Provides household get set up, with furnishings, bedding, kitchen supplies, etc.

**Target Population:** Military - Veterans

**Eligibility:** Serve women who are homeless or at risk of becoming homeless, can have children. Preference to veteran women. Must have some source of income to pay the rent.

**Intake Procedure:** Call.

**Fees:**

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** City of San Diego and parts of San Diego County

**Agency Name:** Animal Services Department, County of San Diego

**Program/Service Name:** Pets for Patriots, Bonita

South5821 Sweetwater Road

Bonita, CA91902

**Website:** [www.sddac.com](http://www.sddac.com)

**Phone:** (619) 767-2675

**Description:** Offers pet adoptions to Pets for Patriots members. To become a Pets for Patriots member, you must be a military, veteran, guard, reservist, or family of a military service member.

**Target Population:** Military

**Eligibility:** Must become a Patriot Member of Pets for Patriots program before contacting animal shelter to adopt. Please go to <http://www.petsforpatriots.org/ForPatriots/BecomeamemberPatriot.aspx> for more information

**Intake Procedure:** Must have an official membership confirmation from the Pets for Patriots program. Once you have the confirmation email, please print a copy and bring it with you and walk in to a participating animal shelter.

**Fees:** No fees, however a donations are accepted.

**Hours of Operation:** 8:00 am-5:00 pm, Monday-Friday

**Areas Served:**

**Agency Name:** Animal Services Department, County of San Diego

**Program/Service Name:** Pets for Patriots, Carlsbad

North Coastal 2481 Palomar Airport Road

Carlsbad, CA 92011

**Website:** [www.sddac.com](http://www.sddac.com)

**Phone:** (619) 767-2675

**Description:** Offers pet adoptions to Pets for Patriots members. To become a Pets for Patriots member, you must be a military, veteran, guard, reservist, or family of a military service member.

**Target Population:** Military

**Eligibility:** Must become a Patriot Member of Pets for Patriots program before contacting animal shelter to adopt. Please go to <http://www.petsforpatriots.org/ForPatriots/BecomeamemberPatriot.aspx> for more information.

**Intake Procedure:** Must have an official membership confirmation from the Pets for Patriots program. Once you have the confirmation email, please print a copy and bring it with you and walk in to a participating animal shelter.

**Fees:** No fees, however donations are accepted.

**Hours of Operation:** 8:00 am-5:00 pm, Monday-Friday

**Areas Served:**



**Agency Name:** Animal Services Department, County of San Diego

**Program/Service Name:** Pets for Patriots, San Diego

Central 5480 Gaines St

San Diego, CA 92110

**Website:** [www.sddac.com](http://www.sddac.com)

**Phone:** (619) 767-2675

**Description:** Offers pet adoptions to Pets for Patriots members. To become a Pets for Patriots member, you must be a military, veteran, guard, reservist, or family of a military service member.

**Target Population:** Military

**Eligibility:** Must become a Patriot Member of Pets for Patriots program before contacting animal shelter to adopt. Please go to <http://www.petsforpatriots.org/ForPatriots/BecomeamemberPatriot.aspx> for more information.

**Intake Procedure:** Must have an official membership confirmation from the Pets for Patriots program. Once you have the confirmation email, please print a copy and bring it with you and walk in to a participating animal shelter.

**Fees:** No fees, however donations are accepted.

**Hours of Operation:** 8:00 am-5:00 pm, Monday-Friday

**Areas Served:**



**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** AS/YMCA After School Program, Stuart Mesa Elementary School

North Coastal Stuart Mesa Elementary School

Camp Pendleton, CA92055

**Website:** [www.camppendletonasymca.org](http://www.camppendletonasymca.org)

**Phone:** (760) 385-4921

**Description:** Provides an after-school tutoring and mentoring program for elementary aged children that will effectively support their needs. Also offers Operation Little Hero for kindergartners that is offered during the school year and Camp Hero for children K-5 that is offered during the summer.

**Target Population:** Military

**Eligibility:** Must be Active Duty Military children

**Intake Procedure:** Phone

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** All Areas



**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** AS/YMCA After School Program, Camp Pendleton

North Coastal A Street, Building 16144

Camp Pendleton, CA 92055

**Website:** [www.camppendletonsymca.org](http://www.camppendletonsymca.org)

**Phone:** (760) 385-4921

**Description:** Provides an after-school tutoring and mentoring program for elementary aged children that will effectively support their needs. Also offers Operation Little Hero for kindergartners that is offered during the school year and Camp Hero for children K-5 that is offered during the summer.

**Target Population:** Military

**Eligibility:** Must be Active Duty military children

**Intake Procedure:** Phone

**Fees:** no fees charged

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** All Areas

**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** AS/YMCA After School Program, San Onofre Elementary School

North Coastal San Onofre Elementary School

Camp Pendleton, CA92055

**Website:** [www.camppendletonasymca.org](http://www.camppendletonasymca.org)

**Phone:** (760) 385-4921

**Description:** Provides an after-school tutoring and mentoring program for elementary aged children that will effectively support their needs. Also offers Operation Little Hero for kindergartners that is offered during the school year and Camp Hero for children K-5 that is offered during the summer.

**Target Population:** Military

**Eligibility:** Must be Active Duty military children.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** Camp Pendleton



**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** AS/YMCA After School Program, Santa Margarita Elementary School

North Coastal Santa Margarita Elementary School

Camp Pendleton, CA92055

**Website:** [www.camppendletonasymca.org](http://www.camppendletonasymca.org)

**Phone:** 760-385-4921

**Description:** Provides an after-school tutoring program for elementary aged children that will effectively support their needs. Also offers Operation Little Hero for kindergartners that is offered during the school year and Camp Hero for children K-5 that is offered during the summer.

**Target Population:** Military

**Eligibility:** Must be Active Duty military children

**Intake Procedure:** Phone

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** All Areas

**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** AS/YMCA After School Program, South Mesa Mary Fay Pendleton  
Elementary

North Coastal A Street, Building 16144

Camp Pendleton, CA 92055

**Website:** [www.camppendletonasymca.org](http://www.camppendletonasymca.org)

**Phone:** (760) 385-4921

**Description:** Provides an after-school tutoring and mentoring program for elementary aged children that will effectively support their needs. Also offers Operation Little Hero for kindergartners that is offered during the school year and Camp Hero for children K-5 that is offered during the summer.

**Target Population:** Military

**Eligibility:** Must be Active Duty Military children

**Intake Procedure:** Phone

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** Camp Pendleton



**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** Camp Flashhh (Families Laughing and Sharing Hugs, Hopes, and Happiness)

North Coastal Building 16144 A Street

Camp Pendleton, CA92055

**Website:** [www.camppendletonasymca.org](http://www.camppendletonasymca.org)

**Phone:** (760) 385-4921

**Description:** Provides activities and respite to support families within the Exceptional Family Member Program on Camp Pendleton during the summer months. Past trips include San Diego Padres games, Wild Animal Park, and Disneyland.

**Target Population:** Military

**Eligibility:** Active Duty (Exceptional Family Members Program) EFMP families stationed at Camp Pendleton

**Intake Procedure:** Phone

**Fees:** No fees.

**Hours of Operation:** 8:00am-4:30pm Monday-Friday

**Areas Served:** Camp Pendleton

**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** Kabca Radio Recreation Center, School of Infantry, Armed Services YMCA, Camp Pendleton

North Coastal Building 520400

Camp Pendleton, CA92055

**Website:** [www.camppendletonsymca.org](http://www.camppendletonsymca.org)

**Phone:** (760) 385-4921

**Description:** A facility for Marine students at Camp Pendleton School of Infantry to relax and unwind after exhaustive field training. Facility allows for a large lounge area with a television and sports equipment, separate gaming room, and reading room.

**Target Population:** Military

**Eligibility:** Must be Active Duty military

**Intake Procedure:** Phone

**Fees:** No fees.

**Hours of Operation:** 9:00 am-9:00 pm Saturday and Sunday

**Areas Served:** All Areas

**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** Parent/Child Participation Classes, Armed Services YMCA Camp Pendleton, Del Mar Community Center

North Coastal 200 Ash Road

Camp Pendleton, CA 92055

**Website:** [www.camppendletonasymca.org](http://www.camppendletonasymca.org)

**Phone:** (760) 385-4921

**Description:** Provides an early childhood curriculum and parent-child participation activities to parents of children ages 18 months to 5 years. Includes parent education components. Classes emphasize socialization, kindergarten readiness, and positive parent-child interaction. Monthly, low cost field trips are included. LIL' FRIENDS: Provides parent-child activities for parents and their toddlers ages 18-24 months. KINDERTIME: A preschool class for moms and their children ages 2-5 years. DADDY & ME: Provides evening activities for dads and their children ages 18 months to 5 years. SUMMER FUN: A summer version offered at a six week duration.

**Target Population:** Military

**Eligibility:** Limited to active duty military and their families. Some classes may be mothers only or fathers only.

**Intake Procedure:** Phone

**Fees:** \$25 per month

**Hours of Operation:** Program is 1 hour twice a week, on an ongoing basis

**Areas Served:** Camp Pendleton

**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** Parent/Child Participation Classes, Armed Services YMCA, Building 16144, Camp Pendleton

North Coastal Building 16144, A Street

Camp Pendleton, CA92055

**Website:** [www.camppendletonasymca.org](http://www.camppendletonasymca.org)

**Phone:** (760) 385-4921

**Description:** Provides an early childhood curriculum and parent-child participation activities to parents of children ages 18 months to 5 years. Includes parent education components. Classes emphasize socialization, kindergarten readiness, and positive parent-child interaction. Monthly, low cost field trips are included. LIL' FRIENDS: Provides parent-child activities for parents and their toddlers ages 18-24 months. KINDERTYME: A preschool class for moms and their children ages 2-5 years. DADDY & ME: Provides evening activities for dads and their children ages 18 months to 5 years. SUMMER FUN: A summer version offered at a six week duration.

**Target Population:** Military

**Eligibility:** Limited to active duty military and their families. Some classes may be mothers only or fathers only.

**Intake Procedure:** Phone

**Fees:** \$25 per month

**Hours of Operation:** 8:00am-4:30pm. Program is 1 hour twice a week, on an ongoing basis

**Areas Served:** Camp Pendleton

**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** Parent/Child Participation Classes, Armed Services YMCA, Camp Pendleton

North Coastal Building 1538

Camp Pendleton, CA 92055

**Website:** [www.camppendletonasymca.org](http://www.camppendletonasymca.org)

**Phone:** (760) 529-2172

**Description:** Provides an early childhood curriculum and parent-child participation activities to parents of children ages 18 months to 5 years. Includes parent education components. Classes emphasize socialization, kindergarten readiness, and positive parent-child interaction. Monthly, low cost field trips are included.

LIL' FRIENDS: Provides parent-child activities for parents and their toddlers ages 18-24 months.

KINDERTIME: A preschool class for moms and their children ages 2-5 years. DADDY & ME:

Provides evening activities for dads and their children ages 18 months to 5 years. SUMMER

FUN: A summer version offered at a six week duration.

**Target Population:** Military

**Eligibility:** Limited to active duty military and their families. Some classes may be mothers only or fathers only.

**Intake Procedure:** Phone

**Fees:** Fixed fee schedule.

**Hours of Operation:** 1 hour twice a week, on an ongoing basis

**Areas Served:** Camp Pendleton

**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** Parent/Child Participation Classes, Armed Services YMCA, Camp Pendleton, DeLuz Community Center

North Coastal 108 Marine Drive

Camp Pendleton, CA 92055

**Website:** [www.camppendletonasymca.org](http://www.camppendletonasymca.org)

**Phone:** (760) 529-2174

**Description:** Provides an early childhood curriculum and parent-child participation activities to parents of children ages 18 months to 5 years. Includes parent education components. Classes emphasize socialization, kindergarten readiness, and positive parent-child interaction. Monthly, low cost field trips are included. LIL' FRIENDS: Provides parent-child activities for parents and their toddlers ages 18-24 months. KINDERTIME: A preschool class for moms and their children ages 2-5 years. DADDY & ME: Provides evening activities for dads and their children ages 18 months to 5 years. SUMMER FUN: A summer version offered at a six week duration.

**Target Population:** Military

**Eligibility:** Limited to active duty military and their families. Some classes may be mothers only or fathers only.

**Intake Procedure:** Phone

**Fees:** \$25 per month

**Hours of Operation:** Program is 1 hour twice a week, on an ongoing basis

**Areas Served:** All Areas

**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** Parent/Child Participation Classes, Armed Services YMCA, Camp Pendleton, San Onofre Community Center

North Coastal Building 51919

Camp Pendleton, CA 92055

**Website:** [www.camppendletonasymca.org](http://www.camppendletonasymca.org)

**Phone:** (760) 529-2174

**Description:** Provides an early childhood curriculum and parent-child participation activities to parents of children ages 18 months to 5 years. Includes parent education components. Classes emphasize socialization, kindergarten readiness, and positive parent-child interaction. Monthly, low cost field trips are included. LIL' FRIENDS: Provides parent-child activities for parents and their toddlers ages 18-24 months. KINDERTIME: A preschool class for moms and their children ages 2-5 years. DADDY & ME: Provides evening activities for dads and their children ages 18 months to 5 years. SUMMER FUN: A summer version offered at a six week duration.

**Target Population:** Military

**Eligibility:** Limited to active duty military and their families. Some classes may be mothers only or fathers only.

**Intake Procedure:** Phone

**Fees:** \$25 per month

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday. Program is 1 hour twice a week, on an ongoing basis

**Areas Served:** Camp Pendleton

**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** Parent/Child Participation Classes, Armed Services YMCA, Camp Pendleton, Stuart Community Center

North Coastal Building 310001

Camp Pendleton, CA 92055

**Website:** [www.camppendletonasymca.org](http://www.camppendletonasymca.org)

**Phone:** (760) 430-2374

**Description:** Provides an early childhood curriculum and parent-child participation activities to parents of children ages 18 months to 5 years. Includes parent education components. Classes emphasize socialization, kindergarten readiness, and positive parent-child interaction. Monthly, low cost field trips are included. LIL' FRIENDS: Provides parent-child activities for parents and their toddlers ages 18-24 months. KINDERTIME: A preschool class for moms and their children ages 2-5 years. DADDY & ME: Provides evening activities for dads and their children ages 18 months to 5 years. SUMMER FUN: A summer version offered at a six week duration.

**Target Population:** Military

**Eligibility:** Limited to active duty military and their families. Some classes may be mothers only or fathers only.

**Intake Procedure:** Phone

**Fees:** \$25 per month

**Hours of Operation:** 1 hour twice a week, on an ongoing basis

**Areas Served:** Camp Pendleton



**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** Project Liberty Call, Armed Services YMCA, Camp Pendleton

North Coastal Building 16144 A Street

Camp Pendleton, CA92055

**Website:** [www.camppendletonsymca.org](http://www.camppendletonsymca.org)

**Phone:** (760) 385-4921

**Description:** Provides leisure and recreational activities such as dining out, movies, any other type of family activities.

**Target Population:** Military

**Eligibility:** Must be a junior enlisted family with children stationed on Camp Pendleton. Must be rank E-5 and below.

**Intake Procedure:** Phone

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** Camp Pendleton



**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** Recreation Center, San Onofre Elementary School

North Coastal Building 16144 A Street

Camp Pendleton, CA92055

**Website:** [www.camppendletonsymca.org](http://www.camppendletonsymca.org)

**Phone:** (760) 385-4921

**Description:** A facility for Marine students at Camp Pendleton School of Infantry to relax and unwind after exhaustive field training. Facility allows for a large lounge area with a television and sports equipment, separate gaming room, and reading room.

**Target Population:** Military

**Eligibility:** Must be Active Duty Military

**Intake Procedure:** Phone

**Fees:** No fees.

**Hours of Operation:** 9:00am-9:00pm Saturday and Sunday

**Areas Served:** Camp Pendleton



**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** Secret SANTA (Support And Nurture Those Americans who serve)

North Coastal Building 16144 A Street

Camp Pendleton, CA92055

**Website:** [www.camppendletonsymca.org](http://www.camppendletonsymca.org)

**Phone:** (760) 385-4921

**Description:** Matches businesses, civic organizations, and community members with command referred junior enlisted families with children (ranks E-5 and below) who need help during the holidays.

**Target Population:** Military

**Eligibility:** Limited to junior enlisted families with children (rank E-5 and below).

**Intake Procedure:** All intakes must sign up online on their homepage [www.camppendletonsymca.org](http://www.camppendletonsymca.org). Click on wish list.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** Camp Pendleton



**Agency Name:** Armed Services YMCA, Camp Pendleton

**Program/Service Name:** Y-Shuttle Transportation Program, Armed Services YMCA, Camp Pendleton

North Coastal Building 16144 A Street

Camp Pendleton, CA92055

**Website:** [www.camppendletonsymca.org](http://www.camppendletonsymca.org)

**Phone:** (760) 385-4921

**Description:** Offers transportation services for Camp Pendleton families to WIC or important doctor appointments on Camp Pendleton. The shuttle can also assist with trips to the Commissary and Military Outreach warehouse.

**Target Population:** Military

**Eligibility:** Active duty military or family member.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees charged.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** All Areas



**Agency Name:** Armed Services YMCA, San Diego

**Program/Service Name:** Active Duty Military Programs, Naval Base San Diego, Armed Services YMCA, Snyder Hall

Central Naval Base San Diego, Building 3380

San Diego, CA

**Website:** [www.asymcasd.org](http://www.asymcasd.org)

**Phone:** (619) 232-9084

**Description:** Provides off-base recreational activities (free movies, Sea World, Wild Animal Park, etc.) and informal education. San Diego orientation tours are offered weekly. The Military Volunteer Program links active duty personnel to community service projects weekly and on weekends. Welcome Home program provided for ships returning from deployments. All transportation provided if needed at local naval bases.

**Target Population:** Military

**Eligibility:** Priority given to active military; dependents eligible on space-available basis.

**Intake Procedure:** Phone or walk in at activity centers at local military bases.

**Fees:** No fees charged for most activities.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** All Areas



**Agency Name:** Armed Services YMCA, San Diego

**Program/Service Name:** Christmas Military Assistance

North Central 3293 Santo Road

San Diego, CA 92124

**Website:** [www.asymcasd.org](http://www.asymcasd.org)

**Phone:** (858) 751-5755

**Description:** Distribution of toys to active duty military E-5 and below. E-7's are placed on a waiting list.

**Target Population:** Military

**Eligibility:** Active Duty Military E-5 and below and Active Duty Military E-7 and below. The E-7's are placed on a waiting list.

**Intake Procedure:** Online

**Fees:** No fees.

**Hours of Operation:** 9:00 am-4:00 pm Monday-Friday (during the holidays)

**Areas Served:** All Areas



**Agency Name:** Armed Services YMCA, San Diego

**Program/Service Name:** Exceptional Family Member Support Group, Family Outreach Department

North Central 3293 Santo Road

San Diego, CA 92124

**Website:** [www.asymcasd.org](http://www.asymcasd.org)

**Phone:** (858) 751-5755

**Description:** Provides an information and support group for military parents who have children with special needs. Monthly meetings offer resources, information, and support.

**Target Population:** Military

**Eligibility:** Limited to active duty military and their dependents.

**Intake Procedure:** Phone to speak to a Family Outreach Social Worker.

**Fees:** No fees charged.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** All Areas



**Agency Name:** Armed Services YMCA, San Diego

**Program/Service Name:** Family Emergency Supplies Program, Family Outreach Department

North Central 3293 Santo Rd

San Diego, CA 92124

**Website:** [www.asymcasd.org](http://www.asymcasd.org)

**Phone:** 858-751-5755

**Description:** Provides short term financial assistance in the form of gift certificates for food, gas, diapers, formula, and other baby items as available once every twelve months to military families E-7 and below.

**Target Population:** Military

**Eligibility:** E-7 and below active duty service members and their families. Serves San Diego Military installation, excluding Camp Pendleton.

**Intake Procedure:** Phone to speak with a Family Outreach Social Worker.

**Fees:** No fees charged.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** All Areas



**Agency Name:** Armed Services YMCA, San Diego

**Program/Service Name:** In-Home Counseling, Family Outreach Department

North Central 3293 Santo Road

San Diego, CA 92124

**Website:** [www.asymcasd.org](http://www.asymcasd.org)

**Phone:** 858-751-5755

**Description:** Provides therapeutic services to junior enlisted families E-7 and below via home visits, including individual, marital and family counseling. Additionally, amidst a social worker evaluation, short term respite child care and transportation services are available to clients actively engaged in counseling.

**Target Population:** Military

**Eligibility:** Limited to active military and families E-7 and below. Serves all military installations, excluding Camp Pendleton.

**Intake Procedure:** Phone to speak to a Family Outreach Social Worker.

**Fees:** No fees charged.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** All Areas



**Agency Name:** Armed Services YMCA, San Diego

**Program/Service Name:** Naval Medical Center Programs

Central 34800 Bob Wilson Drive

San Diego, CA 92134

**Website:** [www.asymcasd.org](http://www.asymcasd.org)

**Phone:** (619) 532-8156

**Description:** Provides recreation and support services to patients in active treatment at Naval Medical Center San Diego. All programs are designed to facilitate healing and/or promote health. Services target both adults and children with specific health issues and frequently include family members.

**Target Population:** Military

**Eligibility:** Limited to beneficiaries in active treatment at Naval Medical Center San Diego.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.

**Agency Name:** Armed Services YMCA, San Diego

**Program/Service Name:** Operation Kid Comfort, Youth and Community Outreach Department, Armed Services YMCA, San Diego

North Central 3293 Santo Road

San Diego, CA 92124

**Website:** [www.asymcasd.org](http://www.asymcasd.org)

**Phone:** (858) 751-5755

**Description:** Operation Kid Comfort Quilts are picture quilts for children of deployed service men and women used to help children cope during a parent's deployment. This popular and successful partnership with the America Sewing Guild has enabled us to provide over 1,600 photo transfer quilts to military children to help comfort them during the deployment of a parent.

**Target Population:** Military

**Eligibility:** Limited to active duty military and their families with an impending deployment. Serves military families stationed in San Diego, excluding Camp Pendleton.

**Intake Procedure:** Phone for information or visit: [www.militaryymca.com](http://www.militaryymca.com) and complete application and picture submission.

**Fees:** No fees.

**Hours of Operation:** 8:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas



**Agency Name:** Armed Services YMCA, San Diego

**Program/Service Name:** Youth and Community Outreach Department, Armed Services YMCA, San Diego

North Central 3293 Santo Road

San Diego, CA 92124

**Website:** [www.asymcasd.org](http://www.asymcasd.org)

**Phone:** (858) 751-5755

**Description:** Offers interactive programs for military families, spouses, and children. Programs and events are designed to support the health and wellness of military families by providing opportunities for family bonding, social networking, and youth development. Examples of programs are: Mom and Tots, Playgroup, Operation Hero, Craft and Conversation, Kids Club, Healthy Living Walking Group, Healthy Kids Day, Father Daughter Dance, and Youth Enrichment in the Summer.

**Target Population:** Military

**Eligibility:** Limited to active military and their families.

**Intake Procedure:** Phone to speak with a member of the Youth and Community Outreach department.

**Fees:** No fees charged for most services.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** All Areas

**Agency Name:** Army Emergency Relief

**Program/Service Name:** Army Emergency Relief

200 Stovall Street

Alexandria, VA22332

**Website:** [www.aerhq.org](http://www.aerhq.org)

**Phone:** (866) 878-6378

**Description:** Offers grants and loans for emergency financial needs including: food, rent, utilities, transportation, vehicle repair, funeral expenses, medical/dental expenses, undergraduate-level education scholarships to children of soldiers.

**Target Population:** Military

**Eligibility:** Active duty soldiers and their dependents. Army National Guard and Army Reserve active duty more than 30 days and their dependents.

Soldiers retired from active duty or retired upon reaching age 60 (Reserve components) and their dependents.

Widows and orphans of soldiers who died while on active duty.

**Intake Procedure:** Phone or online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-3:30 pm Monday-Friday

**Areas Served:** All Areas



**Agency Name:** Army OneSource

**Program/Service Name:** Army OneSource

**Website:** [www.myarmyonesource.com](http://www.myarmyonesource.com)

**Phone:** (877) 811-ARMY or (877) 811-2769

**Description:** Army OneSource is a single web portal providing important, credible and up-to-date information in one location for Army Soldiers and Family Members to access at any time of day, regardless of component or geographical location.

The information is organized in the following major categories - Family Programs and Services; Healthcare; Soldier and Family Housing; Child, Youth and Services; Education, Careers and Libraries; Recreation, Travel and BOSS; and, Communities and Marketplace. This initiative maps to the Soldier and Family Action Plan and the Army Family Covenant to navigate through the site and find information quickly.

**Target Population:** Military

**Eligibility:** Army soldiers and their families

**Intake Procedure:** Phone or online.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week online

**Areas Served:** All Areas

**Agency Name:** Army Review Boards Agency

**Program/Service Name:** Appealing Unfavorable Information in Military Records, Army Review Boards Agency

**Website:** <http://arba.army.pentagon.mil/Unfavorable.cfm>

**Phone:** (703) 607-1600 for telephonic assistance

**Description:** Provides information on filing and appealing unfavorable information in the Official Military Personnel File (OMPF). Unfavorable information is any credible derogatory information that may reflect on a Soldier's character, integrity, trustworthiness, or reliability and includes letters of reprimand and Articles 15. Chapter 7 of Army Regulation 600-37 provides information on appeals and petitions to remove unfavorable information or move unfavorable information into the restricted section of the OMPF.

**Target Population:** Military

**Eligibility:** Army soldiers and veterans. If the Soldier or veteran is deceased or incompetent, the surviving spouse, next of kin, or a legal representative may apply. The application must include documentation to prove this relationship such as a certified copy of a marriage license, death certificate, or power of attorney as appropriate.

**Intake Procedure:** Submit application online or download application to mail in. Blank applications can also be obtained from any military personnel/human resource office or by sending a request to the mailing address provided below. Assistance by phone is also available.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:**

**Agency Name:** Army Review Boards Agency

**Program/Service Name:** Army Board Correction of Military Records, Army Review Boards Agency

**Website:** <http://arba.army.pentagon.mil/abcmr-app.cfm>

**Phone:** (703) 607-1600 for telephonic assistance

**Description:** Corrects errors or injustices from army soldier's or veteran's military records.

**Target Population:** Military

**Eligibility:** Army soldiers and veterans. If the Soldier or veteran is deceased or incompetent, the surviving spouse, next of kin, or a legal representative may apply. The application must include documentation to prove this relationship such as a certified copy of a marriage license, death certificate, or power of attorney as appropriate.

**Intake Procedure:** Submit application online or download application to mail in. Blank applications can also be obtained from any military personnel/human resource office or by sending a request to the mailing address provided below. Assistance by phone is also available.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:**

**Agency Name:** Army Review Boards Agency

**Program/Service Name:** Army Clemency and Parole Board, Army Review Boards Agency

**Website:** <http://arba.army.pentagon.mil/Clemency-Parole.cfm>

**Phone:** (703) 607-1180

**Description:** Supports the Army's justice system with the timely review of the correctional cases of prisoners convicted at court martial and sentenced to a term of confinement.

Provides an objective, fair, and impartial review of the prisoner's case for clemency, parole, and mandatory supervised release according to criteria such as those found in DoDI Instruction 1325.7 and AR-15-130.

Acts as an independent and professional Board, with the authority to make decisions, such as:

Adjust significant disparities in approved sentences.

Modify sentences when consistent with the maintenance of good order and discipline in the Army and in the best interest of society and the prisoner.

Consider release of eligible prisoners from confinement under parole supervision consistent with the ends of justice and public safety.

Restore to duty or re-enlist individuals who satisfactorily shall have demonstrated potential for military service.

Place prisoners under the supervision of a U.S. Probation Officer according to Mandatory Supervised Release guidelines.

**Target Population:** Military

**Eligibility:** Families of army prisoners or army prisoners who wish to contact or learn about the Army Clemency and Parole Board process.

**Intake Procedure:** Phone or online for information on when cases can be heard, how to find out the result of the board's hearing, and how to apply for a personal appearance before the board.

Inquiries may be directed to the Army Clemency & Parole Board (ACPB). POC's mailing address or fax number listed below.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week

**Areas Served:**

**Agency Name:** Army Review Boards Agency

**Program/Service Name:** Army Corrections Command, Army Review Boards Agency

**Website:** <http://arba.army.pentagon.mil/ACC-Overview.cfm>

**Phone:**

**Description:** Corrections Command is responsible for resource management (budget, personnel, force structure), policy, and daily operations of the U.S. Army Corrections System.

**Target Population:** Military

**Eligibility:** Not applicable. This listing is intended for informational purposes.

**Intake Procedure:** Online to learn more.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:**

**Agency Name:** Army Review Boards Agency

**Program/Service Name:** Army Discharge Review Board, Army Review Boards Agency

**Website:** <http://arba.army.pentagon.mil/adrb-overview.cfm>

**Phone:** (703) 607-1600 for telephonic assistance

**Description:** Examines applicant's administrative discharge and changes the characterization of service and/or the reason for discharge based on standards of equity or propriety. This service applies to former regular Army, Army Reserve, or Army Guard.

**Target Population:** Military

**Eligibility:** Former members of the Regular Army, the Army Reserve, and the Army National Guard may submit an application (DD Form 293) to the Army Discharge Review Board. If the former member is deceased or incompetent, the surviving spouse, next of kin, or a legal representative may apply. However, the application must include supporting documentation such as a certified copy of a marriage license, death certificate, or power of attorney as appropriate. If you were discharged by reason of General Court Martial or it has been over 15 years since your discharge, you are not eligible to apply to the ADRB but should submit a DD Form 149 to the ABCMR.

**Intake Procedure:** Submit application online or download application to mail in. Blank applications can also be obtained from any military personnel/human resource office or by sending a request to the mailing address provided below. Assistance by phone is also available.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:**

**Agency Name:** Army Review Boards Agency

**Program/Service Name:** Disability of Appeals, Army Board for Correction of Military Records, Army Review Boards Agency

**Website:** <http://arba.army.pentagon.mil/abcmr-app.cfm>

**Phone:** (703) 607-1600 for telephonic assistance

**Description:** The ABCMR is the highest level of administrative review in the Army and exists to correct errors or remove injustices from an Army Soldier or veteran's military records. In other words, the Board may consider granting a request for a disability separation or retirement, or a change to a disability rating, if an error exists in the record or as a matter of fairness (equity) even if an error does not exist.

**Target Population:** Military

**Eligibility:** Soldiers and veterans. If the Soldier or veteran is deceased or incompetent, the surviving spouse, next of kin, or a legal representative may apply. The application must include documentation to prove this relationship such as a certified copy of a marriage license, death certificate, or power of attorney as appropriate.

**Intake Procedure:** Submit application online or download application to mail in. Blank applications can also be obtained from any military personnel/human resource office or by sending a request to the mailing address provided below. Assistance by phone is also available

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:** All Areas.



**Agency Name:** Assessor/Recorder/Clerk Office, County of San Diego

**Program/Service Name:** Property Tax Exemption for Eligible Veterans, County Assessor, Recorder, Clerk Disabled Veteransâ€™™ Exemption Section

Central 1600 Pacific Highway, Room 103

San Diego, CA 92101

**Website:** [http://arcc.co.san-diego.ca.us/arcc/services/disabled\\_veteran.aspx](http://arcc.co.san-diego.ca.us/arcc/services/disabled_veteran.aspx)

**Phone:** (619) 531-5773

**Description:** Offers property tax exemption for eligible veterans rated 100% disabled as result of a service-connected disability, or who are compensated at 100% due to unemployment. Unmarried surviving spouse of the veteran may also qualify.

**Target Population:** Military - Veterans

**Eligibility:** Limited to eligible rated 100% disabled as result of a service-connected disability, or who are compensated at 100% due to unemployment. Unmarried surviving spouse of the veteran may also qualify.

**Intake Procedure:** Phone or online for more application and for more information:  
[http://arcc.co.san-diego.ca.us/arcc/services/disabled\\_veteran.aspx](http://arcc.co.san-diego.ca.us/arcc/services/disabled_veteran.aspx)

**Fees:** Fees vary. Please call for more information.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:**



**Agency Name:** Blinded Veterans Association

**Program/Service Name:** Blinded Veterans Services

North Central 8810 Rio San Diego Drive, Room 1159

San Diego, CA 92108

**Website:** [www.bva.org](http://www.bva.org)

**Phone:** (619) 400-5306

**Description:** Provides support and encourages rehabilitation for blinded veterans through fellowship, quarterly meetings, and newsletters. Assists with processing and submission of disability compensation claim, and non service-connected disability pension claims. Helps blinded veterans develop independent living skills, including orientation and mobility skills, visual skills, and computer skills for adapted computer programs (Zoom Text and JAWS). Also supports legislation and provides information about available benefits. Every Tuesday a round table support group meets to provide support to blinded veterans.

**Target Population:** Military - Veterans

**Eligibility:** Ages 18 years and older. Must be legally blind veteran with honorable discharge and at least 180 days of active service. Membership not required to receive newsletters or services.

**Intake Procedure:** Phone or walk in.

**Fees:** Variable fees for membership, depending on age.

**Hours of Operation:** 9:30 am-3:00 pm Monday-Friday/Intake; 9:30 am-11:30 am-Tuesday/Roundtable Support Group

**Areas Served:** All Areas



**Agency Name:** California Paralyzed Veterans Association

**Program/Service Name:** California Paralyzed Veterans Association

5901 E 7th Street Bldg 150, Room. R-204

Long Beach, CA 90822

**Website:** [www.calpva.org](http://www.calpva.org)

**Phone:** (562) 826-5713

**Description:** To provide assistance to Paralyzed Veterans (PVA) members and members of their immediate family to meet their educational goals.

**Target Population:** Military

**Eligibility:** Open to all PVA members, their spouses and unmarried children under age twenty-four. Individuals who successfully complete the PVA Leadership Program will receive preferential consideration during the selection process.

**Intake Procedure:** To be a member print out online form and mail to PVA in Washington, DC.

Individuals who wish to apply for the program must send a request for application to Paralyzed Veterans of America, Attn. Scholarship Program, 801 Eighteenth Street, NW, Washington, D.C. 20006, Phone (800) 424-8200 Ext. 775 or [douglasb@pva.org](mailto:douglasb@pva.org). An application packet will be returned to the requestor for completion.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:** All areas.



**Agency Name:** California State University San Marcos

**Program/Service Name:** Veterans Affairs, California State University, Office of Registration and Records, San Marcos

North Inland Craven Hall 5115

San Marcos, CA 92069

**Website:** [www.csusm.edu](http://www.csusm.edu)

**Phone:** 760-750-4808 Service/Intake

**Description:** Provides benefits information, certification, and information and referral to services designed to assist veterans and their dependents in pursuing an education.

**Target Population:** Military - Veterans

**Eligibility:** Ages 18 years and older or a high school graduate. Must be a veteran, veteran's dependent, or reservist intending to apply for VA educational benefits.

**Intake Procedure:** Phone, walk-in, or go online.

**Fees:**

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Casa de Amparo

**Program/Service Name:** Military Support Program, Casa De Amparo

North Coastal 3355 Mission Avenue, Suite 238

Oceanside, CA 92054

**Website:**

**Phone:** (760) 439-4149 Service/Intake

**Description:** Offers child care services to military families when at least one parent is home from deployment to Iraq. Parents must be willing to participate in family counseling/parenting classes at least twice a month and therapeutic services.

**Target Population:** Military

**Eligibility:** Military family with children 18 months to 5 years of age. Parents must be willing to participate in per month and therapeutic services.

**Intake Procedure:** Call or walk-in for appointment.

**Fees:** Sliding scale fees.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:** North Central, North Coastal, North Inland



**Agency Name:** Child Support Services Department, County of San Diego

**Program/Service Name:** Military Rights pertaining to Child Support

220 West Broadway, Room 5003

San Diego, CA92101

**Website:** <http://www.sdcounty.ca.gov/dcsc/MilitaryInformation.html>

**Phone:**

**Description:** Provides Active duty military personnel with information on the specific protections that they have that may impact child support under the Service members Civil Relief ACT (SCRA). Reservists and members of the National Guard also get the benefits of the SCRA while on active duty.

**Target Population:** Military - Active

**Eligibility:** Active Duty Military.

**Intake Procedure:** Online.

**Fees:**

**Hours of Operation:** 24 hours a day/ 7 days a week Website

**Areas Served:** All Areas.

**Agency Name:** Community Catalyst of California

**Program/Service Name:** Veterans Community Services, Community Catalyst of California

North Central 3914 Murphy Canyon Road, Suite A247

San Diego, CA 92123

**Website:** <http://www.communitycatalystscalifornia.org/>

**Phone:** (858) 212-2361

**Description:** Assists honorably discharged and other than dishonorably discharged veterans and military service members identify the key needs required for a successful transition into civilian life. Helps participants create a customized plan to set goals and time lines, identify various community resources for housing, assistive technology, provides assistance in health management, vocational services, substance abuse, recreation socialization, menu planning and money management.

**Target Population:** Military

**Eligibility:** Must be "honorably" discharged or "other-than dishonorably" discharged.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees.

**Hours of Operation:** 8:30 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Community Housing Works

**Program/Service Name:** Pine View Veterans Housing Program

North Inland 1820 South Escondido Boulevard, Suite 101

Escondido, CA 92025

**Website:** [www.communityhousingworks.org](http://www.communityhousingworks.org)

**Phone:** (760) 432-6878 x308

**Description:** Provides permanent supportive housing to homeless, low-income, and disabled veterans.

**Target Population:** Military - Veterans

**Eligibility:** Homeless, low-income or disabled veterans.

**Intake Procedure:** Phone for appointment.

**Fees:** Fixed fees.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Connected!

**Program/Service Name:** Connected!

Central 1501 India Street, Suite 103-38

San Diego, CA 92101

**Website:**

**Phone:** (800) 785-8596

**Description:** Provides education to Military, Active Duty, Army, Navy, Marine, Air Force, Coast Guard, National Guard, Reserve, Veterans and their families in the use of music as additional treatment for post-traumatic stress (PTSD) and other service-related mental and emotional health issues.

**Target Population:** Military - Active

**Eligibility:** Members of Military, Active Duty, Army, Navy, Marine, Air Force, Coast Guard, National Guard, Reserve, Veterans and their families

**Intake Procedure:** Phone for appointment.

**Fees:** No Fees.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas

**Agency Name:** CREDO (Chaplain's Religious Enrichment Development Operation), Spiritual Fitness Center

**Program/Service Name:** CREDO (Chaplain's Religious Enrichment Development Operation), Spiritual Fitness Center

Central 1220 Pacific Highway, Building 132

San Diego, CA 92132

**Website:** [www.usmc-mccs.org/credo/index.cfm](http://www.usmc-mccs.org/credo/index.cfm)

**Phone:** (619) 297-2500

**Description:** Provides self-enrichment programs for military personnel and dependents. Weekend retreats are held regularly for participants to address various issues including self-awareness, spiritual growth, marriage enrichment, substance abuse, burnout, isolation, self-esteem, dysfunctional relationships, or other personal crises. All programs are conducted using a pastoral model. Also acts as liaison with other Navy agencies.

**Target Population:** Military

**Eligibility:** Must have a valid military ID. Active duty, retired military, reservists, veterans and family members are eligible. DOD civilian employees with valid DOD ID are also eligible. DOD contractors are not eligible.

**Intake Procedure:** Phone or walk in.

**Fees:** No fees charged.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Thursday, 7:30 am-12:00 pm Friday

**Areas Served:** All Areas.

**Agency Name:** Defense Centers of Excellence

**Program/Service Name:** Defense Centers of Excellence

1401 Wilson Boulevard, Suite 400

Rosslyn, VA22209

**Website:** [www.dcoe.health.mil](http://www.dcoe.health.mil)

**Phone:** (866) 966-1020

**Description:** Provides advocacy, specialized information and referral, and veterans benefits assistance. Services are targeted to individuals dealing with mental health issues and traumatic brain injuries.

**Target Population:** Military

**Eligibility:** Active military, families of active military, and veterans. There are no geographic restrictions.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 7:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Department of Corporations, State of California

**Program/Service Name:** Troops Against Predatory Scams (TAPS), Department of Corporations, State of California

Central 1350 Front Street, Room 2034

San Diego, CA 92101

**Website:** [www.corp.ca.gov](http://www.corp.ca.gov)

**Phone:** (619) 525-4233 Call Center

**Description:** Offers a program to educate military troops on how to avoid becoming a victim of financial investment fraud. TAPS program also serves as the enforcement arm against financial fraud crimes targeting members of the military.

**Target Population:** Military - Active

**Eligibility:**

**Intake Procedure:** Phones, walk in, write, or go online for information. Must fill out form to file complaint.

**Fees:** No fees charged.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Disabled American Veterans National Service Office

**Program/Service Name:** Counseling, Claims, and Form Preparation Service Office, Disabled American Veterans National Service Office

North Central 8810 Rio San Diego Drive, Suite 1160

San Diego, CA 92108

**Website:** [www.dav.org](http://www.dav.org)

**Phone:** (619) 299-6916

**Description:** Trained counselors assist veterans, survivors, and dependents in filing claims with the Veterans Administration for all benefits for which they may be eligible. Also provides information and referral to community agencies.

**Target Population:** Military - Veterans

**Eligibility:** Services are limited to veterans, survivors, and dependents in filing claims with the Veterans Administration.

**Intake Procedure:** Walk in.

**Fees:** No fees.

**Hours of Operation:** 9:00 am-3:00 pm Monday-Thursday 9:00 am-12:00 pm Friday at San Diego 9:00 am-12:00 pm most Wednesdays at Oceanside DAV Thrift Store

**Areas Served:** All Areas.



**Agency Name:** Disabled American Veterans National Service Office

**Program/Service Name:** Counseling, Claims, and Form Preparation, VA Hospital, Disabled American Veterans National Service Office

North Central 3350 La Jolla Village Drive, Room 1603

San Diego, CA 92161

**Website:** [www.dav.org](http://www.dav.org)

**Phone:** (858) 642-6454

**Description:** Trained counselors assist veterans, survivors, and dependents in filing claims with the Veterans Administration for all benefits for which they may be eligible. Also provides information and referral to community agencies.

**Target Population:** Military - Veterans

**Eligibility:** Services are limited to veterans, survivors, and dependents in filing claims with the Veterans Administration.

**Intake Procedure:** Walk in.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-3:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Disabled American Veterans National Service Office

**Program/Service Name:** DAV Transportation Services

North Central 3350 La Jolla Village Drive Room 1603-1609

San Diego, CA 92137

**Website:** [www.dav.org/volunteers/Ride.aspx](http://www.dav.org/volunteers/Ride.aspx)

**Phone:** (858) 642-6454

**Description:** Offers medical transportation services to military veterans. Appointments must be made two weeks in advanced.

**Target Population:** Military - Veterans

**Eligibility:** Service is limited to military veterans who are already enrolled in the VA Healthcare System.

**Intake Procedure:** Phone. Appointments required and must be made two weeks in advanced. DAV Transportation Network is staffed by volunteers; therefore, it is unable to cover every community. Please call for information on the areas covered.

**Fees:** No fees.

**Hours of Operation:** 7:00 am-3:30 m Monday-Friday

**Areas Served:** Please call for information.



**Agency Name:** Disabled American Veterans National Service Office

**Program/Service Name:** Rehabilitation Program, Disabled American Veterans National Service Office

East1049 Elketon Boulevard

Spring Valley, CA91977

**Website:** [www.dav.org](http://www.dav.org)

**Phone:** (619) 337-9244

**Description:** Loans hospital equipment (wheelchairs, walkers, and crutches) for short-term rehabilitation purposes to veterans and the general public at no charge, as available.

**Target Population:** Military - Veterans

**Eligibility:** Adults ages 18 years and older. Services are targeted to veterans but will serve the general public.

**Intake Procedure:** Phone or walk in.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.

**Agency Name:** Disabled Business Persons Association

**Program/Service Name:** National Disabled Veterans Business Center, Disabled Business Persons Association

North Central 3590 Camino Del Rio North

San Diego, CA 92108

**Website:** [www.disabledbusiness.com](http://www.disabledbusiness.com)

**Phone:** (619) 594-8805

**Description:** Assists entrepreneur disabled veterans in their self-employment interests and business activities.

**Target Population:** Military - Veterans

**Eligibility:** Honorable discharged disabled veterans.

**Intake Procedure:** Phone or email: [info@disabledbusiness.com](mailto:info@disabledbusiness.com) for more information. Appointments and reservations required.

**Fees:** No fees.

**Hours of Operation:** 10:00 am-3:00 pm Monday- Friday

**Areas Served:** All Areas.



**Agency Name:** Employment Development Department, State of California, Administration

**Program/Service Name:** Operation Welcome Home, Employment Development Department, State of California, Administration

Central4389 Imperial Ave

San Diego, CA92113

**Website:** [www.caljobs.ca.gov](http://www.caljobs.ca.gov)

**Phone:** (619) 266-4200 Job Seekers

**Description:** Provides a comprehensive range of employment services in partnership with state and local agencies and organizations. Services are provided statewide through a One-Stop Career Center system. The One-Stop Career Center has specially-trained staff to ensure veterans of the U.S. Armed Forces receive maximum employment and training opportunities. Services can include counseling, labor market information, job referrals, job search workshops, and job development with potential employers. All veterans are eligible for the Veterans Intensive Program. Special assistance is available for veterans with service connected disabilities. Veterans may be eligible for the following assistance under the Workforce Investment Act: alternative school services, follow-up services, guidance counseling, leadership development, mentoring, occupational skills training. Paid and unpaid work experience (such as internships, apprenticeships, and job shadowing), supportive services, tutoring, study skills training, and instruction leading to completion of secondary school. Placement of qualified veterans' resumes before non-veterans' resumes on job order screens that are viewed by EDD staff or prospective employers, and assistance by veterans specialists who are dedicated to providing priority employment and training services to veterans. Former service members should apply for unemployment insurance (UI) benefits immediately upon separation from active military service.

**Target Population:** Military - Veterans

**Eligibility:** Newly discharged veterans who wish to learn about the benefits and services they need to successfully enter the civilian workforce.

**Intake Procedure:** Phone, or online at  
[www.edd.ca.gov/Jobs\\_and\\_Training/Services\\_for\\_Veterans.htm](http://www.edd.ca.gov/Jobs_and_Training/Services_for_Veterans.htm) or  
[www.edd.ca.gov/Jobs\\_and\\_Training/Operation\\_Welcome\\_Home\\_CALVET\\_CORPS\\_Program.htm](http://www.edd.ca.gov/Jobs_and_Training/Operation_Welcome_Home_CALVET_CORPS_Program.htm)

**Fees:** No fees.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** All areas.

**Agency Name:** Episcopal Community Services

**Program/Service Name:** Friend to Friend (F2F) Program, Episcopal Community Services

CentralCall for information.

**Website:** [www.ecscalifornia.org](http://www.ecscalifornia.org)

**Phone:** (619) 955-8217

**Description:** Serves the needs of mentally ill and homeless adults of central San Diego. Clients of F2F may be eligible to receive services such as, but not limited to outreach, assessments, job development, SSI/SSDI advocacy, socialization, community reintegration, transitional housing, case management, referrals and peer support.

**Target Population:** Military - Veterans

**Eligibility:** Must be homeless and mentally ill primarily in San Diego.

**Intake Procedure:** Call for information on how to get an appointment.

**Fees:** No fees.

**Hours of Operation:** 8:00am-4:00pm Monday-Friday

**Areas Served:** Central

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**Agency Name:** Fisher House Foundation

**Program/Service Name:** Hero Miles, Fisher House Foundation

111 Rockville Pike, Suite 420

Rockville, Maryland 20850

**Website:** [www.fisherhouse.org](http://www.fisherhouse.org)

**Phone:** (888) 294-8560

**Description:** Is comprised of individual airlines whose passengers donate their frequent flyer miles to assist service members and their families.

**Target Population:** Military - Active

**Eligibility:** Active duty military service members, Veterans, wounded Veteran with approved leave or 5 or more days.

**Intake Procedure:** Phone for information. Must verify that the service member is eligible for the program and that the service member agrees to the travel by his or her relative or friend, normally uses a social work staff or service casualty offices to verify eligibility. For airline partners participating please go online [www.fisherhouse.org](http://www.fisherhouse.org).

**Fees:**

**Hours of Operation:** 8:30 am-5:00 pm Monday-Friday

**Areas Served:**



**Agency Name:** Fisher House Foundation

**Program/Service Name:** Medical Housing, Fisher House Foundation

Central 34800 Bob Wilson Drive, Building 46

San Diego, California 92134

**Website:** [www.fisherhouse.org](http://www.fisherhouse.org)

**Phone:** (619) 532-9055

**Description:** Provides housing to family members or loved one of military service members during their hospitalization for an unexpected illness, disease, or injury.

**Target Population:** Military - Active

**Eligibility:** All military patients receiving medical care at local VA medical centers.

**Intake Procedure:** Online application at [www.fisherhouse.org](http://www.fisherhouse.org).

**Fees:**

**Hours of Operation:** 8:30 am-5:00 am Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Career Services Center, Murphy Canyon, Fleet and Family Support Centers

North Central 4867 Santo Road, Suite T

San Diego, CA 92124

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (858) 432-6490

**Description:** Offers a variety of employment programs as well as information about resume writing and job interview techniques. Provide one-on-one employment assistance for service members transitioning out of the military as well as spouses seeking employment in the local area. Offers specialized workshops, including how to fill out applications for federal employment, scholarship information, and information on educational subsidies for military spouses through Career Advancement Accounts.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** Call for days and times.

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Career Services Center, Naval Base Coronado, Fleet Family Support Centers

SouthNASNI, Building 318Code 93, Box 357138

San Diego, CA92135

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (619) 545-6071

**Description:** Offers a variety of employment programs as well as information about resume writing and job interview techniques. Provide one-on-one employment assistance for service members transitioning out of the military as well as spouses seeking employment in the local area. Offers specialized workshops, including how to fill out applications for federal employment, scholarship information, and information on educational subsidies for military spouses through Career Advancement Accounts.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Career Services Center, Naval Base Point Loma, Fleet and Family Support Centers

North Central 140 Sylvester Road, Building 211 and 212

San Diego, CA 92106

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (619) 553-8306

**Description:** Offers a variety of employment programs as well as information about resume writing and job interview techniques. Provide one-on-one employment assistance for service members transitioning out of the military as well as spouses seeking employment in the local area. Offers specialized workshops, including how to fill out applications for federal employment, scholarship information, and information on educational subsidies for military spouses through Career Advancement Accounts.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Career Services Center, Naval Base San Diego, Fleet and Family Support Centers

Central3005 Corbina Alley, Suite 1 Building 259 and 263

San Diego, CA92136

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (619) 556-9866

**Description:** Offers a variety of employment programs as well as information about resume writing and job interview techniques. Provide one-on-one employment assistance for service members transitioning out of the military as well as spouses seeking employment in the local area. Offers specialized workshops, including how to fill out applications for federal employment, scholarship information, and information on educational subsidies for military spouses through Career Advancement Accounts.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:**

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Effective Parenting, Naval Base Point Loma, Fleet and Family Support Centers

North Central 140 Sylvester Road, Building 211 and 212

San Diego, CA 92106

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (619) 553-4744

**Description:** Provides court-approved parenting class utilizing the Effective Parenting curriculum. Course material imparted through lecture, group activities, and homework. Instructors hold bachelor degrees in education, psychology, child development and or in related fields.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Financial Management Services, Murphy Canyon, Fleet and Family Support Centers

North Central 4867 Santo Road, Suite T

San Diego, CA 92124

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (858) 432-6490

**Description:** Offers financial management and counseling services. Class topics include how to buy a home, how to buy a car, how to save and invest, and how to participate in the Thrift Savings Plan. Individual financial counseling is also available to those needing help resolving financial problems.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** Call for days and times.

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Financial Management Services, Naval Base Coronado, Fleet and Family Support Centers

SouthNASNI, Building 318Code 93, Box 357138

San Diego, CA92135

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (619) 545-6071

**Description:** Offers financial management and counseling services. Class topics include how to buy a home, how to buy a car, how to save and invest, and how to participate in the Thrift Savings Plan. Individual financial counseling is also available to those needing help resolving financial problems.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Financial Management Services, Naval Base Point Loma, Fleet and Family Support Centers

North Central 140 Sylvester Road, Building 211 and 212

San Diego, CA 92106

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (619) 553-8306

**Description:** Offers financial management and counseling services. Class topics include how to buy a home, how to buy a car, how to save and invest, and how to participate in the Thrift Savings Plan. Individual financial counseling is also available to those needing help resolving financial problems.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Financial Management Services, Naval Base San Diego, Fleet and Family Support Centers

Central3005 Corbina Alley, Suite 1 Building 259 and 263

San Diego, CA92136

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (619) 556-9866

**Description:** Offers financial management and counseling services. Class topics include how to buy a home, how to buy a car, how to save and invest, and how to participate in the Thrift Savings Plan. Individual financial counseling is also available to those needing help resolving financial problems.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Individual, Couple, and Family Counseling Services, Fleet and Family Support Centers

SouthNASNI, Building 318Code 93, Box 357138

San Diego, CA92135

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (866) 923-6478

**Description:** Provides private counseling by licensed clinical professionals trained in providing individual, couple, and family counseling. They also address work-related issues. Children aged 12 years or younger are seen by counselors in the context of family therapy. A Duty Counselor is available during work hours for emergency, walk-in appointments. In addition to private counseling, various support groups offer help to adults molested as children, deployed spouses, and women in the military. Other workshops include such topics as couple communication for engaged and married couples.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Individual, Couple, and Family Counseling Services, Murphy Canyon, Fleet and Family Support Centers

North Central 4867 Santo Road, Suite T

San Diego, CA 92124

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (866) 923-6478

**Description:** Provides private counseling by licensed clinical professionals trained in providing individual, couple, and family counseling. They also address work-related issues. Children aged 12 years or younger are seen by counselors in the context of family therapy. A Duty Counselor is available during work hours for emergency, walk-in appointments. In addition to private counseling, various support groups offer help to adults molested as children, deployed spouses, and women in the military. Other workshops include such topics as couple communication for engaged and married couples.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Individual, Couple, and Family Counseling Services, Naval Base Point Loma, Fleet and Family Support Centers

North Central 140 Sylvester Road, Building 211 and 212

San Diego, CA 92106

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** 619-553-8306

**Description:** Provides moving and transition information to active military and their families. Families new to San Diego can learn about housing, childcare, schools, and other information specific to the area. Offer various workshops and resources including information on moving overseas, budgeting a move, spouse readiness, and more. Military spouses can learn about the military lifestyle as well as important acronyms used in the military.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online at [www.cnrsw.nay.mil/fsc](http://www.cnrsw.nay.mil/fsc).

**Fees:** No fees.

**Hours of Operation:** 7:30am-4:30pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Individual, Couple, and Family Counseling Services, Naval Base San Diego, Fleet and Family Support Centers

Central3005 Corbina Alley, Suite 1 Building 259 and 263

San Diego, CA92136

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (866) 923-6478

**Description:** Provides private counseling by licensed clinical professionals trained in providing individual, couple, and family counseling. They also address work-related issues. Children aged 12 years or younger are seen by counselors in the context of family therapy. A Duty Counselor is available during work hours for emergency, walk-in appointments. In addition to private counseling, various support groups offer help to adults molested as children, deployed spouses, and women in the military. Other workshops include such topics as couple communication for engaged and married couples.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Outreach Services, Murphy Canyon, Fleet and Family Support Centers

North Central 4867 Santo Road, Suite T

San Diego, CA 92124

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (858) 277-4259

**Description:** Create partnerships with community organizations to increase awareness of FFSC programs and services. Will provide FFSC briefs and/or resource tables upon request.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Outreach Services, Naval Base Coronado, Fleet and Family Support Centers

SouthNASNI, Building 318Code 93, Box 357138

San Diego, CA92135

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (619) 545-6071

**Description:** Create partnerships with community organizations to increase awareness of FFSC programs and services. Will provide FFSC briefs and/or resource tables upon request.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Outreach Services, Naval Base Point Loma, Fleet and Family Support Centers

North Central 140 Sylvester Road, Building 211 and 212

San Diego, CA 92106

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (619) 553-8306

**Description:** Create partnerships with community organizations to increase awareness of FFSC programs and services. Will provide FFSC briefs and/or resource tables upon request.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Outreach Services, Naval Base San Diego, Fleet and Family Support Centers

Central 3005 Corbina Alley, Suite 1 Building 259 and 263

San Diego, CA 92136

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (619) 556-7404

**Description:** Create partnerships with community organizations to increase awareness of FFSC programs and services. Will provide FFSC briefs and/or resource tables upon request.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.

**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Relocation Assistance, Murphy Canyon, Fleet and Family Support Centers

North Central 4867 Santo Road, Suite T

San Diego, CA 92124

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (858) 432-6490

**Description:** Provides moving and transition information to active military and their families. Families new to San Diego can learn about housing, childcare, schools, and other information specific to the area. Offer various workshops and resources including information on moving overseas, budgeting a move, spouse readiness, and more. Military spouses can learn about the military lifestyle as well as important acronyms used in the military.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** Call for days and times.

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Relocation Assistance, Naval Base Coronado, Fleet and Family Support Centers

SouthNASNI, Building 318Code 93, Box 357138

San Diego, CA92135

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:**

**Description:** Provides moving and transition information to active military and their families. Families new to San Diego can learn about housing, childcare, schools, and other information specific to the area. Offer various workshops and resources including information on moving overseas, budgeting a move, spouse readiness, and more. Military spouses can learn about the military lifestyle as well as important acronyms used in the military.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Relocation Assistance, Naval Base Point Loma, Fleet and Family Support Centers

North Central 140 Sylvester Road, Building 211 and 212

San Diego, CA 92106

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** (619) 553-8306

**Description:** Provides moving and transition information to active military and their families. Families new to San Diego can learn about housing, childcare, schools, and other information specific to the area. Offer various workshops and resources including information on moving overseas, budgeting a move, spouse readiness, and more. Military spouses can learn about the military lifestyle as well as important acronyms used in the military.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Relocation Assistance, Naval Base San Diego, Fleet and Family Support Centers

Central3005 Corbina Alley, Suite 1

San Diego, CA92136

**Website:** [www.cnrsw.navy.mil/fsc/fsc.htm](http://www.cnrsw.navy.mil/fsc/fsc.htm)

**Phone:** 619-556-7404 Counseling, Relocation, I&R Services

**Description:** Provides moving and transition information to active military and their families. Families new to San Diego can learn about housing, childcare, schools, and other information specific to the area. Offer various workshops and resources including information on moving overseas, budgeting a move, spouse readiness, and more. Military spouses can learn about the military lifestyle as well as important acronyms used in the military.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online at [www.cnrsw.nay.mil/fsc](http://www.cnrsw.nay.mil/fsc).

**Fees:** No fees.

**Hours of Operation:** 7:30am-4:30pm Mon-Fri. Call for date and times or for required appointment.

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Responsible Anger Management, Naval Base Point Loma, Fleet and Family Support Centers

North Central 140 Sylvester Road, Building 211 and 212

San Diego, CA 92106

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** 619-553-4744

**Description:** Offers an intensive anger management course to individuals experiencing difficulty controlling their anger, coping with stress, and communicating effectively. Some topics covered include: social implications of aggression; how to manage emotions and choose positive behavior; and family violence prevention and stress management.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone or register online at [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc).

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Specialized Information and Referral, Murphy Canyon, Fleet and Family Support Centers

North Central 4867 Santo Road, Suite T

San Diego, CA 92124

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** 858-432-6490

**Description:** Assistance includes San Diego information, automated worldwide destination information, resource books and videos, and take-home brochures, as well as counseling.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** Call for information days and times.

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Specialized Information and Referral, Naval Base Coronado, Fleet and Family Support Centers

SouthNASNI, Building 318Code 93, Box 357138

San Diego, CA92135

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** 619-545-6071

**Description:** Assistance includes San Diego information, automated worldwide destination information, resource books and videos, and take-home brochures, as well as counseling.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday Call for information

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Specialized Information and Referral, Naval Base Point Loma, Fleet and Family Support Centers

North Central 140 Sylvester Road, Building 211 and 212

San Diego, CA 92106

**Website:** [www.cnrsw.navy.mil/fsc](http://www.cnrsw.navy.mil/fsc)

**Phone:** 619-553-8306

**Description:** Assistance includes San Diego information, automated worldwide destination information, resource books and videos, and take-home brochures, as well as counseling.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday Call for information.

**Areas Served:** All Areas.



**Agency Name:** Fleet and Family Support Centers

**Program/Service Name:** Specialized Information and Referral, Naval Base San Diego, Fleet and Family Support Centers

Central3005 Corbina Alley, Suite 1Bldg 259 and 263

San Diego, CA92136

**Website:** [www.cnrsw.navy.mil/fsc/fsc.htm](http://www.cnrsw.navy.mil/fsc/fsc.htm)

**Phone:** 619-556-7404

**Description:** Assistance includes San Diego information, automated worldwide destination information, resource books and videos, and take-home brochures, as well as counseling.

**Target Population:** Military

**Eligibility:** Active and retired military, reservists, national guard, DOD employees, and their families.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday Call for information

**Areas Served:** All Areas.



**Agency Name:** Fleet Reserve Association

**Program/Service Name:** Fleet Reserve Association

CentralSan Diego Naval Medical Center

San Diego, CA92134

**Website:** [www.fra.org](http://www.fra.org)

**Phone:** (619) 532-6624

**Description:** Members visit hospital and convalescent homes and participate in potluck, socials, and business meetings. Assists surviving spouse with the rituals of military burial. Also helps members and all military personnel (active, retired, reserved) receive all entitled benefits.

**Target Population:** Military

**Eligibility:** Not limited.

**Intake Procedure:** Phone or visit website for information.

**Fees:** Fixed fee schedule.

**Hours of Operation:** 7:00 am-11:00 pm Monday, Tuesday and Thursday

**Areas Served:** All Areas.

**Agency Name:** FOCUS (Families OverComing Under Stress) San Diego

**Program/Service Name:** Resiliency Training for Military Families

CentralDolphin AlleyNaval Base San Diego

San Diego, CA92136

**Website:** [www.focusproject.org](http://www.focusproject.org)

**Phone:**

**Description:** FOCUS is a prevention service designed to help families address the stress related to deployment. The program includes the entire family and is customized to suit its specific needs. FOCUS is offered in several formats: family consultations, family level training, small group training, and workshops. During these sessions children and parents learn and practice key skills to enhance communication, problem solving, and family resilience.

Training is also targeted for wounded, ill or injured service members and military couples. FOCUS builds strong connections with other military family providers to support a network of care for families.

**Target Population:** Military

**Eligibility:** FOCUS is available to all military and their families. The program is designed for families with at least one child between 1-18 years old and at least one active duty parent.

Traditional family training is for families with children ages 5 and up. FOCUS' Early Adaptation is available for families with children ages 3 and up. FOCUS-C adaptation is available for couples.

**Intake Procedure:** Phone or by appointment.

**Fees:** No fees.

**Hours of Operation:** 8:30am to 4:30 pm

**Areas Served:** All areas.

**Agency Name:** Freedom Dogs

**Program/Service Name:** Freedom Dogs

North Central 3639 Midway Drive, Suite 376

San Diego, CA 92110

**Website:** [www.freedomdogs.org](http://www.freedomdogs.org)

**Phone:** (619) 223-6574

**Description:** Freedom Dogs teams Specialty Service Dogs with troops returning from war with PTSD and physical limitations. The dogs go through two years of custom training to become a Freedom Dog. The wounded warriors may participate in one of two programs offered by Freedom Dogs, the Partner Program that pairs a wounded warrior with a Specialty Service dog and their trainer on a short term, intermittent status, or the Partner for Life Program which permanently places the Specialty Service Dog with the wounded warrior. Both of these programs are offered at no cost to the military personnel.

**Target Population:** Military

**Eligibility:** Military service members returning from war with PTSD and physical limitations.

**Intake Procedure:** Phone or online.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week online

**Areas Served:** All Areas.





**Agency Name:** Give an Hour

**Program/Service Name:** Give an Hour

**Website:** [www.giveanhour.org](http://www.giveanhour.org)

**Phone:** (240) 668-4365 (Administration)

**Description:** Meeting the mental health needs of the troops and families affected by the ongoing conflicts in Iraq and Afghanistan. Provides across the nation- in all 50 states, the District of Columbia, and Puerto Rico and continues to recruit volunteer mental health professionals to its network.

**Target Population:** Military

**Eligibility:** Military members, veterans and families.

**Intake Procedure:** For appointments contact providers on website at [www.giveanhour.org](http://www.giveanhour.org).

**Fees:** No fees.

**Hours of Operation:** Call or check online for hours and information.

**Areas Served:**

**Agency Name:** Golden Share

**Program/Service Name:** SHARE (Self Help And Resource Exchange) Program, MCAS Miramar, Golden Share

North Central PO Box 4506, Shieds Way Building 6013 Food Locker

San Diego, CA 92145

**Website:** [www.goldensharefoods.com](http://www.goldensharefoods.com)

**Phone:** (858) 577-6550

**Description:** Provides a monthly basic, consistent, affordable supplemental food package to those willing to help themselves and others at individual host sites throughout San Diego County. Food packages vary from \$17 to \$35. Also encourages individuals who participate in the SHARE program to donate two hours of volunteer service. **SERVES MILITARY ONLY.**

**Target Population:** Military

**Eligibility:** Not limited. Encourages individuals to donate two hours of volunteer service.

**Intake Procedure:** Walk in or phone to place order at host sites. Distribution hours vary.

**Fees:** Variable fees. Orders must be prepaid before pick up days.

**Hours of Operation:** Call for hours and day of distribution.

**Areas Served:** All Areas



**Agency Name:** Grossmont-Cuyamaca Community College District

**Program/Service Name:** Veterans Services, Grossmont-Cuyamaca Community College District

East8800 Grossmont College Drive

El Cajon, CA92020

**Website:**

**Phone:** (619) 644-7165

**Description:** Provides VA benefits information and general information and referral to services designed to assist veterans in pursuing an education. Counseling is available through the campus counseling office.

**Target Population:** Military - Veterans

**Eligibility:** Ages 18 years and older or a high school graduate. Must be a veteran, veteran's dependent, or reservist intending to apply for VA educational benefits.

**Intake Procedure:** Phone, go online, or walk in.

**Fees:** No fees for participation in program.

**Hours of Operation:** 9:00 am-7:00 pm, Monday-Thursday/Cuyamaca. 9:00 am-1:00 pm, Friday/Cuyamaca. Summer hours vary.

**Areas Served:** All areas.



**Agency Name:** Grossmont-Cuyamaca Community College District

**Program/Service Name:** Veterans Services, Grossmont-Cuyamaca Community College District

East900 Rancho San Diego Parkway

El Cajon, CA92019

**Website:** [www.cuyamaca.edu](http://www.cuyamaca.edu)

**Phone:** (619) 660-4276

**Description:** Provides VA benefits information and general information and referral to services designed to assist veterans in pursuing an education. Counseling is available through the campus counseling office.

**Target Population:** Military - Veterans

**Eligibility:** Ages 18 years and older or a high school graduate. Must be a veteran, veteran's dependent, or reservist intending to apply for VA educational benefits.

**Intake Procedure:** Phone, go online, or walk in.

**Fees:** No fees for participation in program.

**Hours of Operation:** 8:00 am-7:00 pm, Monday, Thursday/Cuyamaca. 8:00 am-5:00 pm, Tuesday, Wednesday/Cuyamaca. 8:00 am-4:30 pm, Friday/Cuyamaca. 8:00 am-7:00 pm, Monday-Wednesday/Grossmont. 8:00 am-5:00 pm, Thursday/Grossmont. 8:00 am-1:00 pm, Friday/Grossmont.

**Areas Served:** All Areas.

**Agency Name:** Hire Heroes

**Program/Service Name:** Hire Heroes

100 North Point Center East, Suite 200

Alpharetta, GA30022

**Website:** [www.hireheroesusa.org](http://www.hireheroesusa.org)

**Phone:** (866) 915-HERO (4376)

**Description:** Hire Heroes USA™s (HHUSA) mission is to offer transition assistance, job search assistance, and job placement services to those who have honorably served in the US military “ and to their spouses “ in order to reduce veteran unemployment. HHUSA prioritizes veterans statistically most likely to be unemployed: veterans of Operations IRAQI FREEDOM and ENDURING FREEDOM, and veterans that are wounded or disabled.

**Target Population:** Military - Veterans

**Eligibility:** Unemployed Veterans or members in the process of transition.

**Intake Procedure:** Phone or online.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week online.

**Areas Served:** All Areas.

**Agency Name:** Hope for the Warriors

**Program/Service Name:** A Warriors Wish, Hope for the Warriors

1335 Suite E, Western Boulevard PMB 48

Jacksonville, North Carolina 28546

**Website:** [www.hopeforthewarriors.org](http://www.hopeforthewarriors.org)

**Phone:** (877) 246-7349

**Description:** Offers grants for emergency services including rent, medical bills, utilities and other services to US military member wounded or injured in combat between 2001 to present. Some grants are available for widows and for those who suffer for Post Traumatic Stress Disorder (PTSD).

**Target Population:** Military

**Eligibility:** Must be US military member wounded or injured in combat between 2001 and present. Must be severely injured as defined by DoD: loss of limb, sight, hearing, TBI, Spinal Chord Injury, and Severe Burns. OIF/OEF combat-wounded veterans only.

**Intake Procedure:** To apply please download the WISH PACKET at <http://www.hopeforthewarriors.org/pdfs/WWishpacket09.08.pdf> and fill it out in its entirety. For more information on the program, please email [cathi@hopeforthewarriors.org](mailto:cathi@hopeforthewarriors.org). Grants take 4 days to two weeks to process.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.

**Agency Name:** Humane Society, Rancho Coastal

**Program/Service Name:** Pets for Patriots, Humane Society, Rancho Coastal

North Coastal 389 Requeza Street

Encinitas, CA 92024

**Website:** [www.rchumanesociety.org](http://www.rchumanesociety.org)

**Phone:** (760) 753-6413

**Description:** Offers pet adoptions to Pets for Patriots members. To become a Pets for Patriots member, you must be a military, veteran, guard, reservist, or family of a military service member.

**Target Population:** Military

**Eligibility:** Must become a Patriot Member of Pets for Patriots program before contacting animal shelter to adopt. Please go to <http://www.petsforpatriots.org/ForPatriots/BecomeamemberPatriot.aspx> for more information.

**Intake Procedure:** Must have an official membership confirmation from the Pets for Patriots program. Once you have the confirmation email, please print a copy and bring it with you and walk in to a participating animal shelter.

**Fees:** No fees, however donations are accepted.

**Hours of Operation:** 11:00 am-5:00 pm Monday, Wednesday-Friday; 11:30am-5:00 pm Tuesday; 11:00 am-5:00 pm Saturday- Sunday

**Areas Served:**





**Agency Name:** Interfaith Community Services

**Program/Service Name:** Homeless Veterans Reintegration Program (HVRP)

North Inland 550 West Washington Ave, Suite B

Escondido, CA 92025

**Website:**

**Phone:** (760) 721-2117

**Description:** Offers job training, job search, and job placement assistance to veterans. Provides work clothes, work tools, interview attire, resume critique as needed.

**Target Population:** Military - Veterans

**Eligibility:** Homeless and honorable discharged veterans.

**Intake Procedure:** Phone for more information.

**Fees:** No fees.

**Hours of Operation:** 9:00 am-4:00 pm Monday-Friday

**Areas Served:** Escondido, Oceanside

**Agency Name:** Interfaith Community Services

**Program/Service Name:** New Resolve Residential Program

North Inland 1207 South Escondido Boulevard

Escondido, CA 92025

**Website:** [www.interfaithservices.org](http://www.interfaithservices.org)

**Phone:** (760) 745-7829

**Description:** Provides long-term, transitional shelter for homeless males and females with a history of substance abuse. Offers job training, job placement, and supportive services. 33 of program beds are for Veteran and 11 for Non-Veterans.

**Target Population:** Military - Veterans

**Eligibility:** Limited to homeless males or females 18 years of age and older. Must also be residents of North San Diego County. Minimum of 60 days of sobriety. Motivated to find employment.

**Intake Procedure:** Phone for appointment.

**Fees:** Fixed fee schedule.

**Hours of Operation:** 8:30 am-7:00 pm Monday-Friday

**Areas Served:** Carlsbad, Escondido, Fallbrook, Oceanside, San Marcos, Valley Center, Vista

**Agency Name:** Interfaith Community Services

**Program/Service Name:** Veterans Homelessness Prevention Program (VHPD), Interfaith Community Services

North Inland 550 West Washington Ave, Ste B

Escondido, CA 92025

**Website:** [www.interfaithservices.org](http://www.interfaithservices.org)

**Phone:** (760) 489-6380 Ext. 226

**Description:** The Veterans Homelessness Prevention Demonstration (VHPD) program provides temporary rental assistance and case management services for Veterans and their families who are experiencing either short-term homelessness or are at-risk of becoming homeless. The VHPD program is offered through a partnership between Veterans Village of San Diego, Interfaith Community Services & St Vincent De Paul Village.

**Target Population:** Military - Veterans

**Eligibility:** A participant must meet all the following criteria:

1. Homeless for less than 90 days OR at imminent risk of losing their housing.
2. No financial or social supports that could be used to improve the situation.

At least ONE additional issue:

1. Utility or rent in arrears at least one month
2. Sudden large drop in wages at least 25% (e.g., from layoff, institutionalization, traumatic event, or mental health/substance abuse problem).
3. Pending eviction.

4. Living in condemned housing.

5. Greater than 50% of income is spent on housing.

7. Recent discharge from institution where client resided for at least 6 months.

Client must also be eligible for VA-sponsored services based on discharge status. The VHPD case manager will verify this.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:**

**Areas Served:**

**Agency Name:** Interfaith Community Services

**Program/Service Name:** Veterans Services, Escondido, Interfaith Community Services

North Inland 550 West Washington Avenue, Suite B

Escondido, CA 92025

**Website:** [www.interfaithservices.org](http://www.interfaithservices.org)

**Phone:** (760) 489-6380

**Description:** Provides job training, job placement assistance, and transitional housing for single male or female veterans. Employment services targeting veterans include job assessment, evaluation, counseling, retraining, on-the-job training, and classroom training. Offers Workforce Investment Act program for veterans. Transitional housing services include case management, vocational rehabilitation, and psychological counseling.

**Target Population:** Military - Veterans

**Eligibility:** Homeless or disabled male or female Veterans ages 18 years and older.

**Intake Procedure:** Walk in for a preliminary screening or phone for more information.

**Fees:** Sliding scale fees.

**Hours of Operation:** 9:00 am-5:00 pm Monday-Friday/Intake

**Areas Served:** All Areas.

**Agency Name:** Interfaith Community Services

**Program/Service Name:** Veterans Services, Oceanside, Interfaith Community Services

North Coastal 2195 Oceanside Boulevard

Oceanside, CA 92054

**Website:** [www.interfaithservices.org](http://www.interfaithservices.org)

**Phone:** (760) 721-2117

**Description:** Provides job training, job placement assistance, and transitional housing for single male or female veterans. Employment services targeting veterans include job assessment, evaluation, counseling, retraining, on-the-job training, and classroom training. Offers Workforce Investment Act program for veterans. Transitional housing services include case management, vocational rehabilitation, and psychological counseling.

**Target Population:** Military - Veterans

**Eligibility:** Homeless or disabled male or female veterans ages 18 years and older.

**Intake Procedure:** Walk in for preliminary screening or phone for more information.

**Fees:** Sliding scale fees.

**Hours of Operation:** 9:00 am-5:00 pm Monday-Friday/Intake

**Areas Served:** All Areas.

**Agency Name:** Jewish Family Service of San Diego

**Program/Service Name:** Hand Up Youth Food Pantry, Murphy Canyon Military Housing Area,  
Jewish Family Service of San Diego

North Central 3200 Santo Raod

San Diego, CA 92124

**Website:** [www.jfssd.org](http://www.jfssd.org)

**Phone:** (858) 637-3088

**Description:** Provides food bags to those in need due to homelessness, financial difficulties, or other transitional and/or crisis issues and emergency food. Food bags are considered supplemental to other resources and include canned goods and non-perishable items. Contents of food bags can be adjusted for dietary restrictions. Food bags are available to any person regardless of race, age or religion.

**Target Population:** Military

**Eligibility:** FOR ACTIVE-DUTY MILITARY FAMILIES. A client is eligible to receive food bags once a month. Case Management staff is available on-site at distributions to provide assessment of additional needs resources, referrals, public benefit enrollment assistance, and additional assistance as determined through assessment.

**Intake Procedure:** Walk in. Must fill out intake form. Emergency assistance available.

**Fees:** No fees.

**Hours of Operation:** Scheduled for one Sunday per month. Please contact office for date and time of distribution.

**Areas Served:** All Areas.



**Agency Name:** Lincoln Military Housing

**Program/Service Name:** Lincoln Military Housing

Central 2625 Le Hardy Street, Building 3544

San Diego, CA 92136

**Website:** [www.lincolnmilitary.com](http://www.lincolnmilitary.com)

**Phone:** 619-556-5560

**Description:** Provides housing assistance and maintenance services to military families.

**Target Population:** Military - Active

**Eligibility:** Must be active duty military, have at least one accompanying family member, be eligible for Basic Allowance for Housing (BAH), have orders to one of the installations that the housing area serves, and have six months or more remaining on current active assignment.

**Intake Procedure:** Phone, walk in, or email: [christine.davis2.ctr@navy.mil](mailto:christine.davis2.ctr@navy.mil) for more information.

**Fees:** Sliding scale fees. Rents are based on BAH. Currently, BAH covers rent and utilities at all Lincoln Military Housing communities.

**Hours of Operation:** 9:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Marine and Family Services, Marine Corps Recruit Depot

**Program/Service Name:** Employment Services, Marine and Family Services, Marine Corps Recruit Depot

North Central 4025 Tripoli Avenue, Building 14

San Diego, CA 92140

**Website:** [www.mccsmcrd.com](http://www.mccsmcrd.com)

**Phone:** (619) 524-1283

**Description:** Offers a variety of employment programs for reservists, active military, retired military and their families. Offers information about resume writing and job interview techniques. Provides a one-on-one employment assistance program for spouses seeking employment in the local area or before transferring to another area. Offers specialized workshops, including how to fill out applications for federal employment.

**Target Population:** Military

**Eligibility:** Limited to active and retired military, reservists, and families of military.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Marine and Family Services, Marine Corps Recruit Depot

**Program/Service Name:** Exceptional Family Member Program (EFMP), Family Readiness, Marine Corps Recruit Depot

North Central 3602 Hochmuth Avenue Building 6-E

San Diego, CA 92140

**Website:** [www.mccsmcrd.com/efmp.html](http://www.mccsmcrd.com/efmp.html)

**Phone:** (619) 524-8031

**Description:** The Exceptional Family Member Program (EFMP) is for active duty services members who have family members with special needs. Program is designed to ensure that the family member's special need can be met at the sponsor's duty station. Provides advocacy, support, and information and referral services.

**Target Population:** Military - Active

**Eligibility:** Authorized family members of active duty military.

**Intake Procedure:** Phone or walk in.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Marine and Family Services, Marine Corps Recruit Depot

**Program/Service Name:** Financial Management Services, Marine and Family Services, Marine Corps Recruit Depot

North Central 4025 Tripoli Avenue, Building 14

San Diego, CA 92140

**Website:** [www.mccsmcrd.com](http://www.mccsmcrd.com)

**Phone:** (619) 524-1204

**Description:** Offers financial management and counseling services to active and retired military, and their families. Class topics include credit management, developing a basic spending plan, how to buy a home, how to buy a car, how to save and invest, and how to participate in the Thrift Savings Plan. Individual financial counseling is also available to those needing help resolving financial problems. Tax assistance and preparation available.

**Target Population:** Military

**Eligibility:** Limited to active and retired military, reservists, and families of military.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Marine and Family Services, Marine Corps Recruit Depot

**Program/Service Name:** Individual, Couple, and Family Counseling Services, Marine and Family Services, Marine Corps Recruit Depot

North Central 3602 Hochmuth Avenue

San Diego, CA 92140

**Website:** [www.mccsmcrd.com](http://www.mccsmcrd.com)

**Phone:** (619) 524-0465

**Description:** Private counseling services are available with a California license therapist credentialed by HQMC and experienced in working with a broad range of individual, marital, family and personal problems. This counselor is knowledgeable about the unique challenges of military life. Other programs and classes offered cover such topics as anger management, stress management, and child and spouse abuse prevention.

**Target Population:** Military

**Eligibility:** Limited to active and retired military, reservists, and families of military.

**Intake Procedure:**

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday-Thursday

**Areas Served:** All Areas.



**Agency Name:** Marine and Family Services, Marine Corps Recruit Depot

**Program/Service Name:** New Parent Support Program, Marine and Family Services, Marine Corps Recruit Depot

North Central 4025 Tripoli Avenue, Building 14

San Diego, CA 92140

**Website:** [www.mccsmcrd.com](http://www.mccsmcrd.com)

**Phone:** (619) 524-0805

**Description:** Assists and supports families with children ages 0-5 years and expectant parents. Services include: home visits, parenting classes, support groups, play mornings, and information and referral services.

**Target Population:** Military

**Eligibility:** Active duty military that are expectant parents or have children ages 0-5 years.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Marine and Family Services, Marine Corps Recruit Depot

**Program/Service Name:** On-site Veterans Affairs Representative, Marine and Family Services, Marine Corps Recruit Depot

North Central 4025 Tripoli Avenue, Building 14

San Diego, CA 92140

**Website:** [www.mccsmcrd.com](http://www.mccsmcrd.com)

**Phone:** (619) 524-8233

**Description:** Offers on-site access to a Veteran's Affairs representative. The representative will help with various issues including benefits for education, medical insurance, home loans, and other services.

**Target Population:** Military

**Eligibility:** Military personnel including active duty, reserves, retiree's and family members.

**Intake Procedure:** Phone or walk-in from 8:00 am-10:00 am. Appointments available from 1:00 pm-3:00 pm.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Marine and Family Services, Marine Corps Recruit Depot

**Program/Service Name:** Relocation and Transition Services, Marine and Family Services, Marine Corps Recruit Depot

North Central 4025 Tripoli Avenue, Building 14

San Diego, CA 92140

**Website:** [www.mccsmcrd.com](http://www.mccsmcrd.com)

**Phone:** (619) 524-1283 Employment/Transition Services

**Description:** Relocation services provides service and family members with inbound/outbound relocation assistance. Relocation services include Welcome Aboard Package and Sponsorship requests, SITES books, videos, access to the internet and various other relocation tools to alleviate the stress involved in the relocation process. Transition services are available to separating and/or retiring service members and their spouses. It provides information and assistance to help make an effective transition from military to civilian life.

**Target Population:** Military

**Eligibility:** Limited to active and retired military and their families.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Marine and Family Services, Marine Corps Recruit Depot

**Program/Service Name:** Specialized Information and Referral, Marine and Family Services, Marine Corps Recruit Depot

North Central 4025 Tripoli Avenue, Building 14

San Diego, CA 92140

**Website:** [www.mccsmcrd.com](http://www.mccsmcrd.com)

**Phone:** (619) 524-5732

**Description:** Assistance includes information and referrals for military and community based programs, human service resources, TRICARE, housing, childcare, family and life issues and much more.

**Target Population:** Military

**Eligibility:** Limited to active and retired military, families of military, reservists, and civilian employees.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Marine and Family Services, Marine Corps Recruit Depot

**Program/Service Name:** Substance Abuse Counseling and Prevention, Marine and Family Services, Marine Corps Recruit Depot

North Central 3602 Hochmuth Avenue

San Diego, CA 92140

**Website:** [www.mccsmcrd.com](http://www.mccsmcrd.com)

**Phone:** (619) 524-1832

**Description:** Provides education, outreach services and counseling. Services are dedicated toward awareness, prevention and providing direct care for those in need. Services provided in a confidential setting and referrals can be made upon request. Each client is provided with an assessment, diagnosis if warranted, and a treatment plan. This is completed through the initial screening and interview. All clients are referred to services accordingly. Individual treatment groups, and 12 step support meetings.

**Target Population:** Military

**Eligibility:** Limited to active and retired military, reservists, and families of military.

**Intake Procedure:** Phone for required appointment.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Marine Corps Community Services Center, Marine Corps Air Station Miramar

**Program/Service Name:** Counseling Services, Marine Corps Community Services Center, Marine Corps Air Station Miramar

North Central Elrod Avenue, Building 2274

San Diego, CA 92145

**Website:** [www.mccsmiramar.com](http://www.mccsmiramar.com)

**Phone:** (858) 577-6585

**Description:** Provides information about spouse and child abuse and offers victim advocacy services; counseling for individuals, couples, and children; and support groups for men and women. Counselors are trained in the dynamics of abuse in order to assist in protecting victims, as well as seeking ways to support families in need of assistance. Additionally, classes on stress management, anger management, and substance abuse are offered to educate individuals in dealing with stressful situations.

**Target Population:** Military

**Eligibility:** Limited to active military and their families.

**Intake Procedure:** Phone or walk in.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:30 pm Monday- Friday

**Areas Served:** All Areas.



**Agency Name:** Marine Corps Community Services Center, Marine Corps Air Station Miramar

**Program/Service Name:** Employment Services, Marine Corps Community Services Center,  
Marine Corps Air Station Miramar

North Central Elrod Avenue, Building 2274

San Diego, CA 92145

**Website:** [www.mccsmiramar.com](http://www.mccsmiramar.com)

**Phone:** (858) 577-6710

**Description:** Offers information and assistance to aid military service members, retirees, veterans, DOD civilian employees and their family members in their career planning and job search. Services include workshops, computerized skill tests, resource library, and employment listings.

**Target Population:** Military

**Eligibility:** Limited to active and retired military, reservists, and families of military.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Marine Corps Community Services Center, Marine Corps Air Station Miramar

**Program/Service Name:** New Parent Support Classes, Marine Corps Community Services Center, Marine Corps Air Station Miramar

North Central Elrod Avenue, Building 2274

San Diego, CA 92145

**Website:** [www.mccsmiramar.com](http://www.mccsmiramar.com)

**Phone:** (858) 577-9812

**Description:** Offers a variety of parenting groups for military families. **BABY BOOT CAMP:** Class for new parents focuses on infant development, social and emotional changes, baby safety, diapering, bathing, and community resources. **PLAY MORNING:** Offers a chance for parents and children to spend time together having fun with crafts, games, and snacks. Gives parents and children a chance to connect with each other. **PARENTING PLUS:** A parenting class dealing with issues such as stress, developmental stages, behavior and discipline, praise, preventative teaching, and more. **MOM'S BASIC TRAINING:** Offers a version of Baby Boot Camp just for active duty moms. **PARENTING THE TODDLER:** A parenting class dealing with growth and development, discipline, safety and toilet training. Also includes bedtime routines, eating habits, and stimulating play.

**Target Population:** Military

**Eligibility:** Limited to active military and their families with children ages 5 years and younger.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** Program hours vary.

**Areas Served:** All Areas.



**Agency Name:** Marine Corps Community Services Center, Marine Corps Air Station Miramar

**Program/Service Name:** New Parent Support, Home Visitation, Marine Corps Community Services Center, Marine Corps Air Station Miramar

North Central Elrod Avenue, Building 2274

San Diego, CA 92145

**Website:** [www.mccsmiramar.com](http://www.mccsmiramar.com)

**Phone:** (858) 577-9812

**Description:** Home visitors work one-on-one with families to enhance their parenting skills and provide needed support. The home visitor helps families learn to cope with stress, isolation, deployment and family separation issues, as well as the everyday demands of parenthood. Home visits are arranged, when possible, at the convenience of the Marine family. Maximum effect is achieved when both parents can be involved. Licensed clinical social workers, marriage and family therapists and registered nurses, who have extensive knowledge of the issues confronting parents in the military, provide home visitor service.

**Target Population:** Military

**Eligibility:** Limited to active military and their families with children ages 5 years and younger.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Marine Corps Community Services Center, Marine Corps Air Station Miramar

**Program/Service Name:** Specialized Information and Referral, Marine Corps Community Services Center, Marine Corps Air Station Miramar

North Central Elrod Avenue, Building 2274

San Diego, CA 92145

**Website:** [www.mccsmiramar.com](http://www.mccsmiramar.com)

**Phone:** (858) 577-8644

**Description:** Provides information about names, telephone numbers, addresses, hours of operation, and other types of information. Provides special briefings and presentations on programs and facilities available at Marine Corps Air Station Miramar. Outlines Marine Corps Community Services Programs and facilities for new personnel during the monthly Welcome Aboard Briefs.

**Target Population:** Military

**Eligibility:** Limited to active and retired military, reservists, families of military, and civilian employees.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Friday/Program Hours 8:00 am-4:00 pm Monday-Friday/Office Hours

**Areas Served:** All Areas.



**Agency Name:** Marine Corps Legal Assistance Office

**Program/Service Name:** Defense Services, Marine Corps Legal Assistance Office, Marine Corps Recruit Depot

North Central 3700 Chosin Avenue, Building 12

San Diego, CA 92140

**Website:** [www.mcrdsd.usmc.mil/legal/legalasst.htm](http://www.mcrdsd.usmc.mil/legal/legalasst.htm)

**Phone:** (619) 524-4118 Defense Assistance

**Description:** Provides the best representation possible for each client in a timely and professional manner, ensuring that loyalties extend exclusively to that client, consistent with the requirements of professional ethics. Provides courts-martial representation, NJP counseling, administrative separation representation, and interrogation counseling.

**Target Population:** Military

**Eligibility:** Limited to active military and reservists who face charges in military court.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 8:30 am-11:00 am and 1:00 pm-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Marine Corps Legal Assistance Office

**Program/Service Name:** Legal Assistance, Marine Corps Legal Assistance Office

North Central 3700 Chosin Avenue, Building 12

San Diego, CA 92140

**Website:** [www.mcrdsd.usmc.mil/legal/legalasst.htm](http://www.mcrdsd.usmc.mil/legal/legalasst.htm)

**Phone:** (619) 524-4111 Legal Assistance

**Description:** Attorneys provide legal assistance in civil law areas including wills, dissolutions, landlord/tenant disputes, consumer protection, contracts, powers of attorney, child and spousal support, adoptions, notary services, and name changes.

**Target Population:** Military

**Eligibility:** Limited to active and retired military, reservists, and families of military.

**Intake Procedure:** By appointment; walk ins seen only on Wednesday between 8:00 am and 10:00 am. Phone or go online for information.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-11:00am and 1:00 pm-4:30 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Marine Corps Legal Assistance Office

**Program/Service Name:** Military Justice, Marine Corps Legal Assistance Office

North Central 3700 Chosin Avenue, Building 12

San Diego, CA 92140

**Website:** [www.mcrdsd.usmc.mil/legal/legalasst.htm](http://www.mcrdsd.usmc.mil/legal/legalasst.htm)

**Phone:** (619) 524-4098

**Description:** Handles criminal prosecutors for the Marine Corps Recruit Depot as well as the Western Recruiting Region. Also responsible for advising commanders on the Depot and throughout the Western Recruiting Region on all matters criminal.

**Target Population:** Military

**Eligibility:** Limited to military commanders.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 8:30 am-11:00 am and 1:00 pm-4:30 pm Monday-Friday

**Areas Served:** All Areas.

**Agency Name:** Marine Corps Legal Assistance Office

**Program/Service Name:** Tax Assistance, Marine Corps Legal Assistance Office

North Central 3700 Chosin Avenue, Building 12

San Diego, CA 92140

**Website:** [www.mcrdsd.usmc.mil/legal/legalasst.htm](http://www.mcrdsd.usmc.mil/legal/legalasst.htm)

**Phone:** (619) 524-4110

**Description:** Provides information and assistance for electronically filing federal and state income taxes. Participants should bring: All W-2 forms, all 1099s (interest), 1099 G (state refund), 1098 (mortgage), tax return (if it's possible), legal names, birth dates, and social security numbers for taxpayer, spouse, and all dependents, all education expenses, childcare expenses with names, addresses and ID numbers of providers, routing number for savings or checking account for direct deposit of refund.

**Target Population:** Military

**Eligibility:** Limited to active and retired military, reservists, and families of military.

**Intake Procedure:** Walk in.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday, Tuesday, Thursday, Friday and 7:30 am-6:30 pm Wednesday/Program Hours 8:30 am-11:00 am and 1:00 pm-4:30 pm Monday-Friday/ Office Hours

**Areas Served:** All Areas.



**Agency Name:** MarineParents.com, Inc

**Program/Service Name:** Connect & Share, MarineParents.com, Inc.

3208 LeMone Industrial Boulevard

Columbia, MO65201

**Website:** [www.marineparents.com](http://www.marineparents.com)

**Phone:** (573) 449-2003 Business Office

**Description:** MarineParents.com was founded on the philosophy of a Place to Connect & Share, giving families many options to communicate with other Marine Corps families. The message boards and chat rooms have supported thousands of parents in the past five years. The network of local support groups has helped hundreds of families connect with one another in their own communities. Marine parents can learn how to start their own local support group with online helpful tips.

**Target Population:** Military

**Eligibility:**

**Intake Procedure:** Phone or online.

**Fees:**

**Hours of Operation:** 24 hours, 7 days week

**Areas Served:** All Areas.



**Agency Name:** MCB Camp Pendleton

**Program/Service Name:** Prescription Take Back Program, MCB Camp Pendleton, Front Gate

North Central Front Gate

Oceanside, CA 92057

**Website:**

**Phone:** (760) 725-4111

**Description:** Prescription drug take-back efforts in San Diego County to dispose of prescription drugs. Prescription drop off boxes are installed throughout the county at various Sheriff's offices.

**Target Population:** Military

**Eligibility:** Military only.

**Intake Procedure:** Walk-in.

**Fees:**

**Hours of Operation:** 10:00 am-2:00 pm Saturday

**Areas Served:**



**Agency Name:** MCB Camp Pendleton

**Program/Service Name:** Prescription Take Back Program, MCB Camp Pendleton, Naval Hospital

North Central Naval Hospital (27 area)

Oceanside, CA92057

**Website:**

**Phone:**

**Description:** Prescription drug take-back efforts in San Diego County to dispose of prescription drugs. Prescription drop off boxes are installed throughout the county at various Sheriff's offices.

**Target Population:** Military

**Eligibility:** Military only.

**Intake Procedure:** Walk-in.

**Fees:**

**Hours of Operation:** 10:00 am-2:00 pm Saturday

**Areas Served:** All areas.



**Agency Name:** MCB Camp Pendleton

**Program/Service Name:** Prescription Take Back Program, MCB Camp Pendleton, San Onofre

North Central San Onofre Collection Site (51Area)

Oceanside, CA92057

**Website:**

**Phone:**

**Description:** Prescription drug take-back efforts in San Diego County to dispose of prescription drugs. Prescription drop off boxes are installed throughout the county at various Sheriff's offices.

**Target Population:** Military

**Eligibility:** Military only.

**Intake Procedure:** Walk-in.

**Fees:**

**Hours of Operation:** 10:00 am-2:00 pm Saturday

**Areas Served:**

**Agency Name:** Mental Health Systems, Inc.

**Program/Service Name:** Club Vet

East 8790 Cuyamaca Street, Suite D

Santee, CA 92071

**Website:** [www.mhsinc.org/](http://www.mhsinc.org/)

**Phone:** (619) 449-5513

**Description:** Club Vet is a (Homeless Veterans Reintegration Program); designed by Veterans for Veterans. Provides employment services for (Unemployed Homeless Veterans); services offered: Job Development, Resume Writing, Job training, Job placement assistance, Job related tools & clothing, Housing referral assistance, and Veterans' Administration referrals.

**Target Population:** Military - Veterans

**Eligibility:** All veterans except those with a dishonorable discharge.

**Intake Procedure:** Phone for assessment.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** El Cajon, Lemon Grove, San Diego, Santee, Spring Valley Downtown San Diego  
East Lemon Grove



**Agency Name:** Mental Health Systems, Inc.

**Program/Service Name:** Courage to Call, Mental Health Systems, Inc.

North Central

**Website:** [www.mhsinc.org/couragetocall](http://www.mhsinc.org/couragetocall)

**Phone:**

**Description:** (877) 698-7838 - A countywide program that provides a veteran staffed 24/7 toll free helpline for Veterans, Active Duty, Reservists, National Guard and their families. Confidential information, guidance, and referrals to help reduce the stress associated with military/family life and rejoining the community when discharged from the military.

**Target Population:** Military - Veterans

**Eligibility:** Anyone in the Military, Veterans, Military Personnel/Contractors, Active Military, Military Reserves, Retired Military.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** Helpline is available 24 hours 7 days a week

**Areas Served:** All areas throughout San Diego County.



**Agency Name:** Mental Health Systems, Inc.

**Program/Service Name:** Family Forces, Mental Health Systems, Inc.

North Inland 940 East Valley Parkway Suite D

Escondido, CA 92025

**Website:** [www.mhsinc.org/](http://www.mhsinc.org/)

**Phone:** (760) 300-3313

**Description:** Provides military families with individual, family, group or couples counseling.

**Target Population:** Military

**Eligibility:** Military families, Active Military, Retired Military.

**Intake Procedure:** Phone or walk-in.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:** All areas.

**Agency Name:** Military Homes Today

**Program/Service Name:** Military Homes Today Website

**Website:**

[www.militaryhomestoday.com/MilitarySearch/CorporateSearchResult.aspx?City=CA&lat=&lng=&Beds=-1&Baths=-1&distance=&Community=](http://www.militaryhomestoday.com/MilitarySearch/CorporateSearchResult.aspx?City=CA&lat=&lng=&Beds=-1&Baths=-1&distance=&Community=)

**Phone:**

**Description:** Provides a website for military families who are searching for housing and wish to relocate to a different state in the United States.

**Target Population:** Military - Active

**Eligibility:** Active Duty Navy, Marine Corps, Army, Air Force, United States Coast Guard and National Guard with dependents.

**Intake Procedure:** Online.

\*\*\*To view local military housing information, please search for Lincoln Military Housing in the database.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week

**Areas Served:**

**Agency Name:** Military Law Task Force

**Program/Service Name:** Military Law Task Force

730 North First Street

San Jose, CA95112

**Website:** [www.nlgmltf.org](http://www.nlgmltf.org)

**Phone:** (619) 463-2369

**Description:** Assists those working on military law issues as well as military law counselors working directly with GIs. It trains and mentors counselors and beginning military law attorneys in all aspects of military law through training materials and direct communication. It updates changes in military law and policy.

**Target Population:** Military

**Eligibility:** Those interested in military law and counselors that work directly with the military and veteran population. Membership in the MLTF is open to all members of the National Lawyers Guild (NLG).

MLTF dues are \$25 annually.

**Intake Procedure:** Phone or write to:

Military Law Task Force

730 N. First Street

San Jose , CA 95112

Those interested in becoming members of the Military Law Taskforce may download application at: <http://nlgmltf.org/wp/wp-content/uploads/2009/09/MLTF-MembershipFormRevised.pdf>

**Fees:** \$25 membership dues.

**Hours of Operation:**

**Areas Served:**



**Agency Name:** Military OneSource

**Program/Service Name:** Military OneSource

3311 East Old Shakopee Road

Minneapolis, MN55425

**Website:** [www.militaryonesource.com](http://www.militaryonesource.com)

**Phone:** (800) 342-9647

**Description:** Military OneSource is provided at no cost by the Department of Defense to all active duty, Guard and Reserve members, and their families. The 24/7 service provides information and referrals plus private, local face-to-face counseling.

**Target Population:** Military

**Eligibility:** Active duty, Reserve, National Guard members, and their families, as well as deployed civilians and their families. There are no geographic restrictions.

**Intake Procedure:** Phone or online.

**Fees:** No fees.

**Hours of Operation:** 7:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Military OneSource

**Program/Service Name:** TroopTube

**Website:** [www.trooptube.tv/home](http://www.trooptube.tv/home)

**Phone:**

**Description:** Provides a website where the military community can post videos to send messages to family members or other members of the military community anywhere internet connection is available. Trooptube works similar to youtube. You must sign up with your name and email to upload videos and agree to the Terms of Use and Privacy Policy.

**Target Population:** Military

**Eligibility:** Not limited.

**Intake Procedure:** Online to sign up, view, and upload videos.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:** All Areas



**Agency Name:** Miracosta College

**Program/Service Name:** Veterans Services, Miracosta College

North Coastal One Barnard Drive, Building 3300

Oceanside, CA 92056

**Website:** [www.miracosta.edu](http://www.miracosta.edu)

**Phone:** (760) 757-8787 ext. 6288

**Description:** Provides VA benefits information and general information and referral to services designed to assist veterans in pursuing an education. Counseling is available through the campus counseling office.

**Target Population:** Military - Veterans

**Eligibility:** Ages 18 years and older or a high school graduate. Must be a veteran, veteran's dependent, or reservist intending to apply for VA educational benefits.

**Intake Procedure:** Phone, go online, or walk in.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-7:00 pm Monday-Thursday and 8:00 am-2:00 pm Friday

**Areas Served:** Cardiff by the Sea, Carlsbad, Del Mar, Encinitas, Fallbrook, Oceanside, San Marcos, Solana Beach, Vista, Carmel Valley

**Agency Name:** Mission Continues

**Program/Service Name:** Fellowship Program

1141 South 7th Street

St Louis, MO63104

**Website:** [www.missioncontinues.org/Programs/fellows/apply](http://www.missioncontinues.org/Programs/fellows/apply)

**Phone:**

**Description:** Post-9/11 veterans are awarded fellowships with nonprofit organizations, providing tangible goods and services to the community. A typical fellowship lasts 14-28 weeks, during which the Fellow receives a living stipend.

**Target Population:** Military - Veterans

**Eligibility:** - Limited to wounded and disabled veterans.

- Service in the United States Armed Forces after September 11, 2001.

- Injury, wounds, disability, or disease that prevents further service in the military and a rating with the Veteran's Administration

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**Intake Procedure:** Fill out the Fellowship Application online at:

[http://www.missioncontinues.org/system/storage/182/1826/Fellowship\\_Application\\_2010b.doc](http://www.missioncontinues.org/system/storage/182/1826/Fellowship_Application_2010b.doc). All application should be completed in full and in a professional manner. This is a competitive program and all materials will be considered during the evaluation process. All questions should be emailed.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)



**Agency Name:** Murphy Canyon Youth Center

**Program/Service Name:** Youth Center, Murphy Canyon Youth Center

North Central 4867 Santo Road

San Diego, CA 92124

**Website:**

**Phone:** (619) 556-6165

**Description:** Provides Tiny Tot preschool for children who are military dependents ages 3 to 5. Before and after school care is offered for children ages 5 to 11. Day camp is offered for children ages 5 to 11 during the summer. Also offers recreational activities for youth after school.

**Target Population:** Military - Active

**Eligibility:** Children ages 3 to 17. Must be a dependent of active duty or DOD employee.

**Intake Procedure:** Phone.

**Fees:** Fees varies depending on type of service.

**Hours of Operation:** 6:00 am- 6:00pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** National Association of Child Care Resource & Referral Agency

**Program/Service Name:** Military Child Care, National Association of Child Care Resource and Referral Agency

1515 N. Courthouse Road, 11th floor

Arlington, VA22201

**Website:** <http://www.naccrra.org/MilitaryPrograms/army/>

**Phone:** (800) 424-2246

**Description:** The National Association of Child Care Resource and Referral agency has partnerships with several branches of the military including the U.S. Army, Navy, Air Force and Marine services. They provided access to child care resources as well as many financial assistance programs for those in the military. They have information for both parents and families in the military as well as information for child care providers.

**Target Population:** Military

**Eligibility:** Participants or families of those in the the U.S. Army, Navy, Air Force and Marine services.

**Intake Procedure:** Phone or online.

**Fees:**

**Hours of Operation:** 8:30 am-5:00 pm (EST) Monday-Friday

**Areas Served:**

**Agency Name:** National Gulf War Resource Center, Inc.

**Program/Service Name:** Veterans Claims Assistance,

2611 Southwest 17th Street

Topeka, KS66604

**Website:** [www.ngwrc.org](http://www.ngwrc.org)

**Phone:** (866) 531-7183

**Description:** Legal consultation and assistance with VA Disability Claims, Appeals, and Representation. Networks and connections with other organizations that specialize in VA Disability filing, Active Duty representation, discharge upgrades, etc.

**Target Population:** Military - Veterans

**Eligibility:** All branches of Veterans

OEF/OIF Veterans

Operation Iraqi Freedom

Operation Enduring Freedom

Army

Navy

Marines

USMC

National Guard

Coast Guard

Air Force

**Intake Procedure:** Phone or walk in for appointment.

**Fees:** Membership Fees.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:**

**Agency Name:** National Lawyers Guild Military Legal Clinic

**Program/Service Name:** Military Legal Information

Central

**Website:**

**Phone:** (619) 233-1701

**Description:** Provides limited counseling for active duty military personnel facing legal or administrative problems without proper legal support or representation. Offers counseling concerning administrative discharges; HIV/AIDS-related military legal problems including medical disability proceedings, voluntary separation, complaints about discrimination and breaches of confidentiality, "unsafe sex" prosecutions, and other issues; court materials and non-judicial punishment (captain's masts or office hours); administrative problems; complains of discrimination or harassment; and redress of grievances. Provides information for veterans about discharge upgrades. Where representation or more extensive counseling is needed, referrals will be made to attorneys who handle military cases. Clients are seen at member's offices, primarily in Central San Diego area. Telephone counseling is available outside the region when local referrals cannot be provided.

**Target Population:** Military

**Eligibility:** Must be military personnel or veterans.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees charged. Donations accepted for counseling.

**Hours of Operation:** By appointment only.

**Areas Served:** All Areas.

**Agency Name:** National Native American Veterans Association

**Program/Service Name:** Assistance with Veterans Claims

3903 County Road 382

San Antonio, CA78253

**Website:** <http://www.nnava.org>

**Phone:** (210) 679-6721

**Description:** Provides the Native American Veteran representation and assistance in dealing with the Department of Veteran Affairs. Over the Phone Information and Counseling.

**Target Population:** Military - Veterans

**Eligibility:** Any Veteran, Native or not, but primary focus is on the Native American Veteran.

OEF/OIF Veterans

Operation Iraqi Freedom

Operation Enduring Freedom

Army

Navy

Marines

USMC

National Guard

Coast Guard

Air Force

**Intake Procedure:** No San Diego Chapter, over the phone service only.

**Fees:**

**Hours of Operation:** 9:00 am-5:00 pm Monday-Friday

**Areas Served:**

**Agency Name:** National Resource Directory

**Program/Service Name:** National Resource Directory

**Website:** [www.nationalresourcedirectory.gov](http://www.nationalresourcedirectory.gov)

**Phone:**

**Description:** The National Resource Directory (NRD) is a website for wounded, ill and injured Service Members, Veterans, their families and those who support them. It provides access to services and resources at the national, state and local levels to support recovery, rehabilitation and community reintegration. Visitors can find information on a variety of topics including benefits & compensation, education & training, employment, family & caregiver support, health, homeless assistance, housing, transportation & travel and other services & resources.

**Target Population:** Military

**Eligibility:** Not limited. However, the service is intended for wounded, ill and injured Service Members, Veterans, their families and those who support them.

**Intake Procedure:** Online: [www.nationalresourcedirectory.gov](http://www.nationalresourcedirectory.gov).

**Fees:**

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:** All Areas.



**Agency Name:** National Suicide Prevention Lifeline

**Program/Service Name:** Veterans Suicide Prevention Lifeline, National Suicide Prevention Lifeline

50 Broadway, 19th Floor

New York, NY10004

**Website:** [www.suicidepreventionlifeline.org/veterans](http://www.suicidepreventionlifeline.org/veterans)

**Phone:** (800) 273-8255 or (800) 273-TALK

**Description:** VA Counselors available to confidentially help Vets in an emotional crisis. Family/friends welcome to call. Callers who dial 1-800-273-8255 and press 1 to indicate they are a Veteran will be routed to the Vet's Hotline staff.

**Target Population:** Military - Veterans

**Eligibility:** Active Duty, Veterans, and their family and friends.

**Intake Procedure:** Phone.

**Fees:**

**Hours of Operation:** 24 hours a day, 7 days a week

**Areas Served:** All Areas.

**Agency Name:** National Veterans Transition Services, Inc.

**Program/Service Name:** Reboot Workshop Transitioning America's Heroes

North Central 4141 Camino Del Rio South, Suite 318

San Diego, CA 92108

**Website:** [www.nvt.si.org](http://www.nvt.si.org)

**Phone:** (866) 535-7624

**Description:** Provides early-stage cognitive-behavioral educational intervention, to help veterans "re-boot" from military programming; helps veterans transition successfully from the battle front to the home front; assists veterans in developing a successful reentry plan; helps minimize the effects of stress associated with service; addresses social problems at their root cause; helps transfer military training to California's labor force; and creates an effective model that can be replicated nationally that complements existing services.

**Target Population:** Military - Veterans

**Eligibility:** Veterans of all wars and anyone separating from military service and looking to plan a successful transition.

**Intake Procedure:** Phone or register online at [reboot@nvt.si.org](mailto:reboot@nvt.si.org).

**Fees:** No fees.

**Hours of Operation:** 9:00 am-4:00 pm Monday-Friday

**Areas Served:**



**Agency Name:** Naval Council of Personnel Boards

**Program/Service Name:** Discharge Reviews, Correction of Military Records, Naval Council of Personal Boards

**Website:** [www.donhq.navy.mil/corb/ndrb/NDRB%20Application%20Submission.htm](http://www.donhq.navy.mil/corb/ndrb/NDRB%20Application%20Submission.htm)

**Phone:** (619) 400-0070

**Description:** Discharge Reviews, Correction of Military Records, assist a claimant request a change or upgrade in the character of his or her

discharge from service, and how to request other corrections of the military record when necessary.

**Target Population:** Military - Veterans

**Eligibility:**

**Intake Procedure:** Online.

**Fees:**

**Hours of Operation:** 24 hours, 7 days a week online

**Areas Served:** All Areas.



**Agency Name:** Naval Medical Center, San Diego

**Program/Service Name:** ADHD Parent Support Group

Central 34800 Bob Wilson Drive

San Diego, CA 92134

**Website:** [www.nmcsd.med.navy.mil](http://www.nmcsd.med.navy.mil)

**Phone:** (619) 532-5666

**Description:** Parent support group allows parents of children with ADHD or other behavioral disorders share their experiences and learn how to cope with this problem. Skills taught include: diagnosis education, problem solving, and behavior modification strategies.

**Target Population:** Military

**Eligibility:** Limited to military families of children ages 5 to 10 years with ADHD or other behavioral disorders.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 4:00 pm-5:00 pm Tuesday

**Areas Served:** All Areas.



**Agency Name:** Naval Medical Center, San Diego

**Program/Service Name:** Behavior Modification Group For Parents

Central 34800 Bob Wilson Drive

San Diego, CA 92134

**Website:** [www.nmcsd.med.navy.mil](http://www.nmcsd.med.navy.mil)

**Phone:** (619) 532-5666 Child/Adolescent Mental Health

**Description:** Provides information on principles of positive feedback to reward desirable behavior in children. Six sessions cover changing and sorting behaviors, praise and ignoring, and setting limits and problem solving.

**Target Population:** Military

**Eligibility:** Limited to military personnel and their families with Tricare Prime or Tricare Standard.

**Intake Procedure:** Phone or walk in.

**Fees:** No fees.

**Hours of Operation:** 5:30 pm-7:30 pm Thursday

**Areas Served:** All Areas.

**Agency Name:** Naval Medical Center, San Diego

**Program/Service Name:** Naval Medical Center, San Diego

Central 34800 Bob Wilson Drive

San Diego, CA 92134

**Website:** [www.nmcsd.med.navy.mil](http://www.nmcsd.med.navy.mil)

**Phone:** (619) 532-6400

**Description:** A full-service naval medical center including a 24-hour emergency room for military personnel and their families (the Medical Center is part of the County Disaster System). Services offered include, but are not limited to, the following: a 4-week residential rehabilitation program at Point Loma; audiology; cancer treatment; child abuse services; dental; dialysis; eating disorders; eye care; mental health services; nutrition; occupational, physical, and speech therapy; parenting programs; perinatal services; sleep disorders; social services; spine center; and weight control services. Also provides HIV testing, counseling, and follow-up.

**Target Population:** Military

**Eligibility:** Active or retired military and their families.

**Intake Procedure:** Phone or walk in.

**Fees:** No fees.

**Hours of Operation:** 7:00 am-3:15 pm Monday-Friday (HIV Program)

**Areas Served:** All Areas.



**Agency Name:** Naval Medical Center, San Diego

**Program/Service Name:** Senior Peer Counseling

Central34800 Bob Wilson Drive

San Diego, CA92134

**Website:** [www.nmcsd.med.navy.mil](http://www.nmcsd.med.navy.mil)

**Phone:** (619) 532-6528

**Description:** Offers to seniors ages 60 and over the assistance of a volunteer visiting Senior Peer Counselor to discuss issues that may be troubling. The Senior Peer Counselor (also age 60 and over) is trained to be a good, non-judgmental listener who can offer assistance in overcoming problems and provide direction to appropriate resources that can provide possible answers. Solutions are not provided, but help in finding solutions is provided. All information shared is confidential.

**Target Population:** Military

**Eligibility:** Seniors ages 60 and over who are eligible to receive services at Naval Medical Center San Diego. In some cases, seniors ages 55 to 59 may be accepted.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** Hours vary. Call for information.

**Areas Served:** All Areas.



**Agency Name:** Naval Medical Center, San Diego

**Program/Service Name:** Substance Abuse Rehabilitation Department

Central 34800 Bob Wilson Drive

San Diego, CA 92134

**Website:** [www.nmcsd.med.navy.mil](http://www.nmcsd.med.navy.mil)

**Phone:** (619) 532-6052

**Description:** Operates a residential alcohol and drug treatment program with 1 year of aftercare.

**Target Population:** Military

**Eligibility:** Ages 18 years and older.

**Intake Procedure:** Phone.

**Fees:** No fees charged. Meals are \$4/day at residential facility.

**Hours of Operation:** 7:00 am-4:00 pm Monday-Friday (Office)

**Areas Served:** All Areas.

**Agency Name:** Navy Legal Assistance Office

**Program/Service Name:** Legal Assistance, Navy Legal Assistance Office

Central3395 Sturtevant Street, Suite 2

San Diego, CA92136

**Website:** [www.jag.navy.mil](http://www.jag.navy.mil)

**Phone:** (619) 556-1663

**Description:** Services provided include preparation of basic wills, powers of attorney, uncontested marital dissolution, stepparent adoptions, notarization, and other basic legal documents. Legal advice may be dispensed in a variety of areas including contracts, court offenses, domestic relations, adoptions, minor civilian criminal offenses, general tax information (including coordinating the electronic tax filing program), landlord/tenant disputes, consumer law, bankruptcy, fair credit practices, debt collection, California Small Claims Court practice, and mediation. Participates in the Extended Legal Assistance Program and can provide in-court representation in approved cases.

**Target Population:** Military

**Eligibility:** Must be active duty military personnel, families of military personnel, or retired military personnel.

**Intake Procedure:** Phone for appointment or walk in for emergencies, notary, and power-of-attorney services.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday/Program Hours 7:30 am-4:30 pm Monday-Friday/Office Hours

**Areas Served:** All Areas.



**Agency Name:** Navy Personnel Command

**Program/Service Name:** Navy Personnel Command

5720 Integrity Drive

Millington, Tennessee0

**Website:** <http://www.npc.navy.mil/Channels/>

**Phone:** (866) 827-5672

**Description:** Provides a information and referral line as well as website for Navy personnel and their families that gives information on supportive services to help with personal goals and improve their quality of life. Services can include but are not limited to; records, support programs and services, form and application assistance.

**Target Population:** Military

**Eligibility:** Navy personnel and family.

**Intake Procedure:** Phone.

**Fees:** No Fees.

**Hours of Operation:** 5:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.

**Agency Name:** Navy-Marine Corps Relief Society, San Diego

**Program/Service Name:** Financial Assistance Counseling

North Coastal Building 1121

Camp Pendleton, CA92055

**Website:** [www.nmcrs.org](http://www.nmcrs.org)

**Phone:** (760) 725-5337

**Description:** Provides financial assistance as interest-free loans and/or grants to help with emergency needs such as funeral expenses, medical/dental bills, emergency transportation, childcare expenses, essential vehicle repairs, and basic living expenses (food, rent, utilities). Offers budget and financial management information and/or counseling. Also offers a "Budget for Baby" class that includes a free layette package upon course completion.

**Target Population:** Military

**Eligibility:** No age limitations. Must have valid military ID card. The civilian spouse of a member of the military who is on deployment (or otherwise absent) must have power of attorney from the spouse who is in the military to obtain financial assistance.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees charged.

**Hours of Operation:** 8:00am - 4:30pm Monday - Wednesday & Friday, 8:00am - 2:45pm Thursday

**Areas Served:** All Areas

**Agency Name:** Navy-Marine Corps Relief Society, San Diego

**Program/Service Name:** Financial Assistance Counseling, Miramar Marine Corps Air Station

North Central Elrod Avenue, Building 2273

San Diego, CA 92145

**Website:** No fees charged.

**Phone:** (858) 577-1807

**Description:** Provides financial assistance as interest-free loans and/or grants to help with emergency needs such as funeral expenses, medical/dental bills, emergency transportation, childcare expenses, essential vehicle repairs, and basic living expenses (food, rent, utilities). Offers budget and financial management information and/or counseling. Also offers a "Budget for Baby" class that includes a free layette package upon course completion.

**Target Population:** Military

**Eligibility:** No age limitations. Must have valid military ID card. The civilian spouse of a member of the military who is on deployment (or otherwise absent) must have power of attorney from the spouse who is in the military to obtain financial assistance.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees charged.

**Hours of Operation:** 8:00am - 4:00pm Monday - Friday

**Areas Served:** All Areas

**Agency Name:** Navy-Marine Corps Relief Society, San Diego

**Program/Service Name:** Financial Assistance Counseling, Marine Corps Recruit Depot

North Central Building 26

San Diego, CA 92140

**Website:** [www.nmscrs.org](http://www.nmscrs.org)

**Phone:** (619) 524-5734

**Description:** Provides financial assistance as interest-free loans and/or grants to help with emergency needs such as funeral expenses, medical/dental bills, emergency transportation, childcare expenses, essential vehicle repairs, and basic living expenses (food, rent, utilities). Offers budget and financial management information and/or counseling. Also offers a "Budget for Baby" class that includes a free layette package upon course completion.

**Target Population:** Military

**Eligibility:** No age limitations. Must have valid military ID card. The civilian spouse of a member of the military who is on deployment (or otherwise absent) must have power of attorney from the spouse who is in the military to obtain financial assistance.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees charged.

**Hours of Operation:** 8:30am - 4:00pm Monday - Friday

**Areas Served:** All Areas

**Agency Name:** Navy-Marine Corps Relief Society, San Diego

**Program/Service Name:** Financial Assistance Counseling, Naval Air Station North Island

SouthBuilding 318-W

San Diego, CA92135

**Website:** [www.nmcrs.org](http://www.nmcrs.org)

**Phone:** (619) 435-8786

**Description:** Provides financial assistance as interest-free loans and/or grants to help with emergency needs such as funeral expenses, medical/dental bills, emergency transportation, childcare expenses, essential vehicle repairs, and basic living expenses (food, rent, utilities). Offers budget and financial management information and/or counseling. Also offers a "Budget for Baby" class that includes a free layette package upon course completion.

**Target Population:** Military

**Eligibility:** No age limitations. Must have valid military ID card. The civilian spouse of a member of the military who is on deployment (or otherwise absent) must have power of attorney from the spouse who is in the military to obtain financial assistance.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees charged.

**Hours of Operation:** 8:00am - 4:30pm Monday - Friday

**Areas Served:** All Areas



**Agency Name:** Navy-Marine Corps Relief Society, San Diego

**Program/Service Name:** Financial Assistance Counseling, Naval Station San Diego

Central Naval Station San Diego Thirty Second Street, Building 270

San Diego, CA 92136

**Website:** [www.nmcrs.org](http://www.nmcrs.org)

**Phone:** (619) 238-1587

**Description:** Provides financial assistance as interest-free loans and/or grants to help with emergency needs such as funeral expenses, medical/dental bills, emergency transportation, childcare expenses, essential vehicle repairs, and basic living expenses (food, rent, utilities). Offers budget and financial management information and/or counseling. Also offers a "Budget for Baby" class that includes a free layette package upon course completion.

**Target Population:** Military

**Eligibility:** No age limitations. Must have valid military ID card. The civilian spouse of a member of the military who is on deployment (or otherwise absent) must have power of attorney from the spouse who is in the military to obtain financial assistance.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees charged.

**Hours of Operation:** 8:00am - 4:30pm Monday - Friday

**Areas Served:** All Areas

**Agency Name:** Navy-Marine Corps Relief Society, San Diego

**Program/Service Name:** Financial Assistance Counseling, San Onofre

North Coastal School of Infantry, Bldg 520512

Camp Pendleton, CA92055

**Website:** [www.nmcrs.org](http://www.nmcrs.org)

**Phone:** (760) 725-7497

**Description:** Provides financial assistance as interest-free loans and/or grants to help with emergency needs such as funeral expenses, medical/dental bills, emergency transportation, childcare expenses, essential vehicle repairs, and basic living expenses (food, rent, utilities). Offers budget and financial management information and/or counseling. Also offers a "Budget for Baby" class that includes a free layette package upon course completion.

**Target Population:** Military

**Eligibility:** No age limitations. Must have valid military ID card. The civilian spouse of a member of the military who is on deployment (or otherwise absent) must have power of attorney from the spouse who is in the military to obtain financial assistance.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees.

**Hours of Operation:** 8:30 am-4:00 pm Monday-Wednesday & Friday, 8:30 am-2:30 pm Thursday

**Areas Served:** All Areas



**Agency Name:** Navy-Marine Corps Relief Society, San Diego

**Program/Service Name:** Thrift Shop, Camp Pendleton, Navy-Marine Corps Relief Society, San Diego

North Coastal Navy and Marine Corps, Building 1121

Camp Pendleton, CA92055

**Website:** [www.nmcrs.org](http://www.nmcrs.org)

**Phone:** (760) 725-1800

**Description:** Enables service members and their families to purchase used clothing, uniforms, and household items at nominal cost. All proceeds go back to the NMCRS. Staffed by volunteers.

**Target Population:** Military

**Eligibility:** No age limitations. Must have military ID card.

**Intake Procedure:** Walk-in or phone for hours.

**Fees:** Fees vary depending on items purchased.

**Hours of Operation:** 10:00 am-1:00 pm Monday, Tuesday, Thursday & Saturday after the first of the month payday. 8:00 am-4:30 pm Monday- Wednesday and Friday 8:00 am-2:45 pm Thursday (Office Hours)

**Areas Served:** All Areas.



**Agency Name:** Navy-Marine Corps Relief Society, San Diego

**Program/Service Name:** Thrift Shop, San Diego

Central Naval Station San Diego Thirty Second Street, Building 270

San Diego, CA 92136

**Website:** [www.nmcrs.org](http://www.nmcrs.org)

**Phone:** (619) 238-1587

**Description:** Enables service members and their families to purchase used clothing, uniforms, and household items at nominal cost. All proceeds go back to the NMCRS. Staffed by volunteers.

**Target Population:** Military

**Eligibility:** No age limitations. Must have military ID card.

**Intake Procedure:** Walk-in or phone for hours.

**Fees:** Fees vary depending on items purchased.

**Hours of Operation:** Call for hours.

**Areas Served:** All Areas.

**Agency Name:** Navy-Marine Corps Relief Society, San Diego

**Program/Service Name:** Visiting Nurse, Camp Pendleton

North Coastal Navy and Marine Corps, Building 1121

Camp Pendleton, CA92055

**Website:** [www.nmcrs.org](http://www.nmcrs.org)

**Phone:** (760) 725-6731

**Description:** Makes hospital or home visits to eligible clients to improve their quality of life by promoting understanding of information about the individual's health issues. Visits are frequently made to new mothers and infants, to patients recovering from surgery, and to patients with chronic health problems. This program is comprised of both volunteer and paid staff who are registered nurses. Referrals to the program may be made by military or civilian doctors, nurses, or social workers, or the patient may contact the Visiting Nurse directly by calling the local Society office.

**Target Population:** Military

**Eligibility:** No age limitations. Must have military ID card.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 8:00 am- 4:30 pm Monday-Wednesday and Friday 8:00 am-2:45 pm Thursday

**Areas Served:** All Areas.



**Agency Name:** Navy-Marine Corps Relief Society, San Diego

**Program/Service Name:** Visiting Nurse, San Diego

CentralNaval Station San DiegoThirty-Second Street, Building 270

San Diego, CA92136

**Website:** [www.nmcrs.org](http://www.nmcrs.org)

**Phone:** (619) 232-9070

**Description:** Makes hospital or home visits to eligible clients to improve their quality of life by promoting understanding of information about the individual's health issues. Visits are frequently made to new mothers and infants, to patients recovering from surgery, and to patients with chronic health problems. This program is comprised of both volunteer and paid staff who are registered nurses. Referrals to the program may be made by military or civilian doctors, nurses, or social workers, or the patient may contact the Visiting Nurse directly by calling the local Society office.

**Target Population:** Military

**Eligibility:** No age limitations. Must have military ID card.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday/Office Hours

**Areas Served:** All Areas.

**Agency Name:** Navy-Marine Corps Relief Society, San Diego

**Program/Service Name:** Visiting Nurse, San Onofre, School of Infantry, Building 520512

North Coastal School of Infantry, Building 520512

Camp Pendleton, CA92055

**Website:** [www.nmcrs.org](http://www.nmcrs.org)

**Phone:** (760) 725-7497

**Description:** Makes hospital or home visits to eligible clients to improve their quality of life by promoting understanding of information about the individual's health issues. Visits are frequently made to new mothers and infants, to patients recovering from surgery, and to patients with chronic health problems. This program is comprised of both volunteer and paid staff who are registered nurses. Referrals to the program may be made by military or civilian doctors, nurses, or social workers, or the patient may contact the Visiting Nurse directly by calling the local Society office.

**Target Population:** Military

**Eligibility:** No age limitations. Must have military ID card.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 8:30 am-4:00 pm Monday-Wednesday and Friday 8:00 am-2:30 pm Thursday

**Areas Served:** All Areas.

**Agency Name:** Operation Homefront Southern California

**Program/Service Name:** Emergency Assistance for Military Families, Operation Homefront Southern California

**Website:** [www.operationhomefront.net/socal](http://www.operationhomefront.net/socal)

**Phone:** (866) 424-5210

**Description:** Provides emergency financial and other assistance to military families (primarily E1 to E6) to help them deal with the day-to-day issues when a service member is deployed. Also provides assistance to wounded warriors/families (no rank restriction) on active duty or in transition prior to receipt of VA benefits. Services may include emergency car repair (for families with 1 vehicle only), home and appliance repair, supplying refurbished computers, local moving assistance, used furniture, donated vehicles, vision care, baby items, emergency financial assistance and emergency food assistance.

**Target Population:** Military

**Eligibility:** Must have military identification (active military or federally activated reservist or National Guardsman). Service member deployment or combat related wound/injury required for most programs. Serves primarily E1 to E6 active duty military families, including activated reserves and federally activated National Guard. Also offers services to wounded warriors on active duty or in transition prior to receipt of VA benefits.

**Intake Procedure:** Online, via [www.operationhomefront.net/socal](http://www.operationhomefront.net/socal)

**Fees:** No fees.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday; Voicemail available after hours.

**Areas Served:** All Areas.





**Agency Name:** Palomar Community College

**Program/Service Name:** Veterans Services, Palomar Community College

North Coastal 1140 West Mission Road

San Marcos, CA 92069

**Website:** [www.palomar.edu](http://www.palomar.edu)

**Phone:** (760) 744-1150 ext. 2173

**Description:** Provides VA benefits information and general information and referral to services designed to assist veterans in pursuing an education. Counseling is available through the campus counseling office.

**Target Population:** Military - Veterans

**Eligibility:** Ages 18 years and older or a high school graduate. Must be a veteran, veteran's dependent, or reservist intending to apply for VA educational benefits.

**Intake Procedure:** Phone, go online or walk in.

**Fees:** No fees.

**Hours of Operation:** 7:30 am-7:00 pm Monday-Thursday 7:30 am-4:00 pm Friday

**Areas Served:** Camp Pendleton, Cardiff by the Sea, Carlsbad, Del Mar, Encinitas, Escondido, Fallbrook, Julian, Oceanside, Pala, Poway, Ramona, Rancho Santa Fe, San Marcos, Solana Beach, Valley Center, Vista, Rancho Penasquitos, San Dieguito, San Luis Rey, 92061, 92127

**Agency Name:** Pets for Patriots

**Program/Service Name:** Pets for Patriots

**Website:** [www.petsforpatriots.org/ForPatriots/BecomeamemberPatriot.aspx](http://www.petsforpatriots.org/ForPatriots/BecomeamemberPatriot.aspx)

**Phone:** (877) 473-8223

**Description:** Offers pet adoptions to Pets for Patriots member Patriots in San Diego county and will assist them in selecting their new best friend.

**Target Population:** Military

**Eligibility:** Any current or former member of the U.S. military may apply to Pets for Patriots to become a member Patriot, and joining is free. Accept applications from men and women at all stages of their military careers:

- \* Active
- \* Reserve
- \* Inactive reserve
- \* Veteran
- \* Retired
- \* National guard

Anyone who has served or is serving in any U.S. military service branch is eligible for membership:

- \* Army
- \* Marine Corps
- \* Navy
- \* Air Force

\* Coast Guard

**Intake Procedure:** 1. Apply to become a member Patriot

2. Send a copy of your military ID, or, if retired or veteran, your DD214; you may send by email, fax or snail mail

3. Once you receive an official membership confirmation email from us, take it to a participating shelter near you for help choosing an eligible pet.

Eligible animal shelters include:

County of San Diego Department of Animal Services (San Diego, Carlsbad, Bonita)

Rancho Coastal Humane Society - Encinitas

\*To find locations and phone numbers, please run a search by shelter name.

**Fees:** No fees, however donations are accepted.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:**

**Agency Name:** PGBA, LLC

**Program/Service Name:** Tricare West Health Care Alliance, PGBA, LLC

**Website:** [www.triwest.com](http://www.triwest.com)

**Phone:** (888) 874-9378 (TRIWEST)

**Description:** Provides information about the functions of Tricare programs (health insurance for military). Assists individuals with determining eligibility and claim-filing procedures.

Will assist with the following Health care plans options: Continued Health Care; Benefit Program (CHCBP); Dental Services; Federal Long; Term Care Insurance; Military Reserves; Pharmacy Options; Extended Care Health Option (ECHO); Supplemental Health Care Program (SHCP); TRICARE Extra; TRICARE Plus; TRICARE Prime; and TRICARE Prime Remote for Active Duty Family Members (TPRADFM); TRICARE Prime Remote Program (TPRP); TRICARE For Life (TFL); TRICARE Standard; and Uniformed Services Family Health Plan (USFHP).

**Target Population:** Military

**Eligibility:** The TRICARE programs are available to family members of active duty military service members and also to military retirees and their dependents. These dependents include:

- Spouses
- Unmarried children under age 21
- Unmarried children under age 23 who are full-time students
- Stepchildren adopted by the sponsor

Those who are eligible must be listed in the Defense Department's worldwide, computerized database, the Defense Enrollment Eligibility Reporting System (DEERS).

**Intake Procedure:** Phone or go online for more information.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-6:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Purple Star Veterans and Families

**Program/Service Name:** Purple Star Veterans and Families

Not available.

**Website:** [www.veteransandfamilies.org/home.html](http://www.veteransandfamilies.org/home.html)

**Phone:**

**Description:** Offers a website with information about resources for veterans and their families. This program is a community service and support organization, founded and directed by Veterans, parents, grandparents, family members, employers, mental health professionals, academics, philanthropists and community leaders. Publishes Homecoming Preparedness Guides (in both English and Spanish) to help Veterans and their immediate and extended family members transition from military to civilian life.

**Target Population:** Military - Veterans

**Eligibility:** Not limited. However information and resources are targeted to Veterans and their families.

**Intake Procedure:** Online.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:**

**Agency Name:** Rape, Abuse & Incest National Network (RAINN)

**Program/Service Name:** Department of Defense (DoD) Safe Helpline

2000 L Street NW Suite 406

Washington, D.C. 20036

**Website:** <https://www.safehelpline.org/>

**Phone:** (877) 995-5247 to speak with Safe Helpline staff for personalized advice and support

**Description:** Safe Helpline is a crisis support service for members of the DoD (Military, Army, Navy, Marine, Air Force, Coast Guard, National Guard) community affected by sexual assault. Safe Helpline provides live, one-on-one advice, support, and information to the worldwide DoD community through a confidential phone line, secure instant-messaging and SMS/text messaging format at SafeHelpline.org. The service is anonymous, secure, and available 24/7 "providing victims with the help they need, anytime, anywhere."

**Target Population:** Military

**Eligibility:** Members of the Department of Defense community affected by sexual assault. Including members of the Army, Navy, Marine, Air Force, Coast Guard, and National Guard.

**Intake Procedure:** Phone, Online (Chat) or Text. To request information via text (SMS) messaging text your zip code or installation or base name to 55-247 (inside the U.S.) or 202-470-5546 (outside the U.S.) and Safe Helpline will text back contact information for the SARC on your installation or base.

**Fees:** No fees.

**Hours of Operation:** 24 hours a day 7 days a week

**Areas Served:** All Areas.



**Agency Name:** Rapids Site Locator

**Program/Service Name:** Rapids Site Locator

**Website:** <http://www.dmdc.osd.mil/rsl/owa/home>

**Phone:**

**Description:** Website that provided by the military that contains a search engine for locating U.S. military bases.

**Target Population:** Military

**Eligibility:** No restrictions.

**Intake Procedure:** Online.

**Fees:**

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:**

**Agency Name:** San Diego Job Corps

**Program/Service Name:** Vets Demonstration Project, San Diego Job Corps Center

1325 Iris Avenue

Imperial Beach, CA95832

**Website:** <http://www.jobcorps.gov/vets.aspx>

**Phone:** (619) 429-8500

**Description:** Assists Veterans who are transitioning from the military to starting a new career. Job Corps offers hands-on training to eligible 16- through 24-year-olds in over 100 of America's fastest-growing careers (Advanced manufacturing, Automotive and Machine Repair, Construction, Finance and Business, Health Care, Homeland Security, Hospitality, Information Technology, Renewable Resources, Retail Sales and Services, Transportation and more). After training, Job Corp staff will work with Veterans to find a job for up to 21 months. Veterans receive priority enrollment at all Job Corps centers. While they may attend any Job Corps center in the nation, there are three centers that offer dorm areas exclusively for Veterans. They will be living among other Veterans who are also transitioning from the military to civilian life. Those centers are:

Atterbury Job Corps Center in Edinburgh, Indiana

Earle C. Clements Job Corps Center in Morganfield, Kentucky

Excelsior Springs Job Corps Center in Excelsior Springs, Missouri

**Target Population:** Military

**Eligibility:** Veteran.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 24 hours a day 7 days a week

**Areas Served:** All areas.



**Agency Name:** San Diego Military Outreach Ministries

**Program/Service Name:** Military Outreach Ministries, San Diego Military Outreach Ministries

East4426 Harbinson Avenue

La Mesa, CA91941

**Website:** [www.militaryoutreach.org](http://www.militaryoutreach.org)

**Phone:** (858) 688-5015

**Description:** Provides services to enlisted military families (rated E-5 and below) and families of deployed and injured service members in San Diego County in the 10 military installations south of Camp Pendleton. Services to military families include craft classes for moms with child care provided, food bags distributed weekly in the housing areas, bread distribution weekly, and distribution of infant and children's supplies and furniture at our warehouse, three days a week.

**Target Population:** Military

**Eligibility:** Must be active E-1 to E-5 military or family of E-1 to E-5 military personnel.

**Intake Procedure:** Phone or online.

**Fees:** No fees.

**Hours of Operation:** Monday-Friday, hours for programs varies. Office hours 9:30 am-1:30 pm Monday and Wednesday, voicemail service 24/7

**Areas Served:** All Areas.



**Agency Name:** San Diego State University

**Program/Service Name:** Veterans Affairs Office, San Diego State University

Central Student Services West, Room 1641

San Diego, CA 92182

**Website:**

**Phone:** (619) 594-5813 Service/Intake

**Description:** Provides information to applicants/students who are eligible veterans, dependents, or reservists about education benefits, tutorial assistance, and the VA work/study program. Provides orientation to SDSU and referral to other resources.

**Target Population:** Military - Veterans

**Eligibility:** No age limitations. Must be eligible for veterans or survivors benefits.

**Intake Procedure:** Phone or walk in.

**Fees:** No fees.

**Hours of Operation:** 9:00 am-4:00 pm, Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** SAY San Diego

**Program/Service Name:** Dad's On Duty, SAY San Diego

North Central 8420 Krenz Street

San Diego, CA 92123

**Website:** [www.saysandiego.org](http://www.saysandiego.org)

**Phone:** (858) 496-0044

**Description:** Dad's On Duty is a group for military fathers with children ages 0-5. Provides military dad's the opportunity to meet together and discuss parenting issues and strategies. Dad's On Duty will follow the Parents as Teachers model which focuses on parenting education and increasing children's readiness for school. Group meets twice a week for 6 weeks from 5:00 pm-6:30 pm. Dinner and child care is provided if necessary, as well as free gas cards, movie tickets, and Padres tickets.

**Target Population:** Military

**Eligibility:** On duty military fathers with children ages 0-5.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 5:00 pm-6:30 pm, Tuesday and Thursday

**Areas Served:** HHS Regions: Central, North Central



**Agency Name:** SAY San Diego

**Program/Service Name:** Healthy Start Military Family Cluster, SAY San Diego

North Central 3487 Santo Road

San Diego, CA 92124

**Website:**

**Phone:** (858) 496-0044

**Description:** Provides in-home follow-up to children of military families in the Murphy Canyon and Cabrillo housing areas that are at risk. Services include information and referral, advocacy in the school system, and supportive home visitation, prenatal support, and early childhood education through playgroups within the community. Family facilitators are available for these and other services to help military families reduce social isolation.

**Target Population:** Military - Active

**Eligibility:** Limited to active military and their families in the Murphy Canyon and Cabrillo housing areas.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** Serra Mesa, Tierrasanta

**Agency Name:** Second Chance Program

**Program/Service Name:** Homeless Veterans Reintegration Program (HVRP)

Central 6145 Imperial Avenue

San Diego, CA 92114

**Website:** [www.secondchanceprogram.org](http://www.secondchanceprogram.org)

**Phone:** (619) 234-8888

**Description:** Offers four-week job readiness training, employment placement, housing, transportation assistance, clothing, employment-related tools and equipment, two-year follow up, and other supportive services to homeless veterans.

**Target Population:** Military - Veterans

**Eligibility:** Homeless veterans.

**Intake Procedure:** Phone or walk-in for application process.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-5:00 pm-Monday-Friday

**Areas Served:**



**Agency Name:** Semper Fi Fund

**Program/Service Name:** Injured Marine Semper Fi Fund

North Coastal Services Nationally Building H-49 Box 555193

Camp Pendleton, California 92055

**Website:** <http://semperfifund.org/>

**Phone:** (760) 725-3680

**Description:** Provides financial assistance and quality of life solutions. Relief for immediate financial needs during hospitalization and recovery. Funding for home modification, customized transportation, and specialized equipment.

**Target Population:** Military

**Eligibility:** Critically injured Marines and Sailors, or service members injured while supporting Marines. Must be OEF/OIF Veterans/Active duty.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 24 hours a day, 7 days a week online.

**Areas Served:** All Areas.



**Agency Name:** Semper Fi Fund

**Program/Service Name:** Post Traumatic Stress Disorder (PTSD), Traumatic Brain Injury (TBI), Semper Fi Fund

North Coastal Wounded Warrior Center Building H49

Camp Pendleton, California 92055

**Website:** [www.semperfifund.org](http://www.semperfifund.org)

**Phone:** (760) 207-0887

**Description:** Offers counseling and transitioning assistance to returning service members or veterans of OIF/OEF who suffer from Post Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI).

**Target Population:** Military

**Eligibility:** OEF/OIF injured Marines, Sailors, veterans injured while assigned to Marine forces and dependents of service members during their difficult road to recovery.

**Intake Procedure:** Phone or fill out contact form online [www.semperfifund.org/contact](http://www.semperfifund.org/contact).

**Fees:**

**Hours of Operation:** 24 hours a day, 7 days a week (online)

**Areas Served:** Camp Pendleton

**Agency Name:** Semper Fi Fund

**Program/Service Name:** Service Member and Family Support, Injured Marine Semper Fi Fund, Wounded Warrior Center, Building H49

North Coastal Wounded Warrior Center, Building H49

Camp Pendleton, California 92055

**Website:** <http://semperfifund.org/assistance/>

**Phone:** (760) 725-3680

**Description:** Provides financial assistance and quality of life solutions including relief for immediate financial needs including mortgage payment, rental assistance, car payments, utility bills, etc. during hospitalization and recovery. Grant can also be used to help for travel and lodging or to defray the cost of hospitalization and rehabilitation.

**Target Population:** Military

**Eligibility:** Must be a Marine, Sailor, other military personnel assigned to Marine Forces, or family members of any of the personnel mentioned above. Must have been injured in post 9-11 combat or training, or facing a life threatening illness.

**Intake Procedure:** Phone, fill out form at <http://semperfifund.org/contact/> or email for information at [info@semperfifund.org](mailto:info@semperfifund.org).

**Fees:** No fees.

**Hours of Operation:** 24 hours a day, 7 days a week

**Areas Served:** Camp Pendleton



**Agency Name:** Southwest Veterans Business Resource Center

**Program/Service Name:** Where Communities Serve Veterans, Fallbrook Center, Southwest Veterans Business Resource Centers

North Inland 145 East Fig Street, Suite D

Fallbrook, CA 92028

**Website:** [www.SWVBRC.org](http://www.SWVBRC.org)

**Phone:** (760) 728-3200

**Description:** Assist veterans and active duty military members that have served in any military component, and with exception, spouses through outreach and education programs.

**Target Population:** Military

**Eligibility:** Served with the military for 180 consecutive days, still serving, or were honorably discharged.

**Intake Procedure:** Phone or walk in. Online at [www.swvbrc.org](http://www.swvbrc.org).

**Fees:** No fees.

**Hours of Operation:** 12:00 pm-3:00pm Monday - Friday, Saturday & Sunday by appointment. Will do home visits.

**Areas Served:** All Areas.



**Agency Name:** Southwestern College

**Program/Service Name:** Veterans Services, Southwestern College

South900 Otay Lakes Road

Chula Vista, CA91910

**Website:** [www.swccd.edu](http://www.swccd.edu)

**Phone:** (619) 482-6324

**Description:** Provides benefits information, certification, and information and referral to services designed to assist veterans and their dependents in pursuing an education.

**Target Population:** Military - Veterans

**Eligibility:** No age limitations. Must be eligible for GI benefits.

**Intake Procedure:** Phone, go online, or walk in.

**Fees:** No fees.

**Hours of Operation:** 7:45 am-6:45 pm Monday-Thursday, 7:45 am-3:00 pm Friday

**Areas Served:** Chula Vista, Coronado, National City, Otay Mesa, 91902, 91932, 91978, 92154, 92173

**Agency Name:** St Vincent De Paul Village

**Program/Service Name:** Veterans Homelessness Prevention Program (VHPD), St Vincent De Paul Village

Central 1501 Imperial Ave

San Diego, CA 92101

**Website:** [www.fatherjoesvillages.org](http://www.fatherjoesvillages.org)

**Phone:** (619) 233-8500 Ext. 1069

**Description:** The Veterans Homelessness Prevention Demonstration (VHPD) program provides temporary rental assistance and case management services for Veterans and their families who are experiencing either short-term homelessness or are at-risk of becoming homeless. The VHPD program is offered through a partnership between Veterans Village of San Diego, Interfaith Community Services & St Vincent De Paul Village.

**Target Population:** Military - Veterans

**Eligibility:** A participant must meet all the following criteria:

1. Homeless for less than 90 days OR at imminent risk of losing their housing.
2. No financial or social supports that could be used to improve the situation.

At least ONE additional issue:

1. Utility or rent in arrears at least one month
2. Sudden large drop in wages at least 25% (e.g., from layoff, institutionalization, traumatic event, or mental health/substance abuse problem).
3. Pending eviction.

4. Living in condemned housing.

5. Greater than 50% of income is spent on housing.

7. Recent discharge from institution where client resided for at least 6 months.

Client must also be eligible for VA-sponsored services based on discharge status. The VHPD case manager will verify this.

**Intake Procedure:** Phone.

**Fees:**

**Hours of Operation:**

**Areas Served:**



**Agency Name:** Student Veterans of America

**Program/Service Name:** Employment Initiative

P.O. Box 77673

Washington, DC20013

**Website:** [www.studentveterans.org](http://www.studentveterans.org)

**Phone:** (866) 320-3826

**Description:** Program has two main components: a National Employment Partnership Program and a virtual job marketplace. The National Employment Partnership Program matches Student Veterans (SVA's) vast membership with the expertise of national partners to create professional development and employment opportunities.

**Target Population:** Military - Veterans

**Eligibility:** Any OEF/OIF Veterans

Operation Iraqi Freedom

Operation Enduring Freedom

**Intake Procedure:** For information go online at [www.studentveterans.org](http://www.studentveterans.org).

**Fees:**

**Hours of Operation:** 24 hours a day 7 days a week (voicemail)

**Areas Served:**



**Agency Name:** Student Veterans of America

**Program/Service Name:** VET Program

P.O. Box 77673

Washington, DC20013

**Website:** [www.studentveterans.org](http://www.studentveterans.org)

**Phone:** (866) 320-3826

**Description:** Recognizes that those bearing the wounds of battle deserve an equal opportunity for a college education.

**Target Population:** Military - Veterans

**Eligibility:** Wounded, injured and ill veterans.

**Intake Procedure:** Online for information [www.studentveterans.org](http://www.studentveterans.org).

**Fees:** No fees.

**Hours of Operation:** 24 hours a day 7 days a week (voicemail)

**Areas Served:**



**Agency Name:** Substance Abuse Rehabilitation Program (NBSD)

**Program/Service Name:** Screening Outpatient Aftercare Counseling, Substance Abuse Rehabilitation Program (NBSD), Naval Station Clinic

CentralNaval Station Clinic, Building 268

San Diego, CA92136

**Website:** [www-nmcsd.med.navy.mil](http://www-nmcsd.med.navy.mil)

**Phone:** (619) 556-7633

**Description:** Provides alcohol and drug abuse/dependence outpatient treatment program, screening, information and referral, and aftercare services to active military personnel. Also provides education on the Navy drug and alcohol policies.

**Target Population:** Military - Active

**Eligibility:** Ages 18 years or older; must have military ID card.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees.

**Hours of Operation:** 6:30 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** The Pegasus Rising Project

**Program/Service Name:** Equine Assisted Experiential Health Therapy, The Valenti Ranch, The Pegasus Rising Project

**Website:** [www.pegasusrising.org](http://www.pegasusrising.org)

**Phone:** (760) 994-0024

**Description:** Provides Equine Assisted Experiential Health Therapy to all military service members and their immediate caregiver family members. Offers four session (50-60 per session) that include: exposure to and education about the prey (versus predator), herd psychology of horses and how they share common traits with persons affected by PTSD and TBI.

**Target Population:** Military - Veterans

**Eligibility:** Military service members and their immediate caregiver family members.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees.

**Hours of Operation:** 9:00 am-5:00 pm Monday-Friday

**Areas Served:**



**Agency Name:** The Psychological Health Outreach Program Navy Region Southwest Reserve Component Command

**Program/Service Name:** The Psychological Health Outreach Program Navy Region Southwest Reserve Component Command

South 937 North Harbor Drive Box 52 Building 1, 4th Floor

San Diego, CA 92132

**Website:**

**Phone:** (619) 532-3723

**Description:** PHOP is available to help reservists, their families and Navy Operational Support Center personnel, to navigate the treatment options, education, assessments, consultations and resources available for reservists.

**Target Population:** Military

**Eligibility:** US Navy Reservists and their families.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 9:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** The Soldiers Project

**Program/Service Name:** The Soldiers Project

**Website:** [www.thesoldiersproject.org](http://www.thesoldiersproject.org)

**Phone:** (877) 576-5343

**Description:** Offers free psychotherapy to any military service member/vet who has served in Iraq or Afghanistan. Also offer free therapy to their loved ones - boyfriends, girlfriends, spouses, children, parents and grandparents. Therapy is specialized to the military member's needs.

**Target Population:** Military

**Eligibility:** Military service members or veterans who has served in Iraq or Afghanistan and their loved ones (boyfriends, girlfriends, spouses, children, parents and grandparents).

**Intake Procedure:** Phone. Call back within hours.

After a brief telephone conversation with an intake professional, The Soldiers Project will find you a therapist in your area.

Callers are generally able to have an appointment within a few days.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (voicemail). Leave a message for a call back.

**Areas Served:** All Areas

**Agency Name:** Townspeople

**Program/Service Name:** HIV/AIDS Affordable Housing Information

Central 4080 Centre Street, Suite 204

San Diego, CA 92103

**Website:** [www.townspeople.org](http://www.townspeople.org)

**Phone:** (619) 295-8802

**Description:** Provides information and referral on housing resources, roommates, and HIV friendly landlords to low income individuals and families living with HIV/AIDS who are homeless or in need of housing alternatives within San Diego County. Monitors bed availability at local group homes and offers 32 units of low income housing for people with AIDS. Publishes a bi-weekly affordable housing list. Also assists with Section and HOPWA applications.

**Target Population:** Military - Veterans

**Eligibility:** Focuses on HIV/AIDS population but will help anyone in need.

**Intake Procedure:** Phone, walk in, fax, online, or send US postal mail letter.

**Fees:** No fees.

**Hours of Operation:** 9:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.

**Agency Name:** Townspeople

**Program/Service Name:** Permanent, Affordable, and Supportive Housing

Central 4080 Centre Street, Suite 204

San Diego, CA 92103

**Website:** [www.townspeople.org](http://www.townspeople.org)

**Phone:** (619) 295-8802

**Description:** Provides safe, permanent, and affordable housing to people with low-income and who are living with HIV/AIDS. Operates 32 affordable apartment units that are rented as permanent homes; not transitional apartments. Contact program for information and to be added to the waiting list.

**Target Population:** Military - Veterans

**Eligibility:** HIV-positive or living with someone who is HIV-positive. AIDS diagnosis not required.

**Intake Procedure:** Phone. Contact Townspeople housing director.

**Fees:** Monthly rents based on apartment unit and income.

**Hours of Operation:** 9:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.





**Agency Name:** UCLA Medical Center

**Program/Service Name:** Operation Mend

UCLA Medical Center

Los Angeles, CA

**Website:** <http://www.uclahealth.org/>

**Phone:** (310) 794-8161

**Description:** To help treat U.S. military personnel severely wounded during service in Iraq and Afghanistan.

**Target Population:** Military

**Eligibility:** All branches of the military service if a candidate.

**Intake Procedure:** Call or email to see if can be a candidate at (310) 794-8161 or [operationmend@mednet.ucla.edu](mailto:operationmend@mednet.ucla.edu).

**Fees:** Will fund all uncovered costs associated with the project.

**Hours of Operation:** Call for hours.

**Areas Served:**



**Agency Name:** United States Army

**Program/Service Name:** Wounded Soldier and Family Hotline, United States Army

**Website:** [www.army.mil](http://www.army.mil)

**Phone:**

**Description:** Offers wounded and injured Soldiers and family members a way to seek help to resolve medical issues and to provide an information channel of Soldier medically related issues directly to senior Army leadership so they can improve how Army serves the medical needs of our Soldiers and their families.

**Target Population:** Military

**Eligibility:** Wounded, injured soldiers and their families.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 7:00 am-7:00 pm, Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** United Through Reading

**Program/Service Name:** Military Program, United Through Reading

Central11555 Sorrento Valley Road, Suite 203

San Diego, CA92121

**Website:** [www.read2kids.org](http://www.read2kids.org)

**Phone:** (858) 481-7323

**Description:** The program is currently available Department of Defense wide. For locations and details, visit website or email [military@unitedthroughreading.org](mailto:military@unitedthroughreading.org).

**Target Population:** Military

**Eligibility:** Limited to military personnel and their families.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** Days and times depend on military person's schedule.

**Areas Served:** All Areas.



**Agency Name:** United Veterans Council of San Diego County

**Program/Service Name:** United Veterans Council of San Diego County

Central 2115 Park Boulevard

San Diego, CA 92136

**Website:** [www.sduvc.org](http://www.sduvc.org)

**Phone:**

**Description:** Provides a forum where veterans can input and share information, raise issues leading to the betterment of the veteran community, and to provide a united veterans position on legislation affecting San Diego County veterans and their families. Also provides information for VA benefits including Health Care, Compensation, Education, Employment, Home Loans, Life Insurance, Vocational Rehabilitation, Survivors Benefits, and Burial Benefits.

**Target Population:** Military

**Eligibility:** Not limited. However, information and resources are specific to military service members, veterans, military families, and reservists.

**Intake Procedure:** Go online for information.

**Fees:**

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:** San Diego



**Agency Name:** US Coast Guard Commandant G-WPM

**Program/Service Name:** US Coast Guard Commandant G-WPM

2100 Second Street, SW, Room 5500

**Website:** <http://www.uscg.mil/legal/BCMR.asp>

**Phone:**

**Description:** Review and correct the personnel records of current and former members of the Coast Guard and Coast Guard Reserve. Such records include, but are not limited to, records regarding discharges, reenlistment codes, disciplinary matters, performance evaluations, selection for promotion, advancement, retirement, dates of service, disability ratings, medals, and various bonuses and benefits.

**Target Population:** Military

**Eligibility:** Coast Guard Veterans.

**Intake Procedure:** Online.

**Fees:**

**Hours of Operation:** 24 hours a day 7 days a week online

**Areas Served:** All Areas.



**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** Alcohol and Drug Treatment Program, San Diego Regional Office,  
United States Department of Veterans Affairs

North Central 3350 La Jolla Village Drive

San Diego, CA 92161

**Website:** [www.san-diego.med.va.gov](http://www.san-diego.med.va.gov)

**Phone:** (858) 552-8585 Ext. 7560

**Description:** Provides inpatient, outpatient, and aftercare treatment including counseling for alcohol, cocaine, heroin, nicotine, and amphetamine dependency. Medical detoxification services are available only on an outpatient basis. Approximate length of stay is 29 days for the inpatient unit and up to 1 year for the outpatient component. Uses the 12-step model with emphasis on relapse prevention. Assists in placement in a recovery home for up to 60 days.

**Target Population:** Military - Veterans

**Eligibility:** Ages 18 years and older. Must be an honorably discharged veteran.

**Intake Procedure:** Phone.

**Fees:** Possible copay based upon income.

**Hours of Operation:** 8:00 am-4:00 pm Monday - Friday; Evening outpatient programs are available.

**Areas Served:** All Areas.



**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** eBenefits

**Website:** [www.ebenefits.va.gov/ebenefits-portal/ebenefits.portal?\\_nfpb=true&\\_portlet.async=false&\\_pageLabel=ByState&onlyOneState=California](http://www.ebenefits.va.gov/ebenefits-portal/ebenefits.portal?_nfpb=true&_portlet.async=false&_pageLabel=ByState&onlyOneState=California)

**Phone:**

**Description:** One-stop shop for online benefits-related tools and information. This portal is designed for Wounded Warriors, Veterans, Service Members, their families, and their caregivers.

**Target Population:** Military

**Eligibility:** Wounded Warriors, Veterans, Military Service Members, their families, and their caregivers.

**Intake Procedure:** Online at <https://www.ebenefits.va.gov/ebenefits-portal/ebenefits.portal>.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:** All Areas.



**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** Fiduciary and Conservatorship Services, San Diego Regional Office,  
United States Department of Veterans Affairs

North Central 8810 Rio San Diego

San Diego, CA 92108

**Website:**

**Phone:** (800) 827-1000

**Description:** Oversees payment of VA benefits to fiduciaries or conservators appointed to represent incompetent or minor beneficiaries. Performs field examinations to ensure funds are being used in the best interest of the beneficiary and to determine the suitability of beneficiary's situation.

**Target Population:** Military

**Eligibility:** No age limitations. Will not accept veterans with a dishonorable discharge.

**Intake Procedure:** Phone, write, or walk in; home visits are made as applicable.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:** All Areas

**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** Fort Rosecrans National Cemetery, United States Department of Veterans Affairs

Cabrillo Memorial Drive

San Diego, CA92166

**Website:** [www.va.gov](http://www.va.gov)

**Phone:** (619) 553-2084

**Description:** Burial Space: This cemetery has space available for cremated remains. We may be able to accommodate casketed remains in the same gravesite of previously interred family members.

There is a general Information Kiosk on site.

**Target Population:** Military

**Eligibility:**

**Intake Procedure:**

**Fees:**

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday; 9:30 am-5:00 pm Saturday and Sunday (Visitation Hours) 8:00 am-4:30 pm Monday-Friday Closed federal holidays except Memorial Day and Veterans Day (Office Hours)

**Areas Served:**



**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** From Warriors to Soul Mates

**Website:** [www.sandiego.va.gov/services/marriageretreat.asp](http://www.sandiego.va.gov/services/marriageretreat.asp)

**Phone:** (858) 642-3496

**Description:** Provides a free marriage enrichment retreat for active duty, veterans or other military members. The retreat provides the tools necessary to facilitate the process for couples to take the next steps to healthy communication, strengthening connecting and confiding, effective decision-making and conflict resolution, and strengthening trust and commitment. Retreats are available in July and August.

**Target Population:** Military

**Eligibility:** Active duty, returning combat veterans, or other military members and their spouses.

**Intake Procedure:** Phone or online to register. Retreats are available on the following days: July 8-10 or August 5-7. Register before June 30, 2011 for retreat in July. Register before July 31, 2011 for retreat in August.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday/Office hours

**Areas Served:** All Areas



**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** Home Loan Guarantee Benefits Processing, San Diego Regional Office,  
United States Department of Veterans Affairs

North Central 8810 Rio San Diego Drive

San Diego, CA 92108

**Website:**

**Phone:** (800) 827-1000

**Description:** Provides information about VA-guaranteed loans made by private lenders (banks, mortgage companies, etc) to eligible veterans for the purchase of a home. Offers information about pre-purchase counseling services. Determines the reasonable value of real estate to be purchased by qualified veterans. Also assists qualified disabled veterans in the use of grant funds for special adaptive housing. Manages and disposes of property acquired under the guaranty program. Included in this process is the acceptance of custody, determination of repairs, taxes, commissions, and sale of the property.

**Target Population:** Military

**Eligibility:** Ages 18 years and older. Must not have been dishonorably discharged.

**Intake Procedure:** Phone, write, or go online for information.

**Fees:** No fees charged other than those related to the loan.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.

**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** Homeless Outreach Program, San Diego Regional Office

North Central 8810 Rio San Diego Dr

San Diego, CA 92108

**Website:**

**Phone:** (619) 400-5157

**Description:** Provides mental, emotional, and physical health assessment and treatment for emotionally disabled veterans. Also provides case management, placement in mental health facilities with follow-up, assistance in applying for public benefits and housing, and information and referral for substance abuse rehabilitation, employment assistance, and vocational rehabilitation. Provides information about subsidized transitional housing. Outreach representatives are available at agencies throughout the county.

**Target Population:** Military - Veterans

**Eligibility:** Ages 18 years and older. Must be an honorably discharged veteran, be homeless or at risk of becoming homeless, and be experiencing psychiatric or substance abuse problems.

**Intake Procedure:** Phone for appointment. Walk-in outreach clinics are scheduled at various times and locations throughout the county; phone for schedule.

**Fees:** No fees charged to eligible veterans.

**Hours of Operation:** 8:00 am - 3:00 pm Monday - Friday

**Areas Served:** All Areas

**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** Medical Center, San Diego Regional Office

North Central 3350 La Jolla Village Drive

San Diego, CA 92161

**Website:** [www.san-diego.med.va.gov](http://www.san-diego.med.va.gov)

**Phone:** (858) 552-8585

**Description:** Offers a full-service medical center, including an urgent care center, that provides medical services to eligible US veterans. Services include, but are not limited to, audiology; extended care; dental; dialysis; eye care; mental health services including day treatment; nutrition; occupational, physical, and speech therapy; primary care; senior services; social services; spinal cord injury center; outpatient surgery; weight control; and women's clinic. Provides diagnostic evaluations and examinations including physical and psychiatric exams for VA compensation pension purposes, and eligibility determination for hospital or domiciliary care. Provides supportive services including counseling to aid in adjustment to hospitalization, group and individual therapy for neuropsychiatric patients upon discharge in appropriate convalescent facilities, board and care homes, and adult day health care programs.

**Target Population:** Military - Veterans

**Eligibility:** Serves eligible US veterans only. Must have an honorable or general discharge; must bring DD214 discharge certificate to admissions office. If client is receiving money from VA, please bring proof.

**Intake Procedure:** Walk in.

**Fees:** No fees charged to eligible veterans. Possible copays based on income.

**Hours of Operation:** 24-hours, 7 days a week. Hospital

**Areas Served:** All Areas

**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** MyHealtheVet

**Website:** [www.myhealth.va.gov/mhv-portal-web/anonymous.portal?\\_nfpb=true&\\_nfto=false&\\_pageLabel=aboutMHVHome](http://www.myhealth.va.gov/mhv-portal-web/anonymous.portal?_nfpb=true&_nfto=false&_pageLabel=aboutMHVHome)

**Phone:**

**Description:** My HealtheVet is the VA's "health website, which offers Veterans, active duty soldiers, their dependents and caregivers anywhere, anytime Internet access to VA health care information and services. My HealtheVet is a free, online Personal Health Record that empowers Veterans to become informed partners in their health care. With My HealtheVet, America's Veterans can access trusted, secure, and current health and benefits information as well as record and store important health and military history information at their convenience. By registering and using My HealtheVet one can access: Nine (9) Healthy Living Centers, Disease + Conditions Centers, Mental Health Information, Trusted Health/Medical Information. Information on VA Benefits & Services, Local VA Events & Activities, Personal Health Journals, Vitals Tracking & Graphing, Military Health History, and Activity/Food Journals.

**Target Population:** Military

**Eligibility:** Veterans, active duty soldiers, their dependents and caregivers.

**Intake Procedure:** Online to register.

**Fees:** No fees.

**Hours of Operation:** 24 hours a day, 7 days a week (online)

**Areas Served:** All Areas



**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** National Call Center for Homeless Veterans

810 Vermont avenue, NW

Washington, DC20420

**Website:** [www.va.gov](http://www.va.gov)

**Phone:** (877) 424-3838

**Description:** A National Call Center for Homeless Veterans hotline to ensure that homeless Veterans or Veterans at-risk for homelessness have free, 24/7 access to trained counselors.

**Target Population:** Military - Veterans

**Eligibility:** Veterans

**Intake Procedure:** Phone

**Fees:** No fees.

**Hours of Operation:** 24 hours a day, 7 days a week

**Areas Served:** All areas

**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** Pre-Discharge Program, San Diego Regional Office

8810 Rio San Diego Drive

San Diego, CA92108

**Website:** <http://www.vba.va.gov/predischarge/index.htm>

**Phone:** (800) 827-1000

**Description:** The Pre-Discharge Program is a joint Department of Veterans Affairs (VA) and Department of Defense (DoD) program that affords service members (Military, Army, Navy, Marine, Air Force, Coast Guard, National Guard) the opportunity to file claims for disability compensation up to 180 days prior to separation or retirement from active duty or full time National Guard or Reserve duty (Titles 10 and 32). The four components of the Pre-Discharge Program are: Benefits Delivery at Discharge (BDD), Quick Start, Disability Evaluation System (Pilot program), Seriously Injured/Very Seriously Injured (SI/VSI).

**Target Population:** Military - Active

**Eligibility:** Active Military, Army, Navy, Marine, Air Force, Coast Guard, and National Guard.

**Intake Procedure:** Phone or Online.

**Fees:** No Fees.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Friday

**Areas Served:**



**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** Returning Service Members (OEF/OIF/OND)

8810 Rio San Diego Drive

San Diego, CA92108

**Website:** [www.sandiego.va.gov/freedom.asp](http://www.sandiego.va.gov/freedom.asp)

**Phone:** (858) 642-3593

**Description:** Operation Enduring Freedom/Operation Iraqi Freedom/Operation New Dawn (OEF/OIF/OND) Care Management Team helps to ensure a smooth transition of health care services is provided for all returning service members and Veterans. Also provides case management and care coordination for all severely ill, injured and impaired combat Veterans, including those suffering from Mental illness, Traumatic Brain Injury (TBI), Spinal Cord Injury, Blindness, Burns, Amputation, Terminal Illness/Injury, Polytrauma, and other conditions not mentioned above that cause significant impairment to daily living.

**Target Population:** Military - Veterans

**Eligibility:** Services limited to combat veteran of Operation Iraqi Freedom/Operation Enduring Freedom/Operation New Dawn. Veterans have five years from their date of discharge to receive free VA medical care for any service related condition.

**Intake Procedure:** Phone

**Fees:** No fees for eligible combat veterans.

**Hours of Operation:** 24 hours, 7 days a week (voicemail)

**Areas Served:** All Areas

**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** San Diego Vet Center

North Central 2790 Truxton Road Suite 130

San Diego, CA 92106

**Website:** [www2.va.gov/directory/guide/facility.asp?ID=522&dnum=All&stateid=CA&v=1](http://www2.va.gov/directory/guide/facility.asp?ID=522&dnum=All&stateid=CA&v=1)

**Phone:** (858) 642-1500

**Description:** Vet Centers provide readjustment counseling and outreach services to all veterans who served in any combat zone. Services are also available for their family members for military related issues. Veterans have earned these benefits through their service and all are provided at no cost to the veteran or family.

**Target Population:** Military - Veterans

**Eligibility:** All veterans are eligible for referral services. To be eligible for ongoing counseling services, veterans must have served during the Vietnam War (8/5/64-5/7/75), World War II, Korean War (Combat Era), war on terror, or have served in the following post-Vietnam combat zones: Lebanon, Grenada, Persian Gulf, Somalia, or Afghanistan.

**Intake Procedure:** Phone or walk in.

**Fees:** No fees.

**Hours of Operation:** 8:00 am - 4:30 pm Monday - Friday; Evenings By Appointment

**Areas Served:** All Areas



**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** San Marcos Vet Center

North Coastal 1 Civic Center Drive Ste 150

San Marcos, CA 0

**Website:**

**Phone:** 760-744-6914

**Description:** Vet Centers provide readjustment counseling and outreach services to all veterans who served in any combat zone. Services are also available for their family members for military related issues. Veterans have earned these benefits through their service and all are provided at no cost to the veteran or family.

**Target Population:** Military - Veterans

**Eligibility:** All veterans are eligible for referral services. To be eligible for ongoing counseling services, veterans must have served during the Vietnam War (8/5/64-5/7/75), World War II, Korean War (Combat Era), war on terror, or have served in the following post-Vietnam combat zones: Lebanon, Grenada, Persian Gulf, Somalia, Iraq or Afghanistan.

**Intake Procedure:** Phone or walk in

**Fees:** No fees.

**Hours of Operation:** 8:00 am - 4:30 pm Monday - Friday; Evenings By Appointment

**Areas Served:** Carlsbad, Escondido, Fallbrook, Oceanside, San Marcos, Valley Center, Vista, San Dieguito, Fallbrook, Valley Center, 92003, 92028, 92055, 92059, 92060, 92061, 92672



**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** Special Infectious Disease Program, San Diego Regional Office

North Central 3350 La Jolla Village Dr MC118 S

La Jolla, CA 92161

**Website:**

**Phone:** (858) 642-3180

**Description:** Provides primary care and case management services to veterans who are HIV+. Services include HIV testing, support groups, social services, home care, and dietary services. Conducts HIV-related educational programs for veterans and the public. Also conducts AIDS research.

**Target Population:** Military

**Eligibility:** Serves eligible US veterans only.

**Intake Procedure:** Phone for appointment.

**Fees:** Variable fees; contact Member Services for information.

**Hours of Operation:** 8:00 am - 5:30 pm Monday - Friday

**Areas Served:** All Areas

**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** VA Clinic, Chula Vista

South 835 Third Avenue

Chula Vista, CA 91910

**Website:** <http://www.sandiego.va.gov/visitors/chulavista.asp>

**Phone:** (619) 409-1600

**Description:** This clinic operates just like a doctor's office where patients are seen by scheduled appointment. Services include: Primary care, Audiology services, Mental Health, Laboratory, Optometry, and Emergent Medications.

**Target Population:** Military - Veterans

**Eligibility:** Services are limited to veterans.

**Intake Procedure:** Phone for appointment. Needs to be enrolled prior to appointment. To enroll, call (619) 409-1600. This is not an emergency clinic.

**Fees:** Variable fees.

**Hours of Operation:** 7:30 am-4:00 pm Monday-Friday. Closed Holidays.

**Areas Served:** All Areas



**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** VA Clinic, Escondido

North Inland 815 East Pennsylvania Avenue

Escondido, CA 92025

**Website:** [www.sandiego.va.gov/visitors/escondido.asp](http://www.sandiego.va.gov/visitors/escondido.asp)

**Phone:** (760) 466-7020

**Description:** This clinic operates just like a doctor's office where patients are seen by scheduled appointment. Services include: Primary care, Mental Health, Laboratory services, Educational services, Emergent Medications, and Telemental Health (typically refers to behavioral health services that are provided using communication technology).

**Target Population:** Military - Veterans

**Eligibility:** Services are limited to Veterans.

**Intake Procedure:** Phone for appointment. Needs to be enrolled prior to appointment. This is not an emergency clinic.

**Fees:** Variable fees

**Hours of Operation:** 7:30 am-4:30 pm Monday-Friday. Closed Holidays.

**Areas Served:** All Areas



**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** VA Clinic, Imperial Valley

1600 South Imperial Avenue

El Centro, CA92243

**Website:** [www.sandiego.va.gov/visitors/imperialvalley.asp](http://www.sandiego.va.gov/visitors/imperialvalley.asp)

**Phone:** (760) 352-1506

**Description:** This clinic operates just like a doctor's office where patients are seen by scheduled appointment. Services include: Primary care, Emergent medications, Simple lab tests, Telemental health (typically refers to behavioral health services that are provided using communication technology). MyHealthVet computer access, and Photos for Veteran ID cards.

**Target Population:** Military - Veterans

**Eligibility:** Services are limited to Veterans.

**Intake Procedure:** Phone for appointment. Needs to be enrolled prior to appointment. To enroll call (760) 352-1506.

**Fees:** Variable fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday. Closed Holidays.

**Areas Served:** Imperial Valley

**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** VA Clinic, Mission Gorge

North Central 4525 Mission Gorge Place

San Diego, CA 92120

**Website:** [www.sandiego.va.gov/visitors/wave.asp](http://www.sandiego.va.gov/visitors/wave.asp)

**Phone:** (619) 228-8000

**Description:** Offers rehabilitative and wellness services to veterans with a short or long history of unemployment due to a medical condition, mental illness, or substance abuse. Services include: vocational needs assessment; work readiness training in volunteering, workshops, incentive therapy, and compensated work therapy; assistance in job seeking skills; time limited computer basics; direction in pursuing educational goals; and wellness courses such as exercise therapy, health education, stress management and smoking cessation.

**Target Population:** Military - Veterans

**Eligibility:** Services are limited to Veterans.

**Intake Procedure:**

**Fees:** Variable fees.

**Hours of Operation:** 8:00 am-3:30 pm Monday - Friday

**Areas Served:**

**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** VA Clinic, Mission Valley

North Central 8810 Rio San Diego Drive

San Diego, CA 92108

**Website:** <http://www.sandiego.va.gov/visitors/missionvalley.asp>

**Phone:** (619) 400-5000

**Description:** This clinic operates just like a doctor's office where patients are seen by scheduled appointment. Services provided include: Primary care for veterans in central San Diego, Audiology Services, Mental health services (Post Traumatic Stress Disorder Clinic), Laboratory Services, Clinical Pharmacists, Radiology, Environmental programs (Agent Orange, Gulf War Illness, etc.)

Comprehensive care for women veterans, Optometry, Compensation & Pension Physical Exams, Dermatology, Post Deployment Clinic, Post Traumatic Stress Disorder Clinic, Iraq & Afghanistan Combat Veteran Support Group, Military Sexual Trauma Counseling, and Routine prescriptions processed through the mail or MyHealthVet.

**Target Population:** Military - Veterans

**Eligibility:**

**Intake Procedure:** Phone for appointment. Needs to be enrolled prior to appointment. To enroll call (619) 400-5108. This is not an emergency clinic.

**Fees:** Variable fees.

**Hours of Operation:** 7:30 am-4:00 pm, Monday-Friday

**Areas Served:** All areas

**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** VA Clinic, Oceanside

North Coastal 1300 Rancho del Oro Road

Oceanside, CA 92056

**Website:** [www.va.gov](http://www.va.gov)

**Phone:** (760) 643-2000

**Description:** Clinic operates just like a doctor's office where patients are seen by scheduled appointment. Services provided include: Primary Care, Mental Health clinics, Laboratory Services, Audiology Service. Member Services (Enrollment), Compensation & Pension, Podiatry, Social Work, Nutrition, Optometry, Dermatology, Diabeters, Transition (Operation Iraqi Freedom/Operation Enduring Freedom Veteran/Operation New Dawn) case management, Spiritual Care, Prosthetics, Pharmacist Consultations, Patient Education, VA Police, Voluntary Services, Orthopedics, Physical Therapy, and Radiology Services.

**Target Population:** Military - Veterans

**Eligibility:**

**Intake Procedure:** Phone for appointment . Needs to be enrolled prior to appointment. To enroll, call (760) 643-2000. This is not an emergency clinic.

**Fees:**

**Hours of Operation:** 7:30 am-5:00 pm Monday-Friday

**Areas Served:**



**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** Vocational Rehabilitation, San Diego Regional Office

North Central 8810 Rio San Diego Drive

San Diego, CA 92108

**Website:**

**Phone:** (619) 400-5471

**Description:** Provides vocational rehabilitation services to veterans. Services include aptitude screening/testing, occupational exploration, and employment counseling. Offers rehabilitation guidance to disabled veterans to ensure completion of employment training objectives. Also offers supportive services, including remedial math and reading classes, tutoring, and financial assistance to obtain tools for work. Referrals for other support services are available as necessary.

**Target Population:** Military - Veterans

**Eligibility:** Ages 18 years and older. Will not accept veterans with a dishonorable discharge.

**Intake Procedure:** Phone or walk in.

**Fees:** No fees charged.

**Hours of Operation:** 8:00 am - 4:00 pm Monday - Friday

**Areas Served:** All Areas

**Agency Name:** US Department of Veterans Affairs

**Program/Service Name:** Wellness and Vocational Enrichment Clinic (WAVE Program), San Diego Regional Office

North Central 4525 Mission Gorge Place

San Diego, CA 92120

**Website:** [www.sandiegova.gov](http://www.sandiegova.gov)

**Phone:** (619) 228-8000

**Description:** This clinic offers rehabilitative and wellness services to veterans with a short or long history of unemployment due to a medical condition, mental illness, or substance abuse.

**Target Population:** Military - Veterans

**Eligibility:** Veterans

**Intake Procedure:** Phone. Veterans need to be found eligible for this program by calling the VA in La Jolla 858-885-8585.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-3:30 pm Monday-Friday. Closed Holidays.

**Areas Served:** All Areas



**Agency Name:** USO San Diego

**Program/Service Name:** Recreation/Leisure Services, USO San Diego

Central 303 A Street, Suite 100

San Diego, CA 92101

**Website:** [www.usosandiego.org](http://www.usosandiego.org)

**Phone:** (619) 235-6503

**Description:** Provides social, educational, and recreational activities for active duty men and women and their families. Offers free use of computers with Internet access. Also provides information and referral for lodging, transportation, and area amenities. Provides facilities for dances, meetings, and entertainment. Offers an airport center equipped with video games and television, in terminal #2, which serves as a waiting area for military personnel awaiting transportation or flights.

**Target Population:** Military

**Eligibility:** Must be active military or family of military personnel.

**Intake Procedure:** Phone or walk in.

**Fees:** Fees are charged only for outside activities.

**Hours of Operation:** 11:00 am-9:00 pm Monday-Sunday / Downtown

**Areas Served:** All Areas.



**Agency Name:** USO San Diego

**Program/Service Name:** Tuesday Meals, USO San Diego

Central 303 A Street, Suite 100

San Diego, CA 92101

**Website:** [www.usosandiego.org](http://www.usosandiego.org)

**Phone:** (619) 235-6503

**Description:** Offers a congregate meal for active military and their families every Tuesday.

**Target Population:** Military

**Eligibility:** Limited to active duty military personnel and their families.

**Intake Procedure:** Walk in on the day of the meal or phone for information.

**Fees:** No fees.

**Hours of Operation:** 6:00 pm-6:30 pm Tuesdays Food Service Days 11:00 am-9:00 pm Monday-Friday Office Hours

**Areas Served:** All Areas.

**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** Burial Benefits, Northern California Veterans Cemetery

11800 Gas Point Road

Imperial, CA 96047

**Website:** <http://www.calvet.ca.gov/Cemetery/Default.aspx>

**Phone:** (866) 777-4533

**Description:** Provides a cemetery and burial space for any eligible veteran, along with spouses and eligible dependents, who would like to be interred at the cemetery.

**Target Population:** Military - Veterans

**Eligibility:** Any eligible veteran, along with spouses and eligible dependents, who would like to be interred at the cemetery. Determinations shall be made in accordance with federal regulations (38 CFR 38.620) and state regulations (CCR Title 12 Sec. 460-461).

**Intake Procedure:** Online form at <http://www.calvet.ca.gov/Cemetery/DocsAndImages/DVS-100-8-05.pdf>; fill in all appropriate information, print it and return the completed form, with all supporting documentation (do not send originals, send copies).

**Fees:** No fees for pre-need determination.

**Hours of Operation:** 24 hours 7 days a week (online)

**Areas Served:**



**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** Cal-Vet Home Loans, California Department of Veterans Affairs

Central 1350 Front Street, Suite 2023

San Diego, CA 92101

**Website:** [www.cdva.ca.gov/calvetloans/default.aspx](http://www.cdva.ca.gov/calvetloans/default.aspx)

**Phone:** (619) 525-3700

**Description:** Provides low-interest loans for farm or residential properties to qualified California veterans. Must apply for a loan prior to selecting a specific home or farm for purchase.

**Target Population:** Military - Veterans

**Eligibility:** Active duty military and veterans residing in California.

**Intake Procedure:** Phone or walk in. Loan applications can be mailed to Veterans Affairs office.

**Fees:** Fixed fee schedule.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** All areas.



**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** CDVA Project: Gold Star, San Diego County Veterans Services,  
Oceanside Office

North Coastal 1300 Rancho Del Oro

Oceanside, CA 92056

**Website:** [www.cdva.ca.gov](http://www.cdva.ca.gov)

**Phone:** (760) 643-2049

**Description:** Offers a Gold Star Family specialized license plate program for family member of a member of the Armed Forces who was killed while serving on active duty in the military. The license plate contains a Gold Star and the words "Gold Star Family."

**Target Population:** Military

**Eligibility:** The family members who qualify under the provisions of this program include:

- \* Widow/Widower
- \* Biological Parent
- \* Adoptive Parent
- \* Stepparent
- \* Foster Parent
- \* Biological Child
- \* Adoptive Child
- \* Stepchild
- \* Sibling

- \* Half-sibling
- \* Grandparent
- \* Grandchild

**Intake Procedure:** To obtain a Gold Star Plate, family members will need to visit their local County Veterans Service Office (CVSO). The CVSO will be able verify your status as a Gold Star Family member and complete the necessary paperwork.

**Fees:** Contact office directly for information.

**Hours of Operation:** 8:00 am-3:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** CDVA Project: Gold Star, San Diego County Veterans Services,  
Oceanside Office Office

North Central 5560 Overland Drive, Suite 310

San Diego, CA 92123

**Website:** [www.cdva.ca.gov](http://www.cdva.ca.gov)

**Phone:** (858) 694-3222

**Description:** Offers a Gold Star Family specialized license plate program for family member of a member of the Armed Forces who was killed while serving on active duty in the military. The license plate contains a Gold Star and the words "Gold Star Family."

**Target Population:** Military

**Eligibility:** The family members who qualify under the provisions of this program include:

- \* Widow/Widower
- \* Biological Parent
- \* Adoptive Parent
- \* Stepparent
- \* Foster Parent
- \* Biological Child
- \* Adoptive Child
- \* Stepchild
- \* Sibling

- \* Half-sibling
- \* Grandparent
- \* Grandchild

**Intake Procedure:** To obtain a Gold Star Plate, family members will need to visit their local County Veterans Service Office (CVSO). The CVSO will be able verify your status as a Gold Star Family member and complete the necessary paperwork.

**Fees:** Contact office directly for information.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:** All Areas.

**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** Disabled Veterans License Plates

**Website:** [www.cdva.ca.gov/VetService/Overview.aspx#bo6](http://www.cdva.ca.gov/VetService/Overview.aspx#bo6)

**Phone:**

**Description:** Offer a waiver of registration fees and free "DV" handicap parking license plates for one passenger motor vehicle, motorcycle, or commercial motor vehicle of less than 8001 pounds unladen weight. Service is limited to eligible disabled veterans.

**Target Population:** Military - Veterans

**Eligibility:** A "disabled veteran" is any person who, as a result of injury or disease suffered while on active service with the Armed Forces of the United States, suffers any of the following:

(a) Has a disability which has been rated at 100 percent by the Department of Veterans Affairs or the military service from which the veteran was discharged, due to a diagnosed disease or disorder which substantially impairs or interferes with mobility or,

(b) Is so severely disabled as to be unable to move without the aid of an assistant device or,

(c) Has lost, or has lost use of, one or more limbs or,

(d) Has suffered permanent blindness, as defined in Section 19153 of the Welfare and Institutions Code.

**Intake Procedure:** Have a VA Official complete the Medical Statement for Service-Connected Disabled Veterans (see below) which indicates that you have a service-connected disability with at least one of the listed mobility impairments under eligibility.

Send completed and signed form REG 256A and mail the completed forms to:

DMV PLACARD

Special Processing Unit, MS D238

P.O. Box 932345

Sacramento, CA 94232-0001

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:** All Areas



**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** Hunting and Fishing Licenses for Veterans, California Department of Fish and Game, South Coast Region

4949 Viewridge Avenue

San Diego, CA92123

**Website:** [www.dfg.ca.gov/regions/5/](http://www.dfg.ca.gov/regions/5/)

**Phone:** (858) 467-4201

**Description:** Offers reduced annual fees for fishing and hunting licenses to eligible veterans with a 50% or greater service-connected disability.

**Target Population:** Military - Veterans

**Eligibility:** Veterans with a 50% or greater service-connected disability.

**Intake Procedure:** Phone

**Fees:** Contact office directly for information.

**Hours of Operation:** 8:00 am-5:00 pm-Monday-Friday

**Areas Served:** All Areas

**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** Motor Vehicle Registration Fees Waived

**Website:** [www.cdva.ca.gov/VetService/Overview.aspx#bo5](http://www.cdva.ca.gov/VetService/Overview.aspx#bo5)

**Phone:**

**Description:** Offers a waiver of registration fees and free license plates for one passenger motor vehicle, or one motorcycle, or one commercial motor vehicle of less than 8001 pounds unladen weight. Services are available to veterans who received a Medal of Honor or American Ex-Prisoners of War.

**Target Population:** Military - Veterans

**Eligibility:** Veterans who have received a Medal of Honor or American Ex-Prisoners of War.

**Intake Procedure:** Online to download applications:

Medal of Honor recipients should complete a DMV form REG 17A, and proof of receipt of the Medal of Honor.

Ex-Prisoners of War should complete a DMV form REG 17, and proof of former status as a POW.

Applications and necessary documentation should be mailed to:

Department of Motor Vehicles

P.O. Box 932345

Sacramento, CA 94232

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:** All Areas

**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** Non-Resident College Fee Waiver for Veterans

**Website:** [www.cdva.ca.gov/VetService/Overview.aspx#bo1a](http://www.cdva.ca.gov/VetService/Overview.aspx#bo1a)

**Phone:**

**Description:** Offers a non-resident ((pay at California resident rate) college fee waiver to eligible veterans of the US armed forces that were stationed in the state of California on active duty for more than one year prior to being discharged from the armed forces. Eligible veterans can walk-in to the admissions office of any State of California Community College, California State University or University of California campus to apply.

**Target Population:** Military - Veterans

**Eligibility:** Eligible individuals include:

- A student who is a veteran of the armed forces of the United States stationed in this state on active duty for more than one year immediately prior to being discharged from the armed forces is entitled to resident classification for the length of time he or she lives in this state after being discharged up to the minimum time necessary to become a resident.
- An undergraduate student who is a member of the Armed Forces of the United States stationed in this state on active duty, except a member of the Armed Forces assigned for educational purposes to a state-supported institution of higher education.
- An undergraduate student who is a natural or adopted child, stepchild, or spouse who is a dependent of a member of the armed forces of the United States stationed in this state on active duty.
- A student seeking a graduate degree who is a member of the Armed Forces of the United States stationed in this state on active duty, except a member of the Armed Forces assigned for educational purposes to a state-supported institution of higher education. There is a two-year limit for graduate level studies.

- A student seeking a graduate degree who is a natural or adopted child, stepchild, or spouse who is a dependent of a member of the armed forces of the United States stationed in this state on active duty. There is a one-year limit for graduate level studies.

**Intake Procedure:** Walk-in to any admissions office of the California System Campus.

**Fees:** No fees.

**Hours of Operation:** Hours vary by location. Contact local California System Campus.

**Areas Served:**



**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** Veterans Dependents Educational Assistance, San Diego County Veterans Services, Oceanside

North Coastal 1300 Rancho Del Oro

Oceanside, CA 92056

**Website:** [www.cdva.ca.gov](http://www.cdva.ca.gov)

**Phone:** (760) 643-2049

**Description:** Dependent child, spouse or unmarried surviving spouses of a service connected disabled or deceased veteran may be entitled to tuition and fee waiver benefits at any campus of the California State University system, University of California or a California Community College.

**Target Population:** Military

**Eligibility:** To be eligible, students must:

- Have a parent who is a disabled veteran (0% or more disabled); or
- Have a spouse who is service-connected (S/C) deceased or rated 100% S/C disabled.
- Be a child (under the age of 27) earning less than \$11,369 per year (student's income, not parents').

Note: there is no income limit for a spouse or children of S/C deceased or 100% S/C veterans.

**Intake Procedure:** Phone. Contact your local County Veterans Service Office or download application online at: <http://www.cdva.ca.gov/VetService/DocsAndImages/dvs40.pdf>

**Fees:** No fees.

**Hours of Operation:** 8:00 am-3:00 pm Monday-Friday

**Areas Served:** All Areas.

**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** Veterans Dependents Educational Assistance, San Diego County Veterans Services, San Diego

North Central 5560 Overland Drive, Suite 310

San Diego, CA 92123

**Website:** [www.cdva.ca.gov](http://www.cdva.ca.gov)

**Phone:** (858) 694-3222

**Description:** Dependent child, spouse or unmarried surviving spouses of a service connected disabled or deceased veteran may be entitled to tuition and fee waiver benefits at any campus of the California State University system, University of California or a California Community College.

**Target Population:** Military

**Eligibility:** To be eligible, students must:

- Have a parent who is a disabled veteran (0% or more disabled); or
- Have a spouse who is service-connected (S/C) deceased or rated 100% S/C disabled.
- Be a child (under the age of 27) earning less than \$11,369 per year (student's income, not parents').

Note: there is no income limit for a spouse or children of S/C deceased or 100% S/C veterans.

**Intake Procedure:** Phone. Contact your local County Veterans Service Office or download application online at: <http://www.cdva.ca.gov/VetService/DocsAndImages/dvs40.pdf>

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:**

**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** Veterans License Plates, San Diego County Veterans Services,  
Oceanside

North Coastal 1300 Rancho Del Oro

Oceanside, CA 92056

**Website:** [www.cdva.ca.gov/VetService/Plates.aspx](http://www.cdva.ca.gov/VetService/Plates.aspx)

**Phone:** (760) 643-2049

**Description:** Display your pride in military, national guard or reserve service or show your support for Veterans in California by purchasing a Veterans' License Plate. These special California license plates may be ordered with the armed force or veterans service organization logo/emblem of your choice. Over 100 insignias are available. Also offers a free license plate program for veterans who qualify.

**Target Population:** Military - Veterans

**Eligibility:** Anyone can buy a veteran license plate. Must be a veteran and meet one of the following for the veteran free license program:

- \* 100% Service-connected disabled veterans
- \* Medal of Honor recipients
- \* Recipients of other high decorations
- \* Former American Prisoners of War
- \* Pearl Harbor survivors
- \* Purple Heart recipients

**Intake Procedure:** Phone local CVSO office or online for information. You can download the form at <http://www.cdva.ca.gov/VetService/DocsAndImages/license.pdf>

**Fees:** Fixed fee schedule. Free for eligible veterans.

**Hours of Operation:** 8:00 am-3:00 pm Monday-Friday

**Areas Served:** All Areas



**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** Veterans License Plates, San Diego County Veterans Services, San Diego

North Central 5560 Overland Drive, Suite 310

San Diego, CA 92123

**Website:** [www.cdva.ca.gov/VetService/Plates.aspx](http://www.cdva.ca.gov/VetService/Plates.aspx)

**Phone:** (858) 694-3222

**Description:** Display your pride in military, national guard or reserve service or show your support for Veterans in California by purchasing a Veterans' License Plate. These special California license plates may be ordered with the armed force or veterans service organization logo/emblem of your choice. Over 100 insignias are available. Also offers a free license plate program for veterans who qualify.

**Target Population:** Military - Veterans

**Eligibility:** Anyone can buy a veteran license plate. Must be a veteran and meet one of the following for the veteran free license program:

- \* 100% Service-connected disabled veterans
- \* Medal of Honor recipients
- \* Recipients of other high decorations
- \* Former American Prisoners of War
- \* Pearl Harbor survivors
- \* Purple Heart recipients

**Intake Procedure:** Phone local CVSO office or online for information. You can download the form at <http://www.cdva.ca.gov/VetService/DocsAndImages/license.pdf>

**Fees:** Fixed fee schedule. Free for eligible veterans.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:** All areas.

**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** Veterans Preference in California Civil Service Examinations

**Website:** [www.cdva.ca.gov/VetService/Overview.aspx#bo14](http://www.cdva.ca.gov/VetService/Overview.aspx#bo14)

**Phone:** (916) 653-1502 - State Personnel Board (for more information)

**Description:** Offers additional points on civil service examinations to qualifying Veterans and qualifying spouses.

**Target Population:** Military - Veterans

**Eligibility:** - Veterans with service-connected disabilities rated at 10% or greater.

- "Wartime" veterans who served have served with honor.

- A veteran who served under honorable conditions for a period of at least 181 days

- Spouses of totally disabled servic

**Intake Procedure:** Download application online. Please mail an application, discharge papers, and other documents to:

State Personnel Board

Veterans Preference Coordinator

P.O. Box 944201

Sacramento, CA 94244-2010

(916) 653-1502

[www.spb.ca.gov](http://www.spb.ca.gov)

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:**

**Agency Name:** Veterans Affairs Department, State of California

**Program/Service Name:** Women Veterans Programs, California Department of Veterans Affairs

North Central

**Website:** [www.cdva.ca.gov/Resources/Women.aspx](http://www.cdva.ca.gov/Resources/Women.aspx)

**Phone:** (916) 653-2327

**Description:** The California Department of Veteran Affairs will begin distributing gift cards through veteran program service providers across the state. Each gift card has a value of \$200 that can be used in stores or online. This program targets women veteran who are recently separating from service and meet the eligibility criteria.

**Target Population:** Military - Veterans

**Eligibility:** 1. Must be an OEF/OIF female veteran (all age groups).

2. Must be actively seeking employment ( verified by submission of employment applications; pending interviews; or job offers)

3. Must fall into lower pay category ranks at the time of discharge (E-3, E-4)

This program's target population is OEF/OIF female veterans only. If female veterans are enrolled in school but are not actively seeking employment, they are ineligible for receiving a Talbots gift card.

**Intake Procedure:** Download form online at: [www.cdva.ca.gov/Resources/Women.aspx](http://www.cdva.ca.gov/Resources/Women.aspx) or call for more information.

**Fees:** No fees.

**Hours of Operation:** 9:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.



**Agency Name:** Veterans Association of North County

**Program/Service Name:** Veterans Association of North County

North Coastal 617 Mission Avenue

Oceanside, CA 92054

**Website:** [www.vancnorthcounty.org](http://www.vancnorthcounty.org)

**Phone:** (760) 967-7254

**Description:** To provide local veterans with support services and referrals to community resources to help them survive in what is proving to be a tough economy.

**Target Population:** Military

**Eligibility:** All branches of retired, active, and reserve military personnel and their families to meet and receive needed support.

**Intake Procedure:** Visit site location to recruit new members or offer a link to resources. For information go online at [www.vancnorthcounty.org](http://www.vancnorthcounty.org)

**Fees:**

**Hours of Operation:**

**Areas Served:** North County (North of Solana Beach and Poway)



**Agency Name:** Veterans Village of San Diego

**Program/Service Name:** Mahedy Sober Living House

Central 866 24th St

San Diego, CA 92102

**Website:**

**Phone:** (619) 497-0142

**Description:** Offers affordable housing for employed male and female graduates of the VVSD Residential and Outpatient Substance Abuse Programs. Residents of the sober living house access counseling services and sober recreational activities at the Veterans Rehabilitation Center, helping them maintain a positive lifestyle.

**Target Population:** Military - Veterans

**Eligibility:** Employed graduates of VVSD Residential and Outpatient Substance Abuse Programs.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees charged.

**Hours of Operation:** 24 hours a day, 7 days a week/Residential Facility

**Areas Served:** All Areas

**Agency Name:** Veterans Village of San Diego

**Program/Service Name:** Residential Substance Abuse Recovery Programs

North Inland 1207 South Escondido Boulevard

Escondido, CA 92025

**Website:**

**Phone:** (760) 745-7829

**Description:** Provides residential drug and alcohol treatment for male and female homeless veterans. Clients work with a case manager to develop a recovery plan, which includes participating in individual and group counseling, improving social and life skills, and developing an employment plan. Transitional housing may be available for those who complete the program.

**Target Population:** Military - Veterans

**Eligibility:** Must be homeless

Must have at least 60 days of sobriety

Must be motivated to find employment

**Intake Procedure:** Phone for appointment.

**Fees:** Rent is 30% of net income for those who are employed, not to exceed \$300 per month.

**Hours of Operation:** 8:00 am-8:00 pm Monday-Friday

**Areas Served:** Carlsbad, Escondido, Fallbrook, Oceanside, San Marcos, Valley Center, Vista, San Dieguito, Fallbrook, Valley Center, 92003, 92028, 92055, 92059, 92060, 92061, 92672



**Agency Name:** Veterans Village of San Diego

**Program/Service Name:** Residential Substance Abuse Recovery Programs, San Diego

Central 4141 Pacific Highway

San Diego, CA 92110

**Website:**

**Phone:** (619) 497-0142

**Description:** Provides residential drug and alcohol treatment for male and female homeless veterans (New Resolve also has beds available for non-veterans). Clients work with a case manager to develop a recovery plan, which includes participating in individual and group counseling, improving social and life skills, and developing an employment plan. Transitional housing may be available for those who complete the program.

**Target Population:** Military - Veterans

**Eligibility:** Most programs for male and female veterans; some beds available for non-veterans at New Resolve. Must be homeless. New Resolve works with people from the North County area only. Must have at least 60 days of sobriety.

**Intake Procedure:** Phone or walk in.

**Fees:** Rent is 30% of net income for those who are employed, not to exceed \$300 per month.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas

**Agency Name:** Veterans Village of San Diego

**Program/Service Name:** Spouse Night Support Group, Libby Lake Community Center

North Coastal 4700 North River Road

Oceanside, CA 92057

**Website:**

**Phone:** (760) 433-9033

**Description:** Offers a support group that focuses primarily on the loved ones of Iraq and Afghanistan Veterans. Provide a safe environment to discuss the issues their service members are going through and what they can do to help cope with any difficulties that may have arisen out of their service member's deployment. Licensed Marriage and Family Therapist are available onsite at all of these meetings for group or one on one sessions. Provides refreshments and childcare as well during our Spouse Nights.

**Target Population:** Military - Veterans

**Eligibility:** Active Duty, Reserve, National Guard, recently separated Combat Veterans of Iraq and Afghanistan and their spouse.

**Intake Procedure:** Phone

**Fees:** No fees.

**Hours of Operation:** 8:30 am-5:00 pm Monday-Friday/Office Hours

**Areas Served:** All Areas



**Agency Name:** Veterans Village of San Diego

**Program/Service Name:** Spouse Night Support Group, Veterans Museum and Memorial Center

Central 2115 Park Boulevard

San Diego, CA 92101

**Website:**

**Phone:** (619) 393-2075

**Description:** Offers a support group that focuses primarily on the loved ones of Iraq and Afghanistan Veterans. Provide a safe environment to discuss the issues their service members are going through and what they can do to help cope with any difficulties that may have arisen out of their service member's deployment. Licensed Marriage and Family Therapist are available onsite at all of these meetings for group or one on one sessions. Provides refreshments and childcare as well during our Spouse Nights.

**Target Population:** Military - Veterans

**Eligibility:** Active Duty, Reserve, National Guard, recently separated Combat Veterans of Iraq and Afghanistan and their spouse.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 8:30 am-5:00 pm Monday-Friday/Office Hours

**Areas Served:** All Areas.



**Agency Name:** Veterans Village of San Diego

**Program/Service Name:** Stand Down

Central 1405 Park Boulevard San Diego High School, Upper Athletic Field

San Diego, CA 92101

**Website:** [http://www.vvsd.net/standdown\\_meaning.htm](http://www.vvsd.net/standdown_meaning.htm)

**Phone:** (619) 497-0142 VVSD

**Description:** Provides a 3-day encampment for homeless veterans and their families. Participants have access to showers, clothing, haircuts, medical treatment, legal assistance, substance abuse counseling, mental health evaluation, enrollment in job search and training programs, physical examinations, and other services.

**Target Population:** Military - Veterans

**Eligibility:** Homeless veterans, spouses and their children under the age of 18.

**Intake Procedure:** Walk in on Friday, July 15, 2011 at 6:00 am for services. Phone for application locations for homeless or family legal services.

**Fees:** No fees.

**Hours of Operation:** Friday, July 15, 2011-Sunday, July 17, 2011

**Areas Served:** All Areas

**Agency Name:** Veterans Village of San Diego

**Program/Service Name:** Veterans Employment Assistance Program (VEAP), Chula Vista

South 1111 Bay Blvd

Chula Vista, CA 91911

**Website:**

**Phone:** (619) 423-3414

**Description:** Offers employment and training services for male and female veterans. Employment services include career assessments and guidance, job search and training assistance, and other supportive services (clothing, tools, transportation passes or gas vouchers, etc) as necessary to ensure job readiness and successful placements.

**Target Population:** Military - Veterans

**Eligibility:** Must be a veteran. Must not have a dishonorable discharge.

**Intake Procedure:** Phone for eligibility information. Accepts walk-ins.

**Fees:** No fees charged.

**Hours of Operation:** 8:00 am - 4:30 pm Monday - Friday

**Areas Served:** South



**Agency Name:** Veterans Village of San Diego

**Program/Service Name:** Veterans Employment Assistance Program (VEAP), Oceanside

North Coastal 4079-A Oceanside Boulevard

Oceanside, CA 92054

**Website:**

**Phone:** (760) 724-9765

**Description:** Offers employment and training services for male and female veterans. Employment services include career assessments and guidance, job search and training assistance, and other supportive services (clothing, tools, transportation passes or gas vouchers, etc) as necessary to ensure job readiness and successful placements.

**Target Population:** Military - Veterans

**Eligibility:** Must be a veteran. Must not have a dishonorable discharge.

**Intake Procedure:** Phone for eligibility information. Accepts walk-ins.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** North Coastal, North Inland



**Agency Name:** Veterans Village of San Diego

**Program/Service Name:** Veterans Employment Assistance Program (VEAP), San Diego

Central 4141 Pacific Highway

San Diego, CA 92110

**Website:**

**Phone:** (619) 497-0142

**Description:** Offers employment and training services for male and female veterans. Employment services include career assessments and guidance, job search and training assistance, and other supportive services (clothing, tools, transportation passes or gas vouchers, etc) as necessary to ensure job readiness and successful placements.

**Target Population:** Military - Veterans

**Eligibility:** Must be a veteran. Must not have a dishonorable discharge.

**Intake Procedure:** Phone for eligibility information. Accepts walk-ins.

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:30 pm Monday-Friday

**Areas Served:** All Areas

**Agency Name:** Veterans Village of San Diego

**Program/Service Name:** Warrior Traditions, Veterans Village of San Diego San Diego

Central 2525 Camino Del Rio South, Suite 103

San Diego, CA 92108

**Website:** [www.vvvd.net/warrior.htm](http://www.vvvd.net/warrior.htm)

**Phone:** (619) 297-0120

**Description:** Provides free, off-base, and confidential support groups for Active Duty, Reserve, National Guard, and Combat Veterans of Iraq (OIF) and Afghanistan (OEF) and their loved ones. Warrior Traditions groups are led by Combat Veterans and provide a safe place to share experiences, receive assistance, and discuss any issues related to Combat or its effects on readjustment to civilian life.

**Target Population:** Military

**Eligibility:** Active Duty, Reserve, National Guard, and Combat Veterans of Iraq (OIF) and Afghanistan (OEF) and their loved ones.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 8:30 am-5:00 pm Monday-Friday (Office Hours)

**Areas Served:** All Areas

**Agency Name:** Veterans Village of San Diego

**Program/Service Name:** Warrior Traditions, Veterans Village of San Diego, Libby Lake Community Center, Oceanside

North Coastal 4700 North River Road, Suite A Office 104

Oceanside, CA 92057

**Website:** <http://www.vvvd.net/warrior.htm>

**Phone:** (760) 433-9033

**Description:** Provides free, off-base, and confidential support groups for Active Duty, Reserve, National Guard, and Combat Veterans of Iraq (OIF) and Afghanistan (OEF) and their loved ones. Warrior Traditions groups are led by Combat Veterans and provide a safe place to share experiences, receive assistance, and discuss any issues related to Combat or its effects on readjustment to civilian life.

**Target Population:** Military - Veterans

**Eligibility:** Active Duty, Reserve, National Guard, and Combat Veterans of Iraq (OIF) and Afghanistan (OEF) and their loved ones.

**Intake Procedure:** Phone.

**Fees:** No fees.

**Hours of Operation:** 8:30am-5:00pm Monday-Friday/Office Hours

**Areas Served:** All Areas



**Agency Name:** Veterans Village of San Diego

**Program/Service Name:** Welcome Home Family Program, Veterans Village of San Diego

Central 286 Euclid Avenue Suite 209

San Diego, CA 92114

**Website:** [www.vvsd.net/family.htm](http://www.vvsd.net/family.htm)

**Phone:** (619) 264-7401

**Description:** Provides apartment style living for single female veteran and families. It has space for up to 28 veterans and family members residing in 2 apartment buildings comprised of 4 units each. Services include: transitional housing, employment and training, VA Healthcare information, case management, life skills, budgeting, recovery planning, and therapy.

**Target Population:** Military - Veterans

**Eligibility:** Female Veterans with or without children. Must have a history of drug/alcohol problems. Must be sober for over 90 days. Must have served in the military over 2 years

**Intake Procedure:** Phone or referral from other VVSD programs.

**Fees:** Fixed fee schedule.

**Hours of Operation:** 8:00 am-5:00 pm Monday-Friday

**Areas Served:** All Areas.

**Agency Name:** VetFund Foundation

**Program/Service Name:** VetFund Foundation

2001 N. Street, Suite 210

Sacramento, CA95814

**Website:** <http://www.vetfund1.com/index.html>

**Phone:** (916) 213-7736

**Description:** Promotes the interests and raises money in support of the California veterans and active service members, the Veterans Homes of California, Veterans' services, and in support of the programs of the California Department of Veterans Affairs.

**Target Population:** Military

**Eligibility:** Anyone can donate to support military and Veteran services.

**Intake Procedure:** To donate fill out online form at [http://donations.ebay.com/charity/charity.jsp?NP\\_ID=33540](http://donations.ebay.com/charity/charity.jsp?NP_ID=33540).

**Fees:** To donate fill out online form at [http://donations.ebay.com/charity/charity.jsp?NP\\_ID=33540](http://donations.ebay.com/charity/charity.jsp?NP_ID=33540).

**Hours of Operation:** 24 hours a day, 7 days a week.

**Areas Served:**

**Agency Name:** VetJobs

**Program/Service Name:** VetJobs

**Website:** [vetjobs.com/index.php](http://vetjobs.com/index.php)

**Phone:** (770) 993-5117

**Description:** VetJobs provides the tools necessary to make job searching easy for veterans, transitioning military personnel and their family members. Also serves the needs of veterans and the employer seeking qualified candidates to fill positions in the workforce. Benefits for candidates include an employment assistance section where candidates will learn how to organize a job search, write a resume, interview, and identify employers. Also provides a monthly newsletter for veterans that has vital information about the employment market. Benefits for employers include a flat-fee structure where employer members get predictable annual expenses, no matter how many candidates they hire using the site, or how many recruiters use the site or company locations. Benefits include: Unlimited job postings with unlimited refreshing and editing of jobs, Unlimited number of HR/recruiters (seats) within a company, Unlimited access to the resume database, search engine, job metric system that provides week-to-date, month-to-date and year-to-date metrics, Free Batch Upload program and FTP server program for large quantities of job postings, and a free resume database.

**Target Population:** Military

**Eligibility:** Veterans, transitioning military personnel and their family members or employers seeking to reach and employ members of the military community.

**Intake Procedure:** Online

**Fees:** No fees for candidates seeking employment. Small flat fee for employers who wish to post jobs on site.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:** All Areas

**Agency Name:** VFW Department of California, State Service Office, San Diego Regional Office

**Program/Service Name:** Joint Outreach Service Office

Central4025 Camino Del Rio South, Suite 300

San Diego, CA92108

**Website:** [www.vfwca.org](http://www.vfwca.org)

**Phone:** (619) 365-8263

**Description:** Provide a place for Veterans and their Family members to call and find out about the benefits available to them from the U.S. Department of Veterans Affairs and California Department of Veterans Affairs. Following a telephonic interview with the caller, if it appears they may be eligible for benefits or need assistance with obtaining benefits from the aforementioned agencies, the case is forwarded to one of fifty-six Volunteer American Legion or Veterans of Foreign Wars Post Service Officers around the County for further action and assistance.

**Target Population:** Military

**Eligibility:** Veterans, transitioning military personnel and their family members.

**Intake Procedure:** Phone for appointment.

**Fees:** No fees.

**Hours of Operation:** 9:00 am-3:00 pm Monday-Friday

**Areas Served:**



**Agency Name:** VFW Department of California, State Service Office, San Diego Regional Office

**Program/Service Name:** VFW Service Program, VFW Department of California, Service Department, San Diego Regional Office, VA Regional Office

North Central 8810 Rio San Diego Drive, Suite 1161

San Diego, CA 92108

**Website:** [www.vfwca.org](http://www.vfwca.org)

**Phone:** (619) 400-5322

**Description:** Represents veterans and their families with claims for benefits from the Veterans Administration (VA) and the armed forces. Provides information about VA disability compensation, rehabilitation and education programs, pension and death benefits, employment and training programs, and other programs. Provides limited information about Social Security benefits as relate to veterans disability compensation or pension (does not help with claims). Veterans need not be VFW members or veterans of foreign wars.

**Target Population:** Military - Veterans

**Eligibility:** Must be a veteran who received or aggravated an injury or who became ill while on active duty, or the family member of such a veteran.

**Intake Procedure:**

**Fees:** No fees.

**Hours of Operation:** 8:00 am-3:30 pm Monday - Friday/Phone; 8:00 am-2:00 pm Monday - Friday/Walk-Ins

**Areas Served:** All Areas.

**Agency Name:** VFW Foundation

**Program/Service Name:** Unmet Needs

406 West 34th Street

Kansas City, MS0

**Website:** [www.vfwfoundation.org](http://www.vfwfoundation.org)

**Phone:** (816) 968-1128

**Description:** Offers a one-time emergency cash donation to eligible military service members and their families experiencing a financial hardship. Some of the expense that are eligible for payment include: Housing expenses including mortgage, rent, repairs, insurance; Vehicle expenses including car payments, insurance, repairs; Utilities including the primary phone in the home (cell or land line); Food & personal hygiene items; Items for children including: clothing, diapers, formula, school or childcare expenses; Medical bills including prescriptions & eyeglasses, and the patient's portion for necessary or emergency medical care only; and Appliance repair.

**Target Population:** Military - Active

**Eligibility:** Funds are available to all five branches of the military (Army, Air Force, Navy, Coast Guard, US Marines) as well as members of the National Guard and Reserves. Assistance is awarded in the form of a grant, not a loan, so recipients aren't required to repay.

**Intake Procedure:**

**Fees:** No fees.

**Hours of Operation:** 8:00 am-4:00 pm Monday-Friday

**Areas Served:** All Areas

**Agency Name:** Vitas Innovative Hospice Care

**Program/Service Name:** End-Of-Life Care for Veterans

North Central 9655 Granite Ridge, Suite 300

San Diego, CA 92123

**Website:** <http://www.vitas.com/HOME.aspx>

**Phone:** (858) 499-8901

**Description:** Provide care for veterans who have a wide range of terminal conditions. To support the unique circumstances faced by some veterans, including financial and benefit concerns, post-traumatic stress disorder, unresolved issues associated with the stresses of military service, and depression and suicide.

**Target Population:** Military - Veterans

**Eligibility:** Veterans

**Intake Procedure:** Referral by phone at (866) 418-4827 or online

<https://www.vitas.com/Services/OnlineReferrals/OnlineReferralFormPatientsandorFamilies.aspx>.

**Fees:**

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:**



**Agency Name:** Wounded Warrior Care

**Program/Service Name:** Wounded Warrior Care

**Website:** <http://warriorcare.dodlive.mil/>

**Phone:** (800) 342-9647

**Description:** Ensure equitable, consistent, high-quality support and service for wounded warriors and their families, as well as transitioning members of the Armed Forces, through effective outreach, inter-agency collaboration, policy and program oversight. Provides information to services that are available to wounded warriors through local support centers.

**Target Population:** Military

**Eligibility:** No limited. However information is geared to members of the armed forces and their families.

**Intake Procedure:** Online.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:**

**Agency Name:** Wounded Warrior Project

**Program/Service Name:** Backpack Program, Wounded Warrior Project

7020 AC Skinner Pkwy, Suite 100

Jacksonville, Florida 32256

**Website:** [www.woundedwarriorproject.org/component/option,com\\_frontpage/Itemid,840](http://www.woundedwarriorproject.org/component/option,com_frontpage/Itemid,840)

**Phone:** (877) 832-6997

**Description:** Anyone can buy a back-pack to support wounded warriors upon transitional care from the battle field to a trauma center. The back pack includes essentials needed and personal goods including: pillows, calling cards, CDs, playing cards, and other items.

**Target Population:** Military

**Eligibility:** Anyone can buy a backpack to support wounded warriors of the armed forces.

**Intake Procedure:** To purchase a back pack go online at [www.underarmour.com/shop/us/en/freedom/gear-packs](http://www.underarmour.com/shop/us/en/freedom/gear-packs). Backpacks are distributed to wounded warriors upon transition from battle field to trauma center.

**Fees:** Fixed fee schedule.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:** All Areas

**Agency Name:** Wounded Warrior Project

**Program/Service Name:** Project Odyssey, Wounded Warrior Project

7020 AC Skinner Pkwy, Suite 100

Jacksonville, Florida 32256

**Website:** [www.woundedwarriorproject.org/component/option,com\\_frontpage/Itemid,840](http://www.woundedwarriorproject.org/component/option,com_frontpage/Itemid,840)

**Phone:** (888) 997-2586

**Description:** Offers a five day outdoor retreat offering peer support, group processing, and activities. Works with the National Parks system to send the WWP to geographical locations across the county.

**Target Population:** Military - Veterans

**Eligibility:** OEF/OIF Veterans and Warriors who need to overcome combat stress and who incurred service-connected wounds, injuries, or illnesses on or after September 11, 2001.

**Intake Procedure:** Sign up to become a WWP Alumni. Phone or email the Wounded Warrior Project's resource center for more information.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (online)

**Areas Served:** All Areas

**Agency Name:** Wounded Warrior Project

**Program/Service Name:** Support for Caregiver, Wounded Warrior Project

7020 AC Skinner Pkwy, Suite 100

Jacksonville, Florida 32256

**Website:** [www.woundedwarriorproject.org/component/option,com\\_frontpage/Itemid,840](http://www.woundedwarriorproject.org/component/option,com_frontpage/Itemid,840)

**Phone:** (877) 832-6997

**Description:** Offers a weekend retreat that includes recreational activities to support this devoted group of wives, mothers, sisters, husbands, fathers, brothers, and other family members who are helping their wounded loved ones face a range of physical and mental challenges.

**Target Population:** Military

**Eligibility:** Caregiver of a wounded warrior who incurred service-connected wounds, injuries, and illnesses on or after September 11, 2001.

**Intake Procedure:** Fill out a Family/Caregiver registration form online at [www.kintera.org/AutoGen/Contact/ContactUs.asp?ievent=446650](http://www.kintera.org/AutoGen/Contact/ContactUs.asp?ievent=446650)

**Fees:** All travel expenses to and from the retreat are paid by WWP.

**Hours of Operation:**

**Areas Served:** All Areas

**Agency Name:** Wounded Warriors Homes

**Program/Service Name:** Transitional Housing

**Website:** [woundedwarriorhomes.org.seedevelopmentprogress.com/](http://woundedwarriorhomes.org.seedevelopmentprogress.com/)

**Phone:** (760) 483-3553

**Description:** Provides transitional housing for men and women in the military who suffer from Traumatic Brain Injury. By providing homes for these brave men and women the program can help them begin a new life once out of the hospital and rehabilitation programs. They can then afford to stay close to the doctors and health facilities they need to continue their treatment and better their lives.

**Target Population:** Military - Active

**Eligibility:** Active duty military service members who suffer from Traumatic Brain Injury (TBI).

**Intake Procedure:** Phone or email [Mia@woundedwarriorhomes.org](mailto:Mia@woundedwarriorhomes.org) for more information.

**Fees:** No fees.

**Hours of Operation:** 24 hours, 7 days a week (voicemail)

**Areas Served:** All Areas.

